Week of Dec 9th Newsletter



SHARKS Uncoming Events

Click to view Meet Announcement & other important information if availabl

Letter to Parents Re Champ Meets

Dec 14-15th – 12 & Under Champs –Location – Lamar ISD/PLAT
1011 Horace Mann Ave, Rosenberg, TX
77471
Final Entries <u>HERE</u>
Itinerary - Coming Soon

Dec 21st - Jan 4th - Winter Warrior

Timing Assignments – Coming Soon

Training Schedule: (click to view)

Only "Changes" to normal practice schedule will be listed – if schedule is normal it will NOT be listed below.

PLEASE NOTE – STEVENSON PARK POOL IS HEATED IN PREPARATION FOR SHARKS PRACTICES. ALL PRACTICES ARE AT FRIENDSWOOD NATATORIUM, UNLESS OTHERWISE NOTED

Schedule Changes for Week of Dec 9th

Mon Dec 9th - NO PRACTICE ANY GROUP

Tues Dec 10th -

Exploratory – 4:45pm-6:15pm

Thu Dec 12th -

Exploratory Adv – 6:10pm-8pm

Fri Dec 13th - NO Practice any group

Sat Dec 14th – NO Practice any group

Sun Dec 15th – Pearland Natatorium Senior Perf & Senior, All Age Group Champ swimmers & Pre-Senior swimmers NOT in the meet are invited to attend - 12:30pm-2:30pm

Schedule Changes for Week of Dec 16th

No changes at this time

Always be prepared for dryland with running shoes & dryland clothes

Winter Warrior 2019 – Begins Saturday December 21st and runs through Saturday January 4th. Schedule <u>HERE</u>. The challenge is to make **ALL** of your group's practices over the Holidays. Swimmers with 100% attendance during this time will be invited to Movie & Pizza Party.

Important Deadlines

Aqua 11 & Over Prelim/Final – Dec 15th

Sails 10 & Under MLK Invite – Dec 18th **Coaches Corner:** GREAT Job to all everyone who swam this past weekend at Southern Sr, Age Group & 13 & Over Champs. Once we get the official results we will have full recaps



Sharks Christmas Toy Drive – Benefitting Friendswood Police Department - Blue Santa Program!

Please see the attached flyer <u>HERE</u>. We will have a box for collecting toys (RED ACE BOX) and gift cards beginning December 2nd. Gifts are always easiest to buy for the younger ones but let's not forget the older children and teens.



Dec Birthdays	Age-Date
Olivia Ellington	7 – 1st
Aidan Gurka	10 2 nd
Kate Jacobson	10 2 nd
Alice Koncaba	$12 - 3^{rd}$
	$7 - 5^{th}$
Kivy Moore	12 5 th
Hayden Nielsen	
Rebeka Klesel	13 5 th
Jana Khodr	10 9 th
Reina Li	15 – 9 th
Adriana Arghiropol	$5 - 12^{th}$
Mikaeel Gagai	$8 - 13^{th}$
Erika Yeguez	17 – 14 th
Christian Kim	9 15 th
David Hensley	16 – 16 th
Gabi Earls	8 – 17 th
Santi Earls	$8 - 17^{th}$
Tanner Goins	9 17 th
Kirthana Pennika	6 - 17 th
Joudy Khodr	12 - 20 th
Lauren Fitzharris	16 - 22 nd
Sahil Ganatra	$9 - 25^{th}$
Allie Vidinha	15 - 30 th
Lily Ainsworth	7 – 31st

Sharks Clinic Series: Click <u>HERE</u> to learn more info

Email Coach Matt for more info mtroquille@gmail.com





Qualifiers Age Group Champs

Tristan Arghiropol, Peyton Becker, Elaine Bentley, Ellie Burke, Caden Cupisz, Emery Fitzharris, Andi Jeanes, KK LeBlanc, Alex Linden, Cameron Lowman, Paige McCray, Spencer Meyers. Emma Vestal, Allie Vidinha, Evan Vidinha, Gabi Volpe

Southern Senior Champs

Alejandra Acosta, Stevie Balistreri, Peyton Becker, Elaine Bentley, Kara Boemio, Ellie Burke, Emery Fitzharris, Lauren Fitzharris, Anjali Friedman, Leah Givens, David Hensley, Katie Hillegeist, Andi Jeanes, Elliot Kessler, Alex Linden, Joseph Lukner, Spencer Meyers, Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Lauren Vidinha, Gabi Volpe, Jodryn Waters, Erika Yeguez

Tags

Peyton Becker, Andi Jeanes, KK LeBlanc, Lauren Vidinha, Gabi Volpe

Sectionals

Peyton Becker, Kara Boemio, Anjali Friedman, Leah Givens, David Hensley, Joseph Lukner, Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Allie Vidinha, Jordyn Waters, Erika Yeguez

Winter Junior Nationals

Sarah Szklaruk-Traipe

Sharks All Time Top Performances (updated 9/16/19)

Team Records	<u>Short Course Yards</u>	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top 5 Relays	Short Course Yards	Long Course Meters

<u>USA Motivational Time Standards for 2017-2020</u> <u>Age Group Champs Time Standards 2018-2019</u> TAGS Time Standards 2019

NCSA Jr National Time Standards 2019 Sectional Time Standards 2019

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