Week of December 3 Newsletter





Upcoming Events

*Click to view Meet Announcement & other important information if available

Training Schedule: (click to view)

Schedule Changes Week of December 3rd

Thursday DEC 6 – Location: Williams Indoor Pool 6:00-8:00pm - Senior

ALL Other Groups NO Practice

Friday DEC 7 – Location: Friendswood High School 4:45-6:00pm – Exploratory & Exploratory Advance

4:45-7:00pm - Senior & Senior Performance

6:15-8:00pm - Challenge

6:15-8:00pm - Pre-Senior

Saturday DEC 8 – Location: Friendswood High School NO Practice - Exploratory & Exploratory Advance All Other Groups on Regular practice Schedule

Schedule Changes Week of December 10th

None at this time

Always be prepared for dryland with running shoes & dryland clothes



Dec 7-9 – Gulf Fall Champs

at PLATT & ESCA

Qualified Swimmers: Sharks Age 12&under - Must have two (2) or fewer <u>Gulf Age Group Champ</u> <u>Time Standards</u>

Final Entries

Tentative Relays

Itinerary – Coming Soon

Dec 14-16 - Gulf Age Group Champs

at Texas A&M

Qualified Swimmers: 12&under - Must have three (3) <u>Gulf Age Group Champ Time Standards</u> 13-14 - Must have 1 cut to swim and then up/down rule applies

Final Entries

Jan 11-13 – TWST MLK Invitational at Conroe ISD Natatorium

Qualified Swimmers: Senior Performance, Senior, & Challenge & other swimmers by coach invitation (14&Unders must have USA "BB" times to swim events 400 and longer)

Date Correction for SSS MLK Invite was listed incorrectly as JAN 12-13

Jan 19-20 – SSS MLK Invitational at Clear Lake High School

Qualified Swimmers: Pre-Senior, Exploratory Advance, Exploratory, & Discovery Advance (For those swimmers not attending TWST MLK Invitational)

Winter Holiday Training Schedule (click to View)

2018 Winter Warrior Challenge – Begins Friday December 21st

Shark Swimmers attending 100% of practices both swim & dryland. This will begin Friday December 21st and will go through Saturday January 5th. Swimmers must stay for the entire practice, including dryland, to be counted for the 100%. Coming late or leaving early will disqualify the swimmer from the 100%. Last year's Winter Warriors received a Special Edition Winter Warrior Team T-shirt. Will you be a Winter Warrior for 2018?

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Important News

Sharks Holiday Toy & Food Drive

Sharks families, we have two opportunities for you to give back to those less fortunate in our own community. The Blue Santa toy drive and The Food Drive in partnership with Interfaith Caring Ministries. Please click on each of the flyers and consider contributing to each one, collection containers will be in the hallway in the Natatorium each day. With almost 180 swimmers in our team, just think how much of an impact we can make if each family contributed to each one. Please see each of the flyers below, email mcarthurdunne@gmail.com with any specific questions regarding each one.

Sharks Blue Santa Toy Drive – <u>Click to View Flyer</u> Sharks Winter Food Drive – <u>Click to View Flyer</u>

Travel Trip 2019 – Senior Performance & Senior Groups

The coaches are working on final details for the summer travel trip. This summer we'll be doing a 5 to 6 day bus trip closer to home. The trip will be a combination of training with another team, a day or 2 of racing & team bonding activities. Coach Tim has been in contact with teams about finding a good fit.

More details of the trip and pricing will be out around the 1st of the year.

Southern Senior Champs & Senior Champs Recap
– Coming Soon

Important Deadlines

TUE DEC 11th – Opt out Deadline

- TWST MLK Invitational
- SSS MLK Invitational



Sharks December Birthdays

OTTOTICO DO COTTINO	Dillina di y 5
Aiden Gurka	$9 - 2^{nd}$
Katherine Jacobson	$9 - 2^{nd}$
Alice Koncaba	$11 - 3^{rd}$
Rebekah Klesel	$12 - 5^{th}$
Hayden Nielsen	$11 - 5^{th}$
Kivy Moore	$6 - 5^{th}$
Lezli Sisung	$16 - 6^{th}$
Blake LeBlanc	$8 - 6^{th}$
Graham Cassada	8-8 th
Reagan Dao	10 - 11 th
Malek Elwassimy	$12 - 12^{th}$
Mikaeel Gagai	$7 - 13^{th}$
Erika Yeguez	16 – 14 th
Madeline Allis	$13 - 14^{th}$
David Hensley	15 – 16 th
Tanner Goins	$8 - 17^{th}$
Winfield Callender	15 – 18 th
Lauren Fitzharris	$15 - 22^{nd}$
Sahil Ganatra	$8 - 25^{th}$
Allie Vidinha	$14 - 23^{rd}$

Important News

Sharks Swim School has a limited number of Christmas Gift Packs. Group or private lesson options are available. Register online





Qualifiers

Futures (3)

Sarah Szklaruk-Traipe, Lezli Sisung. & Jack Jones

Winter Jr Nat'l (2)

Sarah Szklaruk-Traipe Lezli Sisung

Southern Senior Champs (23)

Stevie Balistreri, Chase Ferguson, Orlando Fernandez, Andrew Garon, Daivd Hensley, Jack Jones, David Lukner, Joseph Lukner, Peyton Becker, Kara Boemio, Lauren Fitzharris, Anjail Friedman, Leah Givens, Angela Kapp, Alex Linden, McKenna Malone, Maven Moore, Abigail Nelson, Lezli Sisung, Sarah Szkalaruk-Traipe, Allie Vidinha, Jordyn Waters, Erika Yeguez

Gulf Age Group Champs (20)

Hayden Holcomb, Alex Rundell, Stevie Balistreri, David Hensley, Joseph Lukner, Emery Fitzharris, Andie Jeanes, Paige McCray, Lauren Vidinha, Gabi Volpe, Cameron Word, Peyton Becker, Kara Boemio, Lauren Fitzharris, Leah Givens, Alex Linden, McKenna Malone, Maven Moore, Abigail Nelson, Allie Vidinha, Elliot Kessler

Sharks All Time Top Performances (updated 11/20/18)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top 5 Relays	Short Course Yards	Long Course Meters

USA Motivational Time Standards for 2017-2020 Age Group Champs Time Standards 2018-2019 Southern Senior Champs Time Standards 2018 NCSA Jr National Time Standards 2018
Futures Time Standards 2018
Sectional Time Standards 2018