



[Upcoming Events](#)

\*Click to view Meet Announcement & other important information if available

[Training Schedule: \(click to view\)](#)

**Schedule Changes Week of January 7<sup>th</sup>**

Regular Training Schedule Resumes

Thursday JAN 10<sup>th</sup> – **NO Practice ALL Groups**

Saturday JAN 12 – Location: Friendswood High School  
7:45-9:30am – Exploratory Advance (dryland 7:45-8:00am)  
9:30-11:00am – Discovery Pre-Team & Discovery Advance

*\*All Other Groups on regular Practice Schedule*

**Schedule Changes Week of January 14<sup>th</sup>**

None at this time

*\*Always be prepared for dryland with running shoes & dryland clothes\**

**Jan 11-13 – [TWST MLK Invitational](#)**  
at Conroe ISD Natatorium

**Qualified Swimmers:** Senior Performance, Senior, & Challenge & other swimmers by coach invitation (14&Unders must have USA "BB" times to swim events All Events)

[Road Closure HWY 45 Information](#)

[Final Entries \(rev1\)](#)

[Itinerary - Coming Soon](#)

**Jan 19-20 – [SSS MLK Invitational](#)**  
at Clear Falls High School

**Qualified Swimmers:** Pre-Senior, Exploratory Advance, Exploratory, & Discovery Advance (For those swimmers not attending TWST MLK Invitational)

[Final Entries \(rev2\)](#)

**Feb 8-10 – HCAP Invitational**  
at HCAP (prelim/final)

**Qualified Swimmers:** Challenge, Pre-Senior, Senior, & Senior Performance

**Coaches' Corner**

**2018-2019 Winter Warrior's**

Shark Swimmers attending 100% of practices over winter break include the following:

**Discovery Pre-Team:** Loukas Arghiropol, Koban Heallen, Rilee Huynh, Steffan Ivanoff

**Discovery Advance:** Tegan Harper-Lee, Omar Mahmoud, Kivy Moore

**Exploratory:** Sophia Allis, Abdullah Borji, Adrianna Duncan, Auyush Ganapathy, Mo McGregor, Streeter Moore, Crosby Pinkoski, Ethan Wen

**Exploratory Advance:** Ishan Pendyala, Pallas Pinkoski, Lily Sisung, Evan Vidinha

**Challenge:** Emery Fitzharris, Braylynn Moore, Hayden Nielsen, Layla Sisung, Lauren Vidinha

**Pre-Senior:** Ava Ariss, Hanna Stuart, Maddie Allis

**Senior:** Alejandra Acosta, Elaine Bentley, Ellie Burke, Katie Hillegeist, Spencer Meyers, Abigail Nelson, Emma Vestal, Allie Vidinha

**Senior Performance:** Kara Boemio, Joseph Lukner, Maven Moore, Sarah Skzlaruk-Traipe, Jordyn Waters

**\*If you notice a swimmer not included on the list but maintained 100% during Winter Warrior from Friday December 21<sup>st</sup> to Saturday January 5<sup>th</sup> please contact your group coach\***

## Important News

### Travel Trip 2019 –Senior Performance & Senior Groups

The coaches are working on final details for the summer travel trip. This summer we'll be doing a 5 to 6 day bus trip closer to home. The trip will be a combination of training with another team, a day or 2 of racing & team bonding activities. Coach Tim has been in contact with teams about finding a good fit.

More details of the trip and pricing will be out around the 1st of the year.

### The Sharks Swim School

Swim School is expanding in 2019! Small group classes are now available mornings beginning January 8.

Tuesday-Thursday 9:00-9:30am & 9:30-10am

full details & registration information available on our website <https://www.teamunify.com/team/gutxsst/page/lesson-registration>

### Lost & Found

All Items not picked up by this Saturday January 12<sup>th</sup> will be cleaned out of the lost and found box. Please look at items on the bleachers upon entering the pool area this week. Thanks!

## Important Deadlines

**Tuesday Jan 8<sup>th</sup> – Opt-Out Deadline**  
**HCAP Invitational**  
**Gulf SC Champs 1 (8&Under)**

**Tuesday Jan 15<sup>th</sup> – Opt-Out Deadline**  
**Gulf SC Champs 2 (9-14)**

**Tuesday Jan 22<sup>nd</sup> – Opt-Out Deadline**  
**Gulf SC Champs 3 (13&Over)**  
**Sectional Speedo Champ Series**



## Sharks January Birthdays

Quinn Cassada	10 – 3 <sup>rd</sup>
Eileen Muller	6 – 3 <sup>rd</sup>
Stevie Balistreri	15 – 7 <sup>th</sup>
Wyatt Newman	10 – 9 <sup>th</sup>
Taite McCray	16 – 10 <sup>th</sup>
Chayton Budzik	14 – 11 <sup>th</sup>
Abigail Hilliard	14 – 14 <sup>th</sup>
McKenna Malone	15 – 15 <sup>th</sup>
Lilly Migl	11 – 17 <sup>th</sup>
Brandon Klesel	16 – 20 <sup>th</sup>
Omar Mahmoud	7 – 30 <sup>th</sup>

## Important News

Sharks Updated Meet Schedule

[Short Course](#)

Long Course Meet Schedule - Coming Soon



### [Qualifiers](#)

#### **NCSA Jr's (2)**

Sarah Szklaruk-Traipe, Lezli Sisung

#### **TAGS (5)**

Kara Boemio, Emery Fitzharris, Leah Givens, Maven Moore, Joseph Lukner

#### **Sectionals (9)**

Allie Vidinha, Joseph Lukner, Peyton Becker, Anjali Friedman, Maven Moore, Lezli Sisung, Sarah Szklaruk-Traipe, Jordyn Waters, Andrew Garon

#### **Summer Southern Senior Zones (21)**

Peyton Becker, Kara Boemio, Lauren Fitzharris, Anjali Friedman, Leah Givens, Angela Kapp, Alex Linden, McKenna Malone, Maven Moore, Abigail Nelson, Lezli Sisung, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Jordyn Waters, Erika Yeguez, Chase Ferguson, Orlando Fernandez, Andrew Garon, David Hensley, Joseph Lukner,

### Sharks All Time Top Performances (updated 12/26/18)

<b>Team Records</b>	<a href="#">Short Course Yards</a>	<a href="#">Long Course Meters</a>
<b>Top 10 Individual</b>	<a href="#">Short Course Yards</a>	<a href="#">Long Course Meters</a>
<b>Top 5 Relays</b>	<a href="#">Short Course Yards</a>	<a href="#">Long Course Meters</a>

[USA Motivational Time Standards for 2017-2020](#)  
[Age Group Champs Time Standards 2018-2019](#)  
[Southern Senior Champs Time Standards 2018](#)  
[TAGS Time Standards 2019](#)

[NCSA Jr National Time Standards 2019](#)  
[Futures Time Standards 2018](#)  
[Sectional Time Standards 2019](#)