Week of Dec 23rd Newsletter





Click to view Meet Announcement & other important information if availabl

Training Schedule: (click to view)

Only "Changes" to normal practice schedule will be listed – if schedule is normal it will NOT be listed below.

Discovery Groups will have additional practices over the holiday break – please check the Winter Warrior Schedule closely.

Schedule Changes for Week of Dec 23rd

Mon Dec 23rd – Sr/Sr Perf 7:00am-10:00am

Regular PM Schedule ALL Groups, except: Sr. 6pm Start

Tue Dec 24th - Sr/Sr Perf 7:00am-10:15am+

Pre-Senior: 7:30am-9:30am Challenge: 7:45am-9:45am Expl. Adv: 9:30am-11:30am Exploratory: 9:30am-11:30am Disc. Adv: 9:30am-11:30am Disc.Pre-Team: 10:00am-11:00am

Wed Dec 25th – NO practice any group-Merry Christmas

Thu Dec 26th - Sr/Sr Perf 7:00am-10:00am Regular PM Schedule all groups, except:

Sr. 6:00pm Start

Expl. Adv: 6:10pm-8:00pm

Fri Dec 27th – Sr/Sr Perf 8:00am-10:00am

Regular PM Schedule all groups

Sat Dec 28th – Regular Sat Schedule except:

Disc. Adv: 9:30am-11:30am

Disc. Pre-Team: 10:00am-11:00am

Sr/Sr Perf: Additional practice: 3:00pm-5:00pm

Always be prepared for dryland with running shoes & dryland clothes

Winter Warrior 2019 – Begins Saturday December 21st and runs through Saturday January 4th. Updated Schedule HERE. The challenge is to make **ALL** of your group's practices over the Holidays – Regular & Additional, if any, as noted in winter warrior schedule. Swimmers with 100% attendance during this time will be invited to Movie & Pizza Party.

Dec 21st – Jan 4th – Winter Warrior (see updated schedule below)

Jan 5th – Winter Warrior Party

Jan 11th-12th - Aqua 11&Up Prelim Final

Friendswood Natatorium Preliminary Entries HERE

(Sr. Perf entries being added)

Jan 18th – SSS 10 & Under MLK Meet – Clear Falls High School Preliminary Entries <u>HERE</u>

When you shop at **smile.amazon.com**, Amazon donates.

amazonsmile

Important Deadlines

8 & Under Champs: 8 & U parents- we will have 8 & U swim at 2 meets in February:

1.The HCAP p/f meet will have a mid-day, 8 & U session on Feb 8th & 9th. 2.The 8 & U Champs meet will be in Ambush Sat Feb 15. We will be chartering a bus to make it a team day trip. The team will help cover the cost of the bus

Please go to the Competitions tab to opt "in" if you wish to attend these meets – be sure to "save" your commitment.

12 & Under Champs Recap - <u>Fifty-Six Sharks</u> went merrily to the *12 & Champs* in Rosenburg Tx on December 14-15 and jingled all the way home with a 3rd place trophy! Scoring BIG points for the 8&u Sharks were Kivy Moore with 48, Shahd Borji with 32 and Jason Marsh with 47.5. The 9-10 boys were dominant as Cameron Lowman scored 42 points and Tristan Arghiropol and Andrew Sugunan tallied 34 each. Edi Jacob led the 11-12 girls with 42 points and Hayden Holcomb grabbed 15.5 for the boys. Six and under Loukas Arghiropol scored 36, Dax Moad got 35 and Lily Ainsworth 14 points for the girls.

Achieving Gulf Age Group championship times were Edi JaKob (200 fr), Ayden Hilliard (50 Br), Hayden Holcomb (200 fly) and Cameron Lowman (100 bk). Jason Marsh nabbed team records in the 25 breast and the 200 IM. Swimmers who swam 100% best times in all their events were Caleb Livesay, Abigail Lowman, Abdullah Borji, Jason Marsh, and Edi Jakob.

Double winners were Dax Moad (25/50 bk) and Andrew Sugunan (50/100 fly) and single winners included Jason Marsh (25 br), Cameron Lowman (50 bk), Edi Jakob (200 fr) and Hayden Holcomb (200 fly). In addition, the 9-10 boys won both the 200 free relay with Tristan Arghiropol, Andrew Sugunan, Cameron Lowman and Keith Remington and the 200 medley relay with Tristan Arghiropol, Andrew Sugunan, Cameron Lowman and Streeter Moore. **Way to go SHARKS!!!**

Sharks Clinic Series: Click HERE to learn more info

Email Coach Matt for more info mtroquille@gmail.com



Olivia Ellington Aidan Gurka Aide Jacobson Alice Koncaba Kivy Moore Hayden Nielsen Rebeka Klesel Jana Khodr Reina Li Adriana Arghiropol Mikaeel Gagai Erika Yeguez Christian Kim David Hensley Gabi Earls Santi Earls Tanner Goins Kirthana Pennika Alie Vidinha Lily Ainsworth Aira 10 2nd 12 3rd 12 5th 13 5th 10 9th 15 9th 15 9th 15 12th 15 9th 16 12th 16 12th 16 14th 16 16th 16 16th 17 17th 18 17th 19 17th 19 17th 10 17th 10 2nd 11 20th 12 20th 13 20th 14 16th 15 30th 15 31st	Dec Birthdays	Age-Date
	Aidan Gurka Kate Jacobson Alice Koncaba Kivy Moore Hayden Nielsen Rebeka Klesel Jana Khodr Reina Li Adriana Arghiropol Mikaeel Gagai Erika Yeguez Christian Kim David Hensley Gabi Earls Santi Earls Tanner Goins Kirthana Pennika Joudy Khodr Lauren Fitzharris Sahil Ganatra Allie Vidinha	10 2nd 10 2nd 12 - 3rd 7 - 5th 12 5th 13 5th 10 9th 15 - 9th 5 - 12th 8 - 13th 17 - 14th 9 15th 16 - 16th 8 - 17th 8 - 17th 9 17th 6 - 17th 12 - 20th 16 - 22nd 9 - 25th 15 - 30th

Parent Reps: Get to know your group parent reps! Each group has 1-2 parent reps. Find you parent reps under the Training Groups Tab:

Senior Groups: Sr. Perf, Senior & Pre-Senior

Age Groups: Challenge, Exploratory Advance & Exploratory

Developmental Groups: Discovery Advance & Discovery Pre-Team





Qualifiers Age Group Champs

Tristan Arghiropol, Peyton Becker, Elaine Bentley, Ellie Burke, Caden Cupisz, Emery Fitzharris, Ayden Hilliard, Hayden Holcomb, Edi Jakob, Andi Jeanes, KK LeBlanc, Alex Linden, Cameron Lowman, Paige McCray, Spencer Meyers. Emma Vestal, Allie Vidinha, Evan Vidinha, Gabi Volpe

Tags

Peyton Becker, Andi Jeanes, KK LeBlanc, Lauren Vidinha, Gabi Volpe

Sectionals

Peyton Becker, Kara Boemio, Anjali Friedman, Leah Givens, David Hensley, Joseph Lukner, Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Allie Vidinha, Jordyn Waters, Erika Yeguez

Southern Senior Zones

Stevie Balistreri, Peyton Becker, Elaine Bentley, Kara Boemio, Lauren Fitzharris, Emery Fitzharris, Anjali Friedman, Leah Givens, David Hensley, Andi Jeanes, Alex Linden, Joseph Lukner, Spencer Meyers, Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Jordyn Waters, Erika Yeguez

NCSA's

Maven Moore, Sarah Szklaruk-Traipe

Sharks All Time Top Performances (updated 9/16/19)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top 5 Relays	Short Course Yards	Long Course Meters

<u>USA Motivational Time Standards for 2017-2020</u> <u>Age Group Champs Time Standards 2018-2019</u> TAGS Time Standards 2019 NCSA Jr National Time Standards 2019 Sectional Time Standards 2019

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