



[Upcoming Events](#)

Click to view Meet Announcement & other important information if available

[Training Schedule: \(click to view\) begins 9/3](#)

Schedule Changes Week of August 19th

Transition Schedule [HERE](#)

Schedule Changes Week of August 26th

Transition Schedule [HERE](#) Note practice times for Saturday during parent meeting on transition schedule)

Monday August 26th – Magnolia Creek Spring Canyon
Fall Squad First Practice!

Friday August 30th – Stevenson Park Pool:
Sr Perf & Sr 4:30pm-6:30pm (+ 35 mins dry post swim)
Challenge 6:10pm – 8:00pm (dry 6:10pm-6:30pm)
Expl. Advance – 6:10pm – 8:00pm (dry 6:10pm-6:30pm)

Magnolia Creek Spring Canyon [HERE](#)
Pre Senior – 6:10pm – 8:00pm (Dry 6:10pm-6:30pm)
Exploratory – 4:45pm – 6:15pm

Schedule Changes Week of Sept 3rd

Regular schedule resumes [HERE](#)

Always be prepared for dryland with running shoes & dryland clothes

August 19 – Return to practice – Transition Schedule [HERE](#)

Aug 24 – Parent Meeting
Returning Parents 8:30-9:30
New parents 9:50-10:50
Suit sizing 8am-11:30am

Sept 3 – Regular training schedule begins - [HERE](#)

Sept 7 – Team Pictures

Sept 13-15 – Jim Richardson – DETAILS BELOW

Sept 21 – Sharks Hosted Pentathlon
Opt In/Out [HERE](#)
11 & over girls & 13 & over boys AM,
10 & under girls & 12 & under boys PM

Sept 28-29 – Senior Retreat – Sr. Perf, Sr & Pre-Senior Groups (13 & Older). Location TBD.

Sharks Parents - Please note - Due to new Minor Athlete Protection Policies by USA Swimming - Parents that are not "non-athlete certified" may not be on deck during practices. Use of the locker rooms by parents is prohibited - please utilize the restrooms in the lobby if your swimmer requires assistance in changing.

ALL Swimmers MUST register for the 2019-2020 Season if they are returning after our break.
2019-2020 Annual Registration – Registration is NOW open – please register your swimmer for their **CURRENT** group. Adjustments on group placement, if recommended by your group Coach will be changed if necessary. Early bird ended August 14, registration cost per swimmer has increased by \$25 for returning swimmers effective August 15th.

Please see '2019-2020' Sub-menu below the News tab for information regarding our upcoming 2019-2020 Season.

Coaches' Corner

5 Behaviors of High Performing Sports Parents

Kroger Rewards Program – Did you know that you can connect your Kroger card to earn \$ for Sharks? Each purchase made with your Kroger card will earn \$ for Sharks as a non-profit. Click [HERE](#) to register your card.

Important News

Congrats to a great summer of FAST swims. IMX/IMR certificates will be available at practice for swimmers who achieve IMX and/or IMR status for the summer season.

Congrats to the following swimmers who achieved an IMX score of over 3,000:

David Hensley- 3955
Leah Givens - 3762
Maven Moore- 3714
Leah Givens- 3660
Peyton Becker- 3517
Allie Vidinha 3482
Joseph Lukner- 3300
Alex Linden- 3284
Evan Vidinha- 3254
Stevie Balistreri- 3148

Parent Meeting: Saturday August 24th

(For Sr Perf, Senior, Pre-Senior, Challenge, Expl. Adv & Expl & Discovery Groups)

Leavesley Park Hangar – 901 Buckingham Drive, Friendswood

Returning Parents: 8:30am – 9:30am
New Sharks Parents: 9:50am – 10:50am

Suit Sizing: 8:00am – 11:30am

Important Deadlines

Sept 2 – Sharks Pentathlon



Aug Birthdays

Age-Date

Monica Ibrahim	10 – 1st
Loukas Arghiropol	6 -- 2nd
Lauren Vidinha	13 -- 2nd
Evan Vidinha	10 – 5th
Andrew McMichael	18 – 6th
Giancarlo Zamora	11 – 7th
Meagan Chauvin	10 – 12th
Hunter Nolen	16 – 12th
Matthew Ho	11 – 13th
Helen Byrd	13 -- 14th
Tristan Arghiropol	10 -- 15th
Lena Clayton	8 -- 15th
Richard Lu	10 – 18th
Sophia Boring	8 – 19th
Ethan Wen	11 – 22nd
Noah Givens	12 – 23rd
Nicole Medina	12 – 24th
Rob Gullede	9 – 31st
Emma Vestal	14 – 31st

Jim Richardson Clinic – Sept 13-15

Sharks Clinic & Educational talks with Jim Richardson.

Coach Richardson was the University of Michigan Head Coach for 20 years and continues to run their swim camp. This clinic will be for ALL Sharks families with topics that everyone can learn from.

Save the date! Topics to be discussed:

- Stroke technique for all strokes
- Mindset & Grit
- How we learn and neuropsychology
- RICH (return on character) and guiding principles for Senior groups



Sharks Fall Squad – Back for 2019.

This group is great for CCSL Swimmers who want to see what club swimming is all about. Swimmers must be able to complete 25 free & back and be at least 5 yrs old to participate. Season runs from August 26-Oct 18. Practices are

M/W/F 5:15-6:30pm and select Saturdays at Magnolia Creek. Register [HERE](#) or to find out more info. Signup for tryout [HERE](#). Cost is \$200, intrasquad meet, T-Shirt & Cap.



Sharks Swim School is now open for registration for the Fall. Classes available at both Friendswood High School & Magnolia Creek. Click [HERE](#) to learn more and register.



Qualifiers

Tags (4)

Andi Jeanes, Lauren Vidinha, Gabi Volpe, Peyton Becker

Sectionals (12)

Allie Vidinha, Joseph Lukner, Peyton Becker, Anjali Friedman, Maven Moore, Sarah Szklaruk-Traipe, Jordyn Waters, Leah Givens, Erika Yeguez, Abigail Nelson, Kara Boemio, David Hensley

Summer Southern Senior Zones (20)

Peyton Becker, Kara Boemio, Lauren Fitzharris, Anjali Friedman, Leah Givens, Angela Kapp, Alex Linden, Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Jordyn Waters, Erika Yeguez, David Hensley, Joseph Lukner, Andi Jeanes, Stevie Balistrieri, Spencer Meyers, Emery Fitzharris

Sharks All Time Top Performances(updated 6/25/19)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top 5 Relays	Short Course Yards	Long Course Meters

[USA Motivational Time Standards for 2017-2020](#)
[Age Group Champs Time Standards 2018-2019](#)
[Southern Senior Champs Time Standards 2018](#)
[TAGS Time Standards 2019](#)

[NCSA Jr National Time Standards 2019](#)
[Futures Time Standards 2018](#)
[Sectional Time Standards 2019](#)