Week of July 9 Newsletter



Click to view Meet Announcement & other important information if available



Training Schedule: (click to view)

Schedule Changes Week of July 8th

Saturday July 13th – Location: Friendswood High School Combined Summer Squad Practice 9:30am-11am

Saturday July 13th – Location: Friendswood High School Pancakes after practice for Exploratory Adv/Exploratory/Summer Squad Swimmers 11-11:30am

Schedule Changes Week of July 15th

Friday July 19th – Location Friendswood High School Discovery Groups Practice 4:45pm – 6:15pm

Tuesday July 16th – Location: Friendswood High School Exploratory Advance & Challenge Parent Meeting 6:00pm – 6:30pm in bleachers by diving side.

Always be prepared for dryland with running shoes & dryland clothes

2019 Summer Training Schedule is HERE

Discovery Groups – Additional Friday Practice Schedule is HERE

July 12-14– Gulf Age Group Champs at Fleet Aquatic Center

Qualified Swimmers: Sharks 9-14 w/3 Age Group

Champs Time Standards

<u>Final Entries</u> <u>Tentative Relays</u> Itinerary

July 19-21 – Gulf Senior Champs at Conroe ISD Natatorium

Qualified Swimmers: Sharks 13&Over must have 3 "AA" times or more in 15-16 age group

Final Entries

July 20-21– Gulf Sprint Series Champs at North Channel Aquatics

Qualified Swimmers: Sharks 12&Under with 2 "BB" times or fewer in ANY event

<u>Final Entries (Rev1)</u> <u>Tentative Relays</u>

July 26 - Summer Squad Meet #2

July 26-28 – Gulf Summer Champs at TBD by Gulf

Qualified Swimmers: Sharks 12&unders must have at least 3 "BB" USA Time Standards but no more than 2 Age Group Champs Time Standards. 15&Over must have 2 or less 15-16 "AA" USA Time Standards

<u>Final Entries</u> <u>Tentative Relays</u>

Prime Day is July 15 & 16

Shop epic deals at **smile.amazon.com** and Amazon donates.

amazonsmile



Coaches' Corner

The Best Advice I've Ever Heard a Swim Parent Give Their Kid HERE

Important Deadlines

TUE July 16

-TAGS – OPT IN -Southern Senior Zones – OPT IN

Important News

2019-2020 Registration

Information on 2019-2020 Registration & Groupings will be coming out after July 16th.

Summer Squad Meet

Summer Squad Meet #2 is Friday, July 26. All swimmers in the Discovery Pre-team, Discovery Adv & Exploratory groups are invited to participate. If you are not currently signed up for the Summer Squad and would like to attend, please contact Coach Dacia or Coach Kate to be added. Cost is \$10.

Lost & Found

Our lost & found box is full to overflowing with various clothing items and practice equipment. The box will be on deck close to the doors – please either check or have your swimmer check for any items that may belong to them.

A few tips from other swim parents

Label all equipment with their name – may need to re-write as it wears off. Use decorative tape to mark their snorkels, easier to spot when picking it up from the pool deck. Be sure to pick up all clothes before leaving as swimmers tend to forget dryland clothes. Either make sure swimmers are wearing same clothes when leaving or check bag that they have everything. Also, please leave with shoes or sandals on when leaving as they are less likely to hurt their feet in the parking lot. Lastly, we are visitors at this pool. It is important that we leave the facility cleaner than when we got there.



July Birthdays

15 – 1st
9 - 3 rd
$7 - 5^{th}$
$7 - 5^{th}$
9 - 5 th
$17 - 6^{th}$
$13 - 7^{th}$
$7 - 12^{th}$
15 – 12 th
$10 - 12^{th}$
$7 - 13^{th}$
13 – 14 th
11 – 14 th
12 – 14 th
13 – 14 th
15 – 14 th
14 – 18 th
8 – 19 th
12 – 26 th
14 – 26 th
10 - 27 th
$9 - 27^{th}$
$8 - 28^{th}$
12 – 31st



SUMMER SWIM LESSONS FAST track your summer with the Sharks Swim School FAST TRACK lessons. Weekly classes meet Monday-Thursday. Magnetia (rech - Spring Canyon Pool June classes Week 1: June 3-6 Week 2: June 10-13 Week 4: June 10-13 Week 4: June 24-27 July classes Week 5: July 1-3 Week 6: July 8-11 Week 7: July 15-18 Week 8: July 22-25 Week 9: July 29-Aug 1 www.sharks-swim-club.org SATT TRACK lessons. August classes Week 10: August 5-8 Week 11: August 12-15 Week 6: July 8-11 Week 7: July 15-18 Week 8: July 29-Aug 1 281-400-ST Adobe Spark

Qualifiers

Tags (3)

Andie Jeanes, Lauren Vidinha, Gabi Volpe

Sectionals (10)

Allie Vidinha, Joseph Lukner, Peyton Becker, Anjali Friedman, Maven Moore, Sarah Szklaruk-Traipe, Jordyn Waters, Leah Givens, Erika Yeguez

Summer Southern Senior Zones (18)

Peyton Becker, Kara Boemio, Lauren Fitzharris, Anjali Friedman, Leah Givens, Angela Kapp, Alex Linden, Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Jordyn Waters, Erika Yeguez, David Hensley, Joseph Lukner, Andi Jeanes, Stevie Balistreri, Spencer Meyers, Emery Fitzharris

Sharks All Time Top Performances (updated 6/25/19)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top 5 Relays	Short Course Yards	Long Course Meters

USA Motivational Time Standards for 2017-2020 Age Group Champs Time Standards 2018-2019 Southern Senior Champs Time Standards 2018 TAGS Time Standards 2019 NCSA Jr National Time Standards 2019
Futures Time Standards 2018
Sectional Time Standards 2019

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