



[Upcoming Events](#)

Click to view Meet Announcement & other important information if available

[Training Schedule: \(click to view\)](#)

Schedule Changes Week of April 15th

Tuesday April 16 – No Practice All Groups

Thursday April 18 – Location: Friendswood High School

4:45-6:15pm – [Exploratory Advance Group B](#)

6:10-8:00pm – [Exploratory Advance Group A](#)

All Other Groups on Regular Training Schedule

Schedule Changes Week of April 22nd

Saturday April 27th – Location: Deer Park (LCM)

TBA – Senior Performance & Senior

TBA – Challenge & [Exploratory Advance Group A](#)

Saturday April 27th – Location: TBA

TBA – Discovery Advance, Exploratory

& [Exploratory Advance Group B](#)

TBA – Summer Squad Kick Off

Always be prepared for dryland with running shoes & dryland clothes

Coaches' Corner

Shark Talk – Q&A with Coach Tim

When: Saturday April 20 from 9:00-9:40am

Where: Bleachers of Friendswood Natatorium

Swat Timing & Official Help – As always Sharks families go above and beyond! Thank you to Jim McMichael who was a/o for Swat all four sessions. Ann Esbeck who stepped in as console operator for both PM sessions. To the Clepper, Pendle, Pendyala & Zamora families who either stepped in last minute to cover timing for a family that had to leave with a very sick swimmer or stayed and timed 2+ hours due to the meet running longer than scheduled.

April 20 – [SWIM-A-THON](#)

at Friendswood High School

6:45-9:00am

- Senior Performance, Senior, Pre-Senior, & Masters
9:00-11:00am

- Challenge, Exploratory Advance, Exploratory, Discovery Advance, & Discovery Pre-Team

April 28 – [RICE Open Water](#)

at Twin Lakes, Manvel TX

Qualified Swimmers: Challenge, Pre-Senior, Senior, Senior Performance and other swimmers by coach invitation

Final Entries

April 26-28 – [Bay Area Open Invite](#)

at Hometown Heroes Pool

Qualified Swimmers: by coach invitation

Final Entries

May 4 – Shark Invite

at Friendswood High School

Qualified Swimmers: All Sharks with 2 "BB" USA Time Standards or less

Final Entries

May 17-19 – Gulf Open Meet

at TBD by Gulf

Qualified Swimmers: All Sharks 13&Over and 12&Unders 3 "B" USA Time Standards or more

Preliminary Entries

Important News

Swim-A-Thon help – Parents, please sign up [HERE](#) to help lap count or help with food, based on session your child is participating in. You can also sign up to bring food/drink items for the swimmers post swim-a-thon through sign up genius [HERE](#)

Swim-A-Thon 2019

We continued strong with our fundraising efforts. We currently have **\$4,370** in online donations so far! We still have a long way to go to reach our goal of **\$15,000**.

The only way that people will give money to support our Swim-a-Thon is if you ask them! Write letters and emails asking people to make a donation to your cause, make phone calls to family and friends, and make personal visits to friends and local businesses. Send follow-up notes to remind your contacts about your upcoming event and make it as easy as possible for donors to support you.

This fundraising event is vital to our organization both financially and as a team building event!

Week two highlights

Top 3 overall performers thru 4/14:

| Ranking | Amount | Participant |
|---------|------------|----------------|
| 1 | \$1,025.00 | Hayden Holcomb |
| 2 | \$470.00 | Spencer Meyers |
| 3 | \$275.00 | Andrew Sugunan |

Practice group results thru 4/14:

Challenge leading the way – Can another group catch them & take the lead?

| Ranking | Amount | Roster |
|---------|------------|---------------------|
| 1 | \$1,825.00 | Challenge |
| 2 | \$970.00 | Senior |
| 3 | \$725.00 | Exploratory Advance |
| 4 | \$400.00 | Senior Performance |
| 5 | \$325.00 | Exploratory |
| 6 | \$50.00 | Discovery Advance |

Top individual performers by Age Group - Week 2:

| Ranking | Amount | Participant |
|------------|----------|--------------------|
| 10 & under | \$275.00 | Andrew Sugunan (9) |
| 11-14 | \$200.00 | Kara Boemio (14) |
| 15 & over | \$125.00 | Jordyn Waters (16) |

Important Deadlines

Tuesday May 7 – Opt-In Deadline
SWAT June Open Invitational

Tuesday May 21 – Opt-In Deadline
FCST Summer Splash
Sails Invite



Sharks April Birthdays

| | |
|--------------------------|-----------------------|
| Kennedy Robert | 8 – 5 th |
| Gavin Henderson-Crabtree | 6 – 6 th |
| Kiera Hysler | 10 – 7 th |
| Caden Cupisz | 10 – 8 th |
| Crosby Pinkoski | 9 – 8 th |
| Anthony Dong | 8 – 10 th |
| Annabelle Fontanilla | 15 – 12 th |
| Elliot Kessler | 15 – 12 th |
| Addisyn Pendle | 12 – 16 th |
| Giuliana Nguyen | 7 – 16 th |
| Daniel Dickamore | 11 – 18 th |
| Selim Mamoud | 11 – 18 th |
| Isabella Nguyen | 10 – 19 th |
| Kara Boemio | 15 – 23 rd |
| Sophia Allis | 9 – 30 th |

Congratulations to our Week 2 Individual Top performers! Coaches will have gift cards for Andrew, Kara & Jordyn!

Important News

Sharks Hosted Meet - Saturday May 4th

Job signup now open [HERE](#) Times are APPROXIMATE, once we have a timeline with entries, approximately one week before the meet, these times WILL be adjusted. It takes many, many people to host a meet, we have almost 100 positions to fill. Since this is our hosted meet, we will need all families to signup, whether your swimmer is participating or not.

If you have a responsible teen that is looking to earn National Honor hours, please email hille6@yahoo.com directly for signup. I will also provide a record of their hours afterward in writing.

Please note positions have a 15 minute overlap to allow for handover, so please do not signup for different positions back to back. To see what each position entails please click [HERE](#)

Southern Senior Zones: Hotel Block

Holiday Inn Express & Suites, Tupelo by IHG.

To reserve:

Click [HERE](#) Choose dates (7/29 - 8/4) and check availability. Choose from room with 2 queens from \$119/night or 1 king bed \$129/night.



[Qualifiers](#)

Sectionals (11)

Allie Vidinha, Joseph Lukner, Peyton Becker, Anjali Friedman, Maven Moore, Lezli Sisung, Sarah Szklaruk-Traipe, Jordyn Waters, Andrew Garon, Leah Givens, Erika Yeguez

Summer Southern Senior Zones (21)

Peyton Becker, Kara Boemio, Lauren Fitzharris, Anjali Friedman, Leah Givens, Angela Kapp, Alex Linden, McKenna Malone, Maven Moore, Abigail Nelson, Lezli Sisung, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Jordyn Waters, Erika Yeguez, Chase Ferguson, Andrew Garon, David Hensley, Joseph Lukner, Andi Jeanes, Stevie Balistreri, Spencer Meyers

SWAT & Ambush Meet Recaps – Coming Soon

Sharks All Time Top Performances (updated 4/16/19)

| | | |
|-------------------|------------------------------------|------------------------------------|
| Team Records | Short Course Yards | Long Course Meters |
| Top 10 Individual | Short Course Yards | Long Course Meters |
| Top 5 Relays | Short Course Yards | Long Course Meters |

[USA Motivational Time Standards for 2017-2020](#)
[Age Group Champs Time Standards 2018-2019](#)
[Southern Senior Champs Time Standards 2018](#)
[TAGS Time Standards 2019](#)

[NCSA Jr National Time Standards 2019](#)
[Futures Time Standards 2018](#)
[Sectional Time Standards 2019](#)