



[Upcoming Events](#)

Click to view Meet Announcement & other important information if available

[Training Schedule: \(click to view\)](#)

Only "Changes" to normal practice schedule will be listed – if schedule is normal it will NOT be listed below.

Schedule Changes for Week of Feb 17<sup>th</sup>

**Sat Feb 22<sup>nd</sup> –**

Pre-Senior Champs 3 Swimmers 7:45am – 10:15am  
Disc. Advance 9:30am-11:00am

Schedule Changes for Week of Feb 24<sup>th</sup>

None at this time

*\*Always be prepared for dryland with running shoes & dryland clothes\**

**Feb 21<sup>st</sup>-23<sup>rd</sup>-SC Champs 2 9-14 yr olds**

Pearland Natatorium

Final Entries [HERE](#) (Revised)

Relay Entries [HERE](#) (Updated)

Itinerary [HERE](#)

Timing Signup [HERE](#)

**Feb 22<sup>nd</sup> – Champs 3 Pasta Party –**

Signup [HERE](#)

**Feb 29<sup>th</sup>-Mar 1<sup>st</sup> – SC Champs 3**

FBISD Training Pool

Final Entries [HERE](#)

**Mar 5<sup>th</sup>-8<sup>th</sup> – Short Course Tags**

Qualifying Swimmers Opt In [HERE](#)

**Mar 7<sup>th</sup>-15<sup>th</sup> – Spring Break-** No practice except NCSA Swimmers

**Mar 29<sup>th</sup> – Sharks Banquet-**Details to follow

**Apr 4<sup>th</sup> – Sprint Series Meet –** Qualifying 12 & Under Swimmers – Declare [HERE](#)

**Apr 18-19<sup>th</sup> – Gulf Long Course Meet –** Qualifying Swimmers – Declare [HERE](#)

**Apr 25<sup>th</sup> – Swim-A-Thon**

**Relay Policy-Effective Feb 2020 – Read [HERE](#)**

**Parent Reps:** Get to know your group parent reps! Each group has 1-2 parent reps. Find you parent reps [HERE](#)

**Sharks Summer Squad Now Open for Returning Swimmers! Learn More [HERE](#) Register [HERE](#)**



**[Important Deadlines](#)**

**March 4 – April Sprint Series**

**March 11 – SWAT LC Meet**

**Coaches Corner:** Swim meets can be long grueling all-day events that take a toll on your body. That means it is very important that swimmers keep their bodies nourished and hydrated throughout the meet. Making sure to having enough healthy snack, drinks and food options are crucial to having a successful meet. Below are a couple of links that have numerous ideas and tips for healthy snacks to pack for your next meet.

[Easy Swim Meet Snack Ideas](#) & [Swim Meet Snacks](#)

**Good luck to Sharks competing in SC Champs this weekend!**

**Short Course Champs 2 – Timing Assignments Open –** Thank you to all that have already signed up – we only have 3 open timing positions left. Sign up [HERE](#) Signups will remain open through Wednesday night. Any remaining open positions will be assigned Thursday am.

**Champs 3 – Pasta Party** at Gina’s Saturday February 22<sup>nd</sup> 11am (Practice will end at 10:15am)


Cost of \$12 per person. Signup [HERE](#)

**Swim-A-Thon –** Mark your calendars for Saturday April 25<sup>th</sup> for our Annual Swim-A-Thon! More details will be following soon.



**Feb Birthdays** Age-Date

Evan Takeda	6 – 1 <sup>st</sup>
Alex Linden	15 - 2 <sup>nd</sup>
Abigail Nelson	16 - 5 <sup>th</sup>
Aaryan Bhakta	6 - 7 <sup>th</sup>
Spencer Meyers	15 - 7 <sup>th</sup>
Isaac Peters	13 - 8 <sup>th</sup>
Sia Sheth	9 - 9 <sup>th</sup>
Vivienne Dunne	9 - 11 <sup>th</sup>
Dax Moad	7 - 13 <sup>th</sup>
Brielle Delafuente	8 - 14 <sup>th</sup>
Logan Atchison	10- 15 <sup>th</sup>
Julia Rupp	12- 15 <sup>th</sup>
Olivia Esbeck	12- 15 <sup>th</sup>
Jason Chen	14- 16 <sup>th</sup>
Rilee Huynh	8- 17 <sup>th</sup>
Caleb Livesay	11- 19 <sup>th</sup>
Elise Walther	6 -19 <sup>th</sup>
Maggie Searfoorce	11-22 <sup>nd</sup>
Jason Marsh	9- 23 <sup>rd</sup>
Christopher Garcia	16- 25 <sup>th</sup>
Neerali Bhakta	7-27 <sup>th</sup>
Aditi Abbaraju	11-27 <sup>th</sup>



**Sharks Swim Club**  
**ADAPTIVE SWIM LESSONS**

Sharks Adaptive Swim Lessons use techniques that place emphasis on swimming skills modified or adapted to accommodate individual abilities, needs, and goals, regardless of age. Lessons are specially designed to benefit children and adults with a range of special needs including autism, cerebral palsy, spina bifida, down syndrome, sensory disorders, ADHD, and visual impairment.

Our goal is to help each swimmer push past their physical, cognitive, or neurological challenges to be successful in learning to swim, learning water safety, developing confidence, increasing fitness, and having fun, all while creating a calm, patient, and reassuring atmosphere suited to the individual needs and abilities of each swimmer!



**Choose:** 4 Levels to choose from that fit best for your swimmer!  
Visit [www.sharks-swim-club.org](http://www.sharks-swim-club.org) to view the full Program Overview.

**When:** Monday and Wednesday mornings

**Where:** Friendswood HS Natatorium  
1115 Falling Leaf • Friendswood, TX 77546

**Register:** [www.sharks-swim-club.org](http://www.sharks-swim-club.org)  
Click Sharks Swim School tab

**SHARKS** Contact us with questions:  
email [sharksadaptiveswim@gmail.com](mailto:sharksadaptiveswim@gmail.com)  
phone 281-400-1175  
Visit us online for more information  
[www.sharks-swim-club.org](http://www.sharks-swim-club.org)



**SHARKS SWIM PARENTS**  
**LET'S GET SOCIAL**

We need your help getting the best and most up to date content for our social media pages!

PLEASE SEND PICTURES AND VIDEOS OF YOUR SWIMMERS TO AMY JOHNSON AT [SHARKSSOCIAL01@GMAIL.COM](mailto:SHARKSSOCIAL01@GMAIL.COM)

FOLLOW US ON INSTAGRAM AND FACEBOOK!

 [sharksswimclubgu](https://www.instagram.com/sharksswimclubgu)  
 Sharks Swim Club



Please send Pics & Videos of your swimmers to Amy Johnson at [sharkssocial01@gmail.com](mailto:sharkssocial01@gmail.com)



**Sharks Clinic Series:** Click [HERE](#) to learn more Info

Email Coach Matt for more info [mtroquille@gmail.com](mailto:mtroquille@gmail.com)

**Nu Wave Swim Meet – Travel Meet** – This is our Summer 2020 Travel Meet, which is open to ALL swimmers on the team. 11&over swimmers will travel with the coaches and chaperones. 10 &under swimmers are welcome to attend but they must travel with their parents. The documents attached to the event page include: meet announcement, order of events, and a estimation of the costs for each swimmer. \*Costs may change depending on number of swimmers attending and final travel expenses.

If interested please **commit by April 1st, 2020**, so we can finalize total cost.

Itinerary & Preliminary Price Info [HERE](#)  
Event Info and signup [HERE](#)

**Sharks For Sale or Trade** – Our for sale or trade page is back up and running [HERE](#).

Do you have equipment (such as fins, kickboards or bags) or swim attire such as parkas or competition suits that your swimmer no longer uses or fits, but still has plenty of life in it? You can turn it into cash by posting it on our For Sale or Trade page.

**Qualifiers**  
**Age Group Champs**

Tristan Arghiropol, Peyton Becker, Ellie Burke, Emery Fitzharris, Ayden Hilliard, Hayden Holcomb, Edi Jakob, Andi Jeanes, KK LeBlanc, Cameron Lowman, Paige McCray, Selim Mahmoud, Nicole Medina, Emma Vestal, Evan Vidinha, Gabi Volpe

**Tags**

Peyton Becker, KK LeBlanc, Gabi Volpe

**Sectionals**

Peyton Becker, Kara Boemio, Anjali Friedman, Leah Givens, David Hensley, Joseph Lukner, Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Allie Vidinha, Jordyn Waters, Erika Yeguez

**Southern Senior Zones**

Stevie Balistreri, Peyton Becker, Elaine Bentley, Kara Boemio, Lauren Fitzharris, Emery Fitzharris, Anjali Friedman, Leah Givens, David Hensley, Andi Jeanes, KK LeBlanc, Alex Linden, Joseph Lukner, Spencer Meyers, Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Jordyn Waters, Erika Yeguez

**NCSA's**

Maven Moore, Sarah Szklaruk-Traipe, Erika Yeguez

**Sharks All Time Top Performances**(updated 9/16/19)

<b>Team Records</b>	<a href="#">Short Course Yards</a>	<a href="#">Long Course Meters</a>
<b>Top 10 Individual</b>	<a href="#">Short Course Yards</a>	<a href="#">Long Course Meters</a>
<b>Top 5 Relays</b>	<a href="#">Short Course Yards</a>	<a href="#">Long Course Meters</a>

[USA Motivational Time Standards for 2017-2020](#)  
[Age Group Champs Time Standards 2019-2020](#)  
[TAGS Time Standards 2020](#)

[NCSA Jr. National Standards 2020](#)  
[Sectional Time Standards 2020](#)  
[Southern Senior Zones Time Standards 2017-2020](#)

