Week of June 24 Newsletter





Click to view Meet Announcement & other important information if available

Training Schedule: (click to view)

Schedule Changes Week of June 24th

Monday June 24 – Location: Friendswood High School 8:00-10:00am - Senior Performance & Senior No Afternoon Practices for All Groups – Please attend Sharks Team Party at Stevenson Park

Wednesday June 26 – Location: Friendswood High School 5:00-6:15pm – Magnolia Creek Summer Squad *All other groups on regular Summer training Schedule

Friday June 28 – Location: Friendswood High School No Practice – Exploratory for those swimming in Summer Sauad Meet

*All other groups on regular Summer training Schedule

Schedule Changes Week of July 1st

Thursday July 4th – Location: Friendswood High School No PM Practices All Groups

Always be prepared for dryland with running shoes & dryland clothes

Coaches' Corner

2019 Summer Training Schedule is HERE

Discovery Groups – Additional Friday Practice Schedule is HERE

June 28 - Sharks Summer Squad Meet at Friendswood High School Entries Still Open! **Itinerary**

July 12-14- Gulf Age Group Champs at Fleet Aquatic Center

Qualified Swimmers: Sharks 9-14 w/3 Age Group

Champs Time Standards Final Entries

Tentative Relavs

July 19-21 - Gulf Senior Champs at Conroe ISD Natatorium

Qualified Swimmers: Sharks 13&Over must have 3 "AA" times or more in 15-16 age group

Preliminary Entries

July 20-21– Gulf Sprint Series Champs at TBD by Gulf

Qualified Swimmers: Sharks 12&Under with 2 "BB" times or fewer in ANY event

Final Entries

Tentative Relays

July 26 - Sharks Summer Squad Meet at Friendswood High School

July 26-28 – Gulf Summer Champs at TBD by Gulf

Qualified Swimmers: Sharks 12&unders must have at least 3 "BB" USA Time Standards but no more than 2 Age Group Champs Time Standards. 15&Over must have 2 or less 15-16 "AA" USA Time Standards

Preliminary Entries

Long Course Champs T-Shirt Order - Click HERE (Deadline to Order is July 2nd at 10pm)

Important News

Dave Thomas – USA Swimming Consultant – Talk with Exploratory & Discovery Parents 5:45-6:15pm in Bleachers or outside depending on weather. He will be working with the swimmers from 5:15-5:45pm in the water. Come and visit with Dave and hear what he has to share about USA Swimming.

Important Deadlines

TUE July 16

-TAGS

-Southern Senior Zones

Friendswood Lions Club

Thank you to all that have already donated gently used or new boys and girls suits. This will be our final week to accept your gently used suits for boys or girls ages 6-14. Please have your swimmers take one last look through their suits for any that they have outgrown and can pass on. Collection box in the lobby.



Gulf Swimming Night at Houston Dynamo July 3 at 8pm – only \$26

All Gulf Swimmers are welcome to BBVA Compass Stadium to watch the Houston Dynamo take on the NY Red Bulls. The first 100 tickets purchased will secure a spot to hold the giant Dynamo or Giant Red Bulls MLS Banners in pregame ceremonies. Each ticket purchase comes with a Dynamo-Gulf Swimming Scarf! More info and to purchase tickets click HERE

Sharks June Birthdays

Braylynn Moore KK LeBlanc Owen Wilkerson Amaan Ganatra Addison Durow Brooke Hubenak Adrianna Duncan Shahd Borji David Garcia	$13 - 1^{st}$ $12 - 3^{rd}$ $8 - 3^{rd}$ $7 - 3^{rd}$ $10 - 7^{th}$ $13 - 8^{th}$ $8 - 10^{th}$ $8 - 13^{th}$ $16 - 18^{th}$
-	

A few tips from other swim parents

Mark all equipment with their name – may need to re-write as it wears off. Use decorative tape to mark their snorkels, easier

to spot when picking it up from the pool deck. Be sure to pick up all clothes before leaving as swimmers tend to forget dryland clothes. Either make sure swimmers are wearing same clothes when leaving or check bag that they have everything. Also, please leave with shoes or sandals on when leaving as they are less likely to hurt their feet in the parking lot. Lastly, we are visitors at this pool. It is important that we leave the facility cleaner than when we got there.

Discounted Sharks Merchandise

We will have various shirts available for purchase (will be billed to your Sharks account) tomorrow, Wednesday June 26th & Thursday June 27th 5:30-7:30pm.

Important News

FCST Summer Splash Meet Recap – Coming Soon





Qualifiers

Tags (3)

Andie Jeanes, Lauren Vidinha, Gabi Volpe

Sectionals (10)

Allie Vidinha, Joseph Lukner, Peyton Becker, Anjali Friedman, Maven Moore, Lezli Sisung, Sarah Szklaruk-Traipe, Jordyn Waters, Leah Givens, Erika Yeguez

Summer Southern Senior Zones (18)

Peyton Becker, Kara Boemio, Lauren Fitzharris, Anjali Friedman, Leah Givens, Angela Kapp, Alex Linden, Maven Moore, Abigail Nelson, Lezli Sisung, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Jordyn Waters, Erika Yeguez, David Hensley, Joseph Lukner, Andi Jeanes, Stevie Balistreri, Spencer Meyers

Sharks All Time Top Performances (updated 6/25/19)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top 5 Relays	Short Course Yards	Long Course Meters

USA Motivational Time Standards for 2017-2020 Age Group Champs Time Standards 2018-2019 Southern Senior Champs Time Standards 2018 TAGS Time Standards 2019 NCSA Jr National Time Standards 2019
Futures Time Standards 2018
Sectional Time Standards 2019

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