



[Upcoming Events](#)

*Click to view Meet Announcement & other important information if available

[Training Schedule: \(click to view\)](#)

Schedule Changes Week of December 10th

Tuesday DEC 11th – Location: Friendswood High School
4:45-6:15pm – Exploratory

All other groups on regular training schedule

Thursday DEC 13th – Location: Friendswood High School
4:45-6:15pm – Exploratory Advance

All other groups on regular training schedule

Friday DEC 14th & Saturday DEC 15th
NO Practice ALL Groups due to High School Swim Meet

Schedule Changes Week of December 17th

None at this time

Always be prepared for dryland with running shoes & dryland clothes

Dec 14-16 – [Gulf Age Group Champs](#)

at Texas A&M

Qualified Swimmers: 12&under - Must have three (3) [Gulf Age Group Champ Time Standards](#) 13-14 - Must have 1 cut to swim and then up/down rule applies

Final Entries

Tentative Relays

Itinerary – Coming Soon

Jan 11-13 – TWST MLK Invitational at Conroe ISD Natatorium

Qualified Swimmers: Senior Performance, Senior, & Challenge & other swimmers by coach invitation (14&Unders must have USA "BB" times to swim events 400 and longer)

Date Correction for SSS MLK Invite was listed incorrectly as JAN 12-13

Jan 19-20 – SSS MLK Invitational at Clear Falls High School

Qualified Swimmers: Pre-Senior, Exploratory Advance, Exploratory, & Discovery Advance (For those swimmers not attending TWST MLK Invitational)

Coaches' Corner

[Winter Holiday Training Schedule \(click to View\)-Begins Monday Dec 24th](#)

Eddie Reese Shares Texas Winter Training Sets from December 2017

2018 Winter Warrior Challenge – Begins Friday December 21st

Shark Swimmers attending 100% of practices both swim & dryland. This will begin Friday December 21st and will go through Saturday January 5th. Swimmers must stay for the **entire practice, including dryland**, to be counted for the 100%. Coming late or leaving early will disqualify the swimmer from the 100%. Last year's Winter Warriors received a Special Edition Winter Warrior Team T-shirt. Will you be a Winter Warrior for 2018? – T-shirt Design [HERE](#)

Important News

Sharks Holiday Toy & Food Drive

Thank you to everyone who has so far contributed to our Toy and Food Drives. With just a few more days left, we would love to help families in need with more donations. New gifts and toys, particularly for older children, will go to Friendswood's Blue Santa. Nonperishable food will be taken to Interfaith Caring Ministries. Happy Holidays!

Please see each of the flyers below, email mcarthurdunne@gmail.com with any specific questions regarding each one.

Sharks Blue Santa Toy Drive – [Click to View Flyer](#)

Sharks Winter Food Drive – [Click to View Flyer](#)

Travel Trip 2019 –Senior Performance & Senior Groups

The coaches are working on final details for the summer travel trip. This summer we'll be doing a 5 to 6 day bus trip closer to home. The trip will be a combination of training with another team, a day or 2 of racing & team bonding activities. Coach Tim has been in contact with teams about finding a good fit.

More details of the trip and pricing will be out around the 1st of the year.

Southern Senior Champs Recap

Southern Sr. Zones - Sharks very successful with small group finishing 16 out of 30 team. Lezli Sisung 2nd in High Point Award. New Team records in 100-200back & 100 Fly. others making back to finals (records update next week): Andrew G, Chase F, Sarah T, Jordon W, Maven M, Erika Y.

Senior Champs Recap

Sharks 13 & Over had a very successful Senior Champs Meet. The group finished in 6th place overall out of 20 team (Women 4th/ Men 5th). Several swimmers had multiple best times and final swims. Three swimmers picked up new Age Group Champs qualifying times:

Lauren Fitzharris 50 fr, 100fr - Elliot Kessler 100 br - Spencer Meyers 1000fr, 200 bk

Important Deadlines

TUE DEC 11th – Opt out Deadline

- TWST MLK Invitational
- SSS MLK Invitational



Sharks December Birthdays

Aidan Gurka	9 – 2 nd
Kate Jacobson	9 – 2 nd
Alice Koncaba	11 – 3 rd
Rebekah Klesel	12 – 5 th
Hayden Nielsen	11 – 5 th
Kivy Moore	6 – 5 th
Lezli Sisung	16 – 6 th
Blake LeBlanc	8 – 6 th
Reagan Dao	10 – 11 th
Malek Elwassimy	12 – 12 th
Mikaeel Gagai	7 – 13 th
Erika Yeguez	16 – 14 th
Maddie Allis	13 – 14 th
David Hensley	15 – 16 th
Tanner Goins	8 – 17 th
Will Callender	15 – 18 th
Lauren Fitzharris	15 – 22 nd
Sahil Ganatra	8 – 25 th
Allie Vidinha	14 – 23 rd

Important News

Sharks Swim School has a limited number of Christmas Gift Packs. Group or private lesson options are available. Register online



GIVE THE GIFT OF NEW SKILLS!

This holiday season, skip the usual presents and gift an experience. Swim lessons at the Sharks Swim School bring new skills, more confidence & FUN with friends. Order your gift box today!

<p>Group Lesson Pack: \$225</p> <p>2 months of lesson • annual reg fee • Sharks T-shirt • cap</p>	<p>Private lesson pack \$200</p> <p>6 private lessons • reg fee • Sharks t shirt • cap</p>
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www.sharks-swim-club.org 281-400-1175

Qualifiers

Futures (3)

Sarah Szklaruk-Traipe, Lezli Sisung, & Jack Jones

Winter Jr Nat'l (2)

Sarah Szklaruk-Traipe
Lezli Sisung

Southern Senior Champs (23)

Stevie Balistreri, Chase Ferguson, Orlando Fernandez, Andrew Garon, Daivd Hensley, Jack Jones, David Lukner, Joseph Lukner, Peyton Becker, Kara Boemio, Lauren Fitzharris, Anjail Friedman, Leah Givens, Angela Kapp, Alex Linden, McKenna Malone, Maven Moore, Abigail Nelson, Lezli Sisung, Sarah Szklaruk-Traipe, Allie Vidinha, Jordyn Waters, Erika Yeguez

Gulf Age Group Champs (23)

Hayden Holcomb, Alex Rundell, Stevie Balistreri, David Hensley, Joseph Lukner, Emery Fitzharris, Andie Jeanes, Paige McCray, Lauren Vidinha, Gabi Volpe, Cameron Word, Peyton Becker, Kara Boemio, Lauren Fitzharris, Leah Givens, Alex Linden, McKenna Malone, Maven Moore, Abigail Nelson, Allie Vidinha, Elliot Kessler, Spencer Meyers, Layla Sisung

Sharks All Time Top Performances (updated 11/20/18)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top 5 Relays	Short Course Yards	Long Course Meters

USA Motivational Time Standards for 2017-2020
Age Group Champs Time Standards 2018-2019
Southern Senior Champs Time Standards 2018

NCSA Jr National Time Standards 2018
Futures Time Standards 2018
Sectional Time Standards 2018