



[Upcoming Events](#)

*Click to view Meet Announcement & other important information if available

[Training Schedule: \(click to view\)](#)

Schedule Changes Week of February 18th

SAT FEB 23 – Location: Friendswood High School
9:30-11:00am – Discovery Advance
No Practice for Challenge & Exploratory Advance
All Other Groups on Regular Schedule

Schedule Changes Week of February 25th

None at this time

Always be prepared for dryland with running shoes & dryland clothes

Feb 22-24 – [Short Course Champs 2](#)
at NOCH

Qualified Swimmers: All Sharks 9-12 and 13-14's must have two (2) USA "A" times or less

[Final Entries](#)

[Tentative Relays](#)

[Itinerary](#)

March 1-3 – [Short Course Champs 3](#)
at PEAK

Qualified Swimmers: All Sharks 15 & Over and 13-14's must have three (3) USA "A" times or more

[Final Entries](#)

[Tentative Relays](#)

March 26 – End of Season Party
at Putt Putt Fun House
For the Discovery Groups

April 7 – Team Banquet
at Green Event Center
Time: TBA but will be afternoon
between 1-4pm

Coaches' Corner

Scheduling note – This week on Tuesday thru Thursday the Friendswood Middle School will be hosting team tryouts for their middle school team using Lanes 1-3 in the shallow end of the pool.

[Thought of the Day from](#) - American Swimming Coaches Association

Senior group swimmers/parents please check Team Unify this week & confirm by Sat. Feb. 23rd of attendance at this team meet.

This is not a team organized travel trip but we'd like everyone to stay at the same hotel approx. \$ 100 a night plus we'll do some meals together, along with team meetings. Meet start Tues. evening with 200 relays- female, male & mix/coed relays, plus 800 M. free. Again, this is our # 1 team priority meet of the summer, so we want to block out rooms and start finalizing travel plans by plane or personal travel.

Important News

Job Sign-Up –Gulf Short Course Champs 2

Job sign-up is now open for this weekend's Short Course Champs (9-14) at NOCH. Timing slots can be found by clicking [here](#). Sign-up will close Wednesday, February 20, at midnight. After that time, the remaining open slots will be assigned. To avoid being assigned a time slot that is inconvenient for your family, please sign up before the deadline. This is one of the final opportunities to complete your short course volunteer requirement! Thank you for your help!

End of Season Party – Discovery Groups

Tuesday March 26th All Discovery swimmers are invited to attend an end of season party at Putt Putt Fun House from 5:30-7:30pm. There will also be pizza, cupcakes and certification sheets for all swimmers.

Long Course Cap Order: Light blue

Sharks caps can now be ordered [HERE](#)

- Silicone Personalized Caps cost \$30 (must be in sets of 2)
- Silicone Not Personalized Caps cost \$12 each
- Laytex Caps cost \$6 each

Deadline for ordering is **Friday February 22nd**.

If you have not yet purchased caps for 2018-2019 Season you may apply your \$6 credit for latex cap as part of registration to your order.

This will be the only opportunity to order personalized caps until next Fall. Your account will be charged for the order. Please do not send any payment at this time.

Prior to ordering a copy of the spreadsheet of cap orders will be sent that will allow you to preview your order.

Questions: Email Carol Tillman [HERE](#)

Important Deadlines

None Currently



Sharks February Birthdays

Alex Linden	14 – 2 nd
Abigail Nelson	15 – 5 th
Spencer Meyers	14 – 7 th
Valerie Zakharchuk	11 – 8 th
Sia Sheth	8 – 9 th
Emma Kemp	9 – 10 th
Vivienne Dunne	8 – 11 th
Julia Rupp	11 – 15 th
Olivia Esbeck	11 – 15 th
Rilee Huynh	7 – 17 th
Jason Marsh	8 – 23 rd
Christopher Garcia	15 – 25 th
Aditi Abbaraju	10 – 27 th

Important News

HCAP Prelim/Final Meet Recap

The last short course meet of the season before end of season champs saw Shark swimmers race to many best times throughout the weekend. Swimmers placing top 8 include: Alejandra Acosta, Chase Ferguson, Emery Fitzharris, Anjali Friedman, Andi Jeanes, Maven Moore, Alex Rundell, Allie Vidinha, Jordyn Waters, & Cameron Word

Full Shark Results [HERE](#)



Qualifiers

NCSA Jr's (2) & Relays

Sarah Szklaruk-Traipe, Lezli Sisung,
Relay Swimmers - Maven Moore, Jordyn Waters

TAGS (7) & Relays

Kara Boemio, Emery Fitzharris, Leah Givens, Maven Moore, Joseph Lukner, Andi Jeanes, Alex Rundell
Girls 11-12: 200 Free & 200 Medley Relays

Sectionals (9)

Allie Vidinha, Joseph Lukner, Peyton Becker, Anjali Friedman, Maven Moore, Lezli Sisung, Sarah Szklaruk-Traipe, Jordyn Waters, Andrew Garon

Summer Southern Senior Zones (21)

Peyton Becker, Kara Boemio, Lauren Fitzharris, Anjali Friedman, Leah Givens, Angela Kapp, Alex Linden, McKenna Malone, Maven Moore, Abigail Nelson, Lezli Sisung, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Jordyn Waters, Erika Yeguez, Chase Ferguson, Orlando Fernandez, Andrew Garon, David Hensley, Joseph Lukner,

Sharks All Time Top Performances (updated 2/19/19)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top 5 Relays	Short Course Yards	Long Course Meters

[USA Motivational Time Standards for 2017-2020](#)
[Age Group Champs Time Standards 2018-2019](#)
[Southern Senior Champs Time Standards 2018](#)
[TAGS Time Standards 2019](#)

[NCSA Jr National Time Standards 2019](#)
[Futures Time Standards 2018](#)
[Sectional Time Standards 2019](#)