Week of November 26 Newsletter



Training Schedule: (click to view)

Schedule Changes Week of November 26th Friday DEC 1 – Location: Friendswood High School 4:45-6:30pm – Senior & Senior Performance 6:15-8:00pm – Pre-Senior *All Other Groups on Regular practice Schedule*

Schedule Changes Week of December 3rd

Thursday DEC 6 – NO Practice ALL GROUPS

Friday DEC 7 – Location: Friendswood High School 4:45-6:00pm – Exploratory & Exploratory Advance 4:45-7:00pm – Senior & Senior Performance 6:15-8:00pm – Challenge 6:15-8:00pm – Pre-Senior

Saturday DEC 8 – Location: Friendswood High School NO Practice - Exploratory & Exploratory Advance *All Other Groups on Regular practice Schedule*

Always be prepared for dryland with running shoes & dryland clothes

Coaches' Corner

Winter Holiday Training Schedule – Coming Soon



*Click to view Meet Announcement & other important information if available

Nov 29-2 - Southern Senior Champs

at Conroe ISD Natatorium (TWST) **Qualified Swimmers:** Sharks Age 13&Older - Must have two (2) <u>Southern Senior Zone Champ Time</u> <u>Standards</u> <u>Final Entries</u> <u>Tentative Relays</u>

Nov 30-2 – <u>Gulf Senior Champs</u> at NOCH Qualified Swimmers: Sharks Age 13&Older <u>Final Entries</u> <u>Tentative Relays</u> <u>Itinerary</u>

Dec 7-9 - Gulf Fall Champs

at PLATT & ESCA Qualified Swimmers: Sharks Age 12&under - Must have two (2) or fewer <u>Gulf Age Group Champ</u> <u>Time Standards</u>

<u>Final Entries</u> <u>Tentative Relays</u>

Dec 14-16 – <u>Gulf Age Group Champs</u> at Texas A&M *Qualified Swimmers*: 12&under - Must have three (3) <u>Gulf Age Group Champ Time Standards</u> 13-14 - Must have 1 cut to swim and then up/down rule applies Final Entries

2018 Winter Warrior Challenge – Begins Friday December 21st

Shark Swimmers attending 100% of practices both swim & dryland. This will begin Friday December 21st and will go through Saturday January 5th. Swimmers must stay for the entire practice, including dryland, to be counted for the 100%. Coming late or leaving early will disqualify the swimmer from the 100%. Last year's Winter Warriors received a Special Edition Winter Warrior Team T-shirt. Will you be a Winter Warrior for 2018?

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Important News

Sponsorship Campaign – Award Winners

Thank you again to all the families who brought in so many sponsors for our Sharks! As part of the campaign, two winners are selected via raffle for a free monthly tuition credit for one child (every \$500 equals to one ticket). Congratulations to the Malone and the Jakob Families who are our winners! Please continue to support our sponsors and tell them SHARKS sent you! If you raised \$150 or more, please contact Susan via email to have your fundraising obligation reimbursed to your account. Questions? Contact Jen at jenferguson1@comcast.net

Sharks Holiday Toy & Food Drive

Sharks families, we have two opportunities for you to give back to those less fortunate in our own community. The Blue Santa toy drive and The Food Drive in partnership with Interfaith Caring Ministries. Please click on each of the flyers and consider contributing to each one, collection containers will be in the hallway in the Natatorium each day. With almost 180 swimmers in our team, just think how much of an impact we can make if each family contributed to each one. Please see each of the flyers below,

email <u>mcarthurdunne@gmail.com</u>with any specific questions regarding each one.

Sharks Blue Santa Toy Drive – <u>Click to View Flyer</u> Sharks Winter Food Drive – <u>Click to View Flyer</u>

Important Deadlines

TUE DEC 11th – Opt out Deadline - TWST MLK Invitational - SSS MLK Invitational



Sharks November Birthdays

Ishan Pendyala	11 – 6 th
William Esbeck	8 – 11 th
Andrew Chalin	8 – 19 th
Steffan Ivanoff	7 – 21 st
Todd Sisung	15 – 25 th
Kathrin Dickamore	9 – 25 th
Tegan Harper-Lee	6 – 25 th
Lauren Tillman	12 – 27 th
Joshua Franks	13 – 30 th

Important News

Sharks Swim School has a limited number of Christmas Gift Packs. Group or private lesson options are available. Register online





Qualifiers

Futures (3)

Sarah Szklaruk-Traipe, Lezli Sisung. & Jack Jones

Winter Jr Nat'l (2)

Sarah Szklaruk-Traipe Lezli Sisung

Southern Senior Champs (23)

Stevie Balistreri, Chase Ferguson, Orlando Fernandez, Andrew Garon, Daivd Hensley, Jack Jones, David Lukner, Joseph Lukner, Peyton Becker, Kara Boemio, Lauren Fitzharris, Anjail Friedman, Leah Givens, Angela Kapp, Alex Linden, McKenna Malone, Maven Moore, Abigail Nelson, Lezli Sisung, Sarah Szkalaruk-Traipe, Allie Vidinha, Jordyn Waters, Erika Yeguez

Gulf Age Group Champs (20)

Hayden Holcomb, Alex Rundell, Stevie Balistreri, David Hensley, Joseph Lukner, Emery Fitzharris, Andie Jeanes, Paige McCray, Lauren Vidinha, Gabi Volpe, Cameron Word, Peyton Becker, Kara Boemio, Lauren Fitzharris, Leah Givens, Alex Linden, McKenna Malone, Maven Moore, Abigail Nelson, Allie Vidinha, Elliot Kessler

Sharks All Time Top Performances (updated 11/20/18)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top 5 Relays	Short Course Yards	Long Course Meters

<u>USA Motivational Time Standards for 2017-2020</u> <u>Age Group Champs Time Standards 2018-2019</u> <u>Southern Senior Champs Time Standards 2018</u> NCSA Jr National Time Standards 2018 Futures Time Standards 2018 Sectional Time Standards 2018

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