## Week of April 29 Newsletter



# Training Schedule: (click to view)

Schedule Changes Week of April 29th

Saturday May 4 – Location: Pearland Rec Center 12:45-3:00pm – Senior & Senior Performance 1:30-3:00pm – Challenge & Exploratory Advance \*All Other Groups No Practice\*

### Schedule Changes Week of May 6th

Saturday May 11 – Location SHAC 10:30am-1:00pm – Senior & Senior Performance

Saturday May 11 – Location: Deer Park (LCM) 9:15-11:00am – Challenge & Exploratory Advance

Saturday May11 – Location: Friendswood High School 9:30-11:00am – Exploratory

\*Always be prepared for dryland with running shoes & dryland clothes\*

# Coaches' Corner



Click to view Meet Announcement & other important information if available

May 4 – Shark Invite at Friendswood High School *Qualified Swimmers*: All Sharks with 2 "BB" USA Time Standards or less <u>Final Entries</u> Meet Itinerary

May 11 – Spring Tune Up Clinics at Friendswood High School What: Back & Fly Register <u>HERE</u>

May 17-19 – Gulf Open Meet at PEAK *Qualified Swimmers*: All Sharks 13&Over and 12&Unders 3 "B" USA Time Standards or more <u>Final Entries</u>

May 18 – Spring Tune Up Clinics at Friendswood High School What: Starts & Turns Register <u>HERE</u>

What can a college football program, a six year old, an auditing company, a HS basketball player, and Uber driving educator teach us about learning? They show us that the only way we can grow is if we're willing to step out of our comfort zone and pay <u>The Price of Admission</u> **Featuring:** Seth Godin

## **Important News**

<u>Swim-A-Thon 2019</u> – Week 4 updates – 1 week remaining! We are in our final stretch of our fundraising efforts. Donations currently sit at \$12,361. We are a little shy of our goal of \$15,000, but it has been a great effort by the team. Let's see what we can do in the next 24 hours! Online donations will be open through 11:59PM, Tuesday April 30<sup>th</sup>. Checks should be made out to Sharks Swim Club with a note "For Swim-a-thon" and left in the black mailbox at Friendswood ISD pool. Continue reaching out to friends and family for those donations!

The Swim-a-thon helps the Sharks meet our annual budget needs in many ways, including but not limited to:

- Replacing used and purchasing new equipment
- Funding education/training for coaching staff, swimmers and parents
- Off-setting costs related to team travel trips
- Covering increase to pool/facility rental costs

## Week Four Highlights:

Top 3 overall performers thru 4/28:

Ranking	Amount	Participant
1	\$1,345.00	Spencer Meyers
2	\$1,175.00	Hayden Holcomb
3	\$1,000.00	Alexander Rundell

#### Practice group results thru 4/28:

Challenge group continues to lead in the fundraising efforts!

Ranking	Amount	Roster
1	\$4,030.00	Challenge
2	\$3,570.00	Senior
3	\$1,350.00	Exploratory Advance
4	\$1,321.00	Exploratory
5	\$950.00	Senior Performance
6	\$675.00	Pre-Senior
7	\$215.00	Discovery Advance
8	\$115.00	Discovery-Pre-Team

#### Top individual performers by Age Group - Week 4:

Congratulations to our fourth week leaders! This is our last weekly prize, but there is still a chance to win the overall high performer prizes!

Ranking	Amount	Participant
10 & under	\$115.00	Tristan Arghiropol (9)
11-14	\$600.00	Spencer Meyers (14)
15 & over	\$215.00	Erika Yeguez (16)

\*We still have unassigned donations, please let Faith/Susan know if you do not see a donation credited to your swimmer so we can get it updated!

## **Important Deadlines**

Tuesday May 7 – Opt-In Deadline SWAT June Open Invitational

Tuesday May 21 – Opt-In Deadline FCST Summer Splash Sails Invite



## Sharks April Birthdays

Kennedy Robert	$8 - 5^{th}$
Gavin Henderson-Crabtree	$6 - 6^{th}$
Kiera Hysler	10 – 7 <sup>th</sup>
Caden Cupisz	$10 - 8^{th}$
Crosby Pinkoski	$9 - 8^{th}$
Anthony Dong	$8 - 10^{th}$
Annabelle Fontanilla	15 – 12 <sup>th</sup>
Elliot Kessler	15 – 12 <sup>th</sup>
Addisyn Pendle	12 – 16 <sup>th</sup>
Giuliana Nguyen	7 – 16 <sup>th</sup>
Daniel Dickamore	11 – 18 <sup>th</sup>
Selim Mamoud	11 – 18 <sup>th</sup>
Isabella Nguyen	10 – 19 <sup>th</sup>
Kara Boemio	15 – 23 <sup>rd</sup>
Sophia Allis	$9 - 30^{th}$

## **Important News**

#### **Sharks Hosted Meet**

The timeline for this meet has been adjusted significantly and as a result the pm session will now begin before noon. We have changed the jobs accordingly but have attempted to keep some signups that were already in there. Please log on <u>HERE</u> to check your job signup and if you haven't already signed up please do so before end of day Thursday. ALL positions must be filled. If you have a swimmer in the meet, you will be assigned a position if not already signed up. We would also appreciate the assistance of those that do not have swimmers in the meet.

#### **Hospitality & Concessions**

Please click <u>HERE</u> to access the google spreadsheet for signing up to bring items. Sign up by tomorrow (Wednesday night) You may also send \$ through paypal to assist with hospitality costs for feeding the officials and coaches. Any amount is greatly appreciated.

#### **Ambush Meet Recap**

Sharks swam north to race a few weekends ago for the first sprint series meet of the long course season. A lot of great

racing with 5 swimmers racing to 100% personal best times after just racing a month ago at the Short Course Champs Meet. Swimmers placing top 8: Ethan Schooley, Keith Remington, Jared Remington, Levi Puckett, Pallas Pinkoski, Streeter Moore, Kivy Moore, Moira McGregor, Vanessa Marsh, Jason Marsh, Cameron Lowman, Auyush Ganapathy, William Esbeck, Kathrin Dickamore, Jayden Dickamore, Daniel Dickamore, Vishaan Bhakta, Anita Bhakta, and Tristan Arghiropol.

Full Shark Results HERE

#### **SWAT Meet Recap**

Sharks kicked off Long Course Season at Don Cook with 29 swimmers racing to 100% personal best

times! Swimmers placing top 8: Alejandra Acosta, Stevie Balistreri, Peyton Becker, Elaine Bentley, Helen Byrd, Lauren Fitzharris, David Garcia, Leah Givens, David Hensley, Katie Hillegeist, Andie Jeans, Elliot Kessler, KK LeBlanc, Alex Linden, Joseph Lukner, Paige McCray, Spencer Meyers, Maven Moore, Abigail Nelson, Lezli Sisung, Todd Sisung, Lauren Tillman, Emma Vestal, Allie Vidinha, Evan Vidinha, Lauren Vidinha, Gabi Volpe, Jordyn Waters, Erika Yeguez, & Giancarlo Zamora

Full Shark Results HERE



## **Qualifiers**

#### Sectionals (11)

Allie Vidinha, Joseph Lukner, Peyton Becker, Anjali Friedman, Maven Moore, Lezli Sisung, Sarah Szklaruk-Traipe, Jordyn Waters, Andrew Garon, Leah Givens, Erika Yeguez

#### Summer Southern Senior Zones (21)

Peyton Becker, Kara Boemio, Lauren Fitzharris, Anjali Friedman, Leah Givens, Angela Kapp, Alex Linden, McKenna Malone, Maven Moore, Abigail Nelson, Lezli Sisung, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Jordyn Waters, Erika Yeguez, Chase Ferguson, Andrew Garon, David Hensley, Joseph Lukner, Andi Jeanes, Stevie Balistreri, Spencer Meyers

Page 3 of 5

## **Important News**

### Summer Squad 2019

Swim all summer with the Sharks! Summer squad is open to swimmers 5yrs+ who can swim free & back.

Open tryouts will be at Magnolia Creek May 6,7,8 5:30-6:15pm

Come by, meet the coaches & tryout.





#### Lost & Found

Items not claimed by Friday May 3<sup>rd</sup> will be cleaned out of the lost & found box. Please check it for any items you may have lost.

Sharks All Time Top Performances (updated 4/16/19)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top 5 Relays	Short Course Yards	Long Course Meters

<u>USA Motivational Time Standards for 2017-2020</u> <u>Age Group Champs Time Standards 2018-2019</u> <u>Southern Senior Champs Time Standards 2018</u> NCSA Jr National Time Standards 2019 Futures Time Standards 2018 Sectional Time Standards 2019

Page 4 of 5

TAGS Time Standards 2019

Page 5 of 5