Week of May 6 Newsletter



Click to view Meet Announcement & other important information if available



Training Schedule: (click to view)

Schedule Changes Week of May 6th

Saturday May 11 - Location SHAC 10:30am-1:00pm – Senior & Senior Performance

Saturday May 11 – Location: Deer Park (LCM) 9:15-11:00am – Challenge & Exploratory Advance

Saturday May 11 – Location: Friendswood High School 9:30-11:00am – Exploratory

Schedule Changes Week of May 13th

None at this time

Always be prepared for dryland with running shoes & dryland clothes



2019 Summer Training Schedule is HERE

May 11 - Spring Tune Up Clinics at Friendswood High School What: Back & Fly Register <u>HERE</u>

May 17-19 - Gulf Open Meet at PEAK

Qualified Swimmers: All Sharks 13&Over and 12&Unders 3 "B" USA Time Standards or more

Final Entries

May 18 - Spring Tune Up Clinics at Friendswood High School What: Starts & Turns Register HERE

June 8-9 - SWAT June Open Invite at Don Cook Natatorium **Qualified Swimmers:** All Sharks

June 21-23 - FCST Summer Splash at Fort Bend Training Pool **Qualified Swimmers:** All Sharks

June 23 - Sails Invite

Qualified Swimmers: All Sharks must have 2 "BB" USA Time Standards or less

June 24 – Sharks Team Social

Where: TBD

Qualified Swimmers: All Sharks

ASCA Thought of the Day – May 7th, 2019

"Listening is key because it is active. It is Deliberate. It is intentional and it is a form of work. You should be tired after doing it. You are excellent communicators, but are you good listeners?" Coach Greg Malszecki – York University, Canada World Clinic 2018

Important News

Swim-A-Thon 2019 - Final Results

Thank you to all who participated in the 2019 Sharks Swim-athon. With all donations in, we raised **\$12,761** for the team!

Prizes are being ordered and we will communicate to swimmers when they will be available for pick up.

Swim-a-thon highlights:

Congratulations to our top performers!

originatorations to control positions.		
Ranking	Amount	Participant
1	\$1,345.00	Spencer Meyers
2	\$1,175.00	Hayden Holcomb
3	\$1,000.00	Alexander Rundell
4	\$785.00	Alejandra Acosta
5	\$425.00	Lauren Tillman

Practice group rankings:

Ranking	Amount	Roster
1	\$4,080.00	Challenge
2	\$3,970.00	Senior
3	\$1,550.00	Exploratory Advance
4	\$1,321.00	Exploratory
5	\$1,025.00	Senior Performance
6	\$350.00	Pre-Senior
7	\$215.00	Discovery Advance
9	\$115.00	Discovery-Pre-Team

Most active fundraisers:

We wanted to recognize the swimmers that got out there and worked hard to get donations.

They may not have been the highest performers by dollar amount, but they worked hard to

get the most donors contribute to the swim-a-thon. Great job!!

Ranking	Total Donors	Participant
1	20	Spencer Meyers
2	15	Quinn Cassada
3	11	Alejandra Acosta
4	10	Hayden Holcomb
5	9	Maddison Palencia

Important Deadlines

Tuesday May 7 – Opt-In Deadline SWAT June Open Invitational

Tuesday May 21 – Opt-In Deadline FCST Summer Splash Sails Invite



Sharks May Birthdays

Anjali Friedman Abigail Lowan Benjamin Kulcsar Jovan Stojkovski Loralai Weatherall Gabi Volpe Cash Jakob Chase Ferguson Emily Meyer	$16 - 4^{th}$ $12 - 4^{th}$ $8 - 5^{th}$ $10 - 13^{th}$ $11 - 14^{th}$ $12 - 15^{th}$ $10 - 15^{th}$ $16 - 18^{th}$ $14 - 22^{nd}$
Angela Kapp	17 – 27 th

We are already thinking of ways to make this event more enjoyable and exciting for swimmers and their families next year.

If you have ideas, or would like to help out, please reach out to Faith Waters.

Important News

Sharks Hosted Meet

Thanks to all those that helped make this past weekend's Shark May Invitational a success!

Swim all summer with the Sharks!

Summer squad is open to swimmers 5yrs+ who can swim free & back.

Open tryouts will be at Magnolia Creek May 6,7,8 5:30-6:15pm

Come by, meet the coaches & tryout.





Qualifiers

Sectionals (11)

Allie Vidinha, Joseph Lukner, Peyton Becker, Anjali Friedman, Maven Moore, Lezli Sisung, Sarah Szklaruk-Traipe, Jordyn Waters, Andrew Garon, Leah Givens, Erika Yeguez

Summer Southern Senior Zones (21)

Peyton Becker, Kara Boemio, Lauren Fitzharris, Anjali Friedman, Leah Givens, Angela Kapp, Alex Linden, McKenna Malone, Maven Moore, Abigail Nelson, Lezli Sisung, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Jordyn Waters, Erika Yeguez, Chase Ferguson, Andrew Garon, David Hensley, Joseph Lukner, Andi Jeanes, Stevie Balistreri, Spencer Meyers

Important News

Sharks May Invite Meet Recap – Coming Soon



Sharks All Time Top Performances (updated 4/16/19)

Team Records	Short Course Yards	<u>Long Course Meters</u>
Top 10 Individual	Short Course Yards	Long Course Meters
Top 5 Relays	Short Course Yards	Long Course Meters

USA Motivational Time Standards for 2017-2020 Age Group Champs Time Standards 2018-2019 Southern Senior Champs Time Standards 2018 TAGS Time Standards 2019 NCSA Jr National Time Standards 2019
Futures Time Standards 2018
Sectional Time Standards 2019

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