



[Upcoming Events](#)

Click to view Meet Announcement & other important information if available!

Swim Meets have returned!

July Training Schedule

(updated 07/05/20)

*** We will be offering an August training program, tentatively after 4:45 pm time frame, once school starts, plus Sat am. for some groups, along with continued dry-land

Only "Changes" to normal practice schedule will be listed – if schedule is normal it will NOT be listed below.

Parents – Please review the Updated COVID policy and go over with your swimmer as well [HERE](#).

Zoom Drylands:

Sr Perf & Sr: Mon, Wed, Fri 4:30pm-5:30pm

Coach Matt Zoom # 971-241-3075, Password 665972

All Ages Zoom Drylands Monday – Thursday 4:00pm-4:30pm:

10 & Unders: (new number)

Coach Dacia – Zoom # 605-075-0665, Password 4Sharkssc

11 & Over:

Coach Troy – Zoom # 743-2735-0896, Password 017292

Virtual Meets – This week's Itinerary [HERE](#)

Wednesday July 15th – M,W,F Exploratory & Exploratory Advance & Challenge Groups meet.

Thursday July 16th – T,Th, Sat Exploratory, Disc. Advance & Pre-Senior groups meet.

Discovery Pre-Team will have meet during Friday practice. (Arrive 10:05am-10:15am Dry, 10:15-10:25 Swim, 10:30am-10:45am meet)

Friday July 17th – Sr Perf & Senior during practice – see below for adjustments to times.

Always be prepared for dryland with running shoes & dryland clothes

Thu Jul 16th Lake Swim – Lake Longhorn – Coach Lou will be there 8:45am. Challenge, Exploratory Adv, Pre-Senior & Senior invited. \$10 admission. Buoy required.

Virtual Meet #1 Wed Jul 15th-Thu Jul 16th – Pre-Senior, Challenge, Expl & Expl Adv, Disc. Adv groups only.

Swim Meet During practice times this week.

Timing Signup: [HERE](#)

Please see meet itinerary [HERE](#) (Discovery Pre-Team meet during practice Friday)

Friday July 17th – Sr Perf & Sr. Swim Meet – see page 3 for schedule adjustment.

Virtual Meet #2 Wed Jul 29th – Thu Jul 30 Swim Meet & Tie Dye – All groups need to commit to attend. Add t-shirt size in comments if you wish to participate in the dye. Commit [HERE](#) by Jul 16th

Virtual Meet #3 – TBD

Gulf Swimming Virtual Meet Schedule using Swimmingly App [HERE](#)

For Sale or Trade Page [HERE](#)

Important Deadlines

Tie Dye Meet (for t-shirt) – July 16th

Swimmingly Roster ID – Please write your swimmer’s unique ID from Swimmingly on both upper arms for their virtual meet.

Roster [HERE](#)



Coaches Corner: [Struggling on Purpose](#)

Drop Off & Pickup Notes for Magnolia Creek: Please remember **No parking on Spring Canyon.**

Download the On Deck app: This is our only method of communicating practice alerts for use of outdoor pools.



Team Alias: GUTXSST

Swim School – Registration is now OPEN for Small group and private lesson options through July. Click [HERE](#)

Summer Squad families join our Remind Group for alerts
Class code: sssharks20

Sign up for tryouts for New swimmers [HERE](#)

Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)

Sharks Youtube channel [HERE](#)

Timers needed for Virtual Meet – We will be having our first virtual meet for the following groups: Discovery Advance, Exploratory, Exploratory Advance, Challenge and Pre-Senior tomorrow, Wednesday July 15th or Thursday July 16th.

We are in need of 6 timers per meet session. Please sign up [HERE](#)

July Birthdays Age-Date

Cameron Lowman	10 – 3 rd
Mercer Grundman	7 – 5 th
Caitlyn Alley	8 – 5 th
Sarah Szklaruk-Traipe	18 – 6 th
Sky Crespo	10 – 6 th
Audrey McRae	15 – 12 th
Noah Casey	8 – 12 th
Andrew Sugunan	11 – 12 th
Leah Givens	16 – 12 th
Jayden Dickamore	8 – 13 th
Aleissia Shutts	11 – 13 th
Camryn Thurman	12 – 13 th
Garrett Priddy	15 – 14 th
Sofia Hernandez	12 – 14 th
David Szklaruk-Traipe	16 – 14 th
Levi Puckett	10 – 15 th
Inaaya Hassan	6 – 16 th
Ellie Burke	15 – 18 th
Emily Little	17 – 18 th
Edi Jakob	13 – 26 th
Bailey Clayton	11 – 27 th
Streeter Moore	10 – 27 th
Nika Golabian	11 – 27 th
Lyna Le	11 – 27 th
Levi Albright	10 – 28 th

Senior Performance & Senior Group Virtual Meet:

During practice Friday July 17th:

Senior Performance arrive 5:45am – set up pool

Swim 6:00am – 6:40am, followed by yoga in parking lot.

Senior arrive 6:15am – yoga 6:15am-6:40am

6:40am – 7:20am Swim

Swim meet both groups 7:20am – 8:00am – Swimmers please Download Swimmingly app so that you can time for each other.



Qualifiers Age Group Champs

Tristan Arghiroopol, Ellie Burke, Emery Fitzharris, Ayden Hilliard, Hayden Holcomb, Edi Jakob, Andi Jeanes, KK LeBlanc, Cameron Lowman, Paige McCray, Selim Mahmoud, Nicole Medina, Streeter Moore, Hayden Nielsen, Andrew Sugunan, Lauren Tillman, Emma Vestal, Evan Vidinha, Gabi Volpe

Tags

KK LeBlanc, Gabi Volpe 11/12 Girls 200 Free Relay: Gabi Volpe, KK LeBlanc, Abigail Lowman, Edi Jacob

Sectionals

Stevie Balistreri, Peyton Becker, Kara Boemio, Anjali Friedman, Leah Givens, David Hensley, Joseph Lukner, Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Allie Vidinha, Jordyn Waters, Erika Yeguez

Southern Senior Zones

Stevie Balistreri, Peyton Becker, Elaine Bentley, Kara Boemio, Lauren Fitzharris, Emery Fitzharris, Anjali Friedman, Leah Givens, David Hensley, Andi Jeanes, KK LeBlanc, Alex Linden, Joseph Lukner, Paige McCray, Spencer Meyers, Maven Moore, Abigail Nelson, Lauren Tillman, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Jordyn Waters, Erika Yeguez

NCSA's

Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Erika Yeguez

Sharks All Time Top Performances (updated 3/24/20)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top Relays	Short Course Yards	Long Course Meters

[USA Motivational Time Standards for 2017-2020](#)

[Age Group Champs Time Standards 2019-2020](#)

[TAGS Time Standards 2020](#)

[NCSA Jr. National Standards 2020](#)

[Sectional Time Standards 2020](#)

[Southern Senior Zones Time Standards 2017-2020](#)