



July Training Schedule

(updated 07/05/20)

*** We will be offering an August training program, tentatively after 4:45 pm time frame, once school starts, plus Sat am. for some groups, along with continued dry-land

Only "Changes" to normal practice schedule will be listed – if schedule is normal it will NOT be listed below.

Please see Tie Dye meet Itinerary for any changes to arrival times.

Parents – Please review the Updated COVID policy and go over with your swimmer as well [HERE](#).

Zoom Drylands:

Sr Perf & Sr: Mon, Wed, Fri 4:30pm-5:30pm

Coach Matt Zoom # 971-241-3075, Password 665972

All Ages Zoom Drylands Monday – Thursday 4:00pm-4:30pm:

10 & Unders:

Coach Dacia – Zoom # 605-075-0665, Password

4SharksSC

(password is case specific)

11 & Over:

Coach Troy – Zoom # 743-2735-0896, Password 017292

Always be prepared for dryland with running shoes & dryland clothes

2020-2021 Pre-Registration is now open! Click [HERE](#) to see the Pre-registration letter. Space is limited within groups.

Schedule for remainder will be forthcoming for swim after August 8th. Schedule will be similar to our normal after school schedule, with minor adjustments based on lane availability.



Upcoming Events

Click to view Meet Announcement & other important information if available

2020-2021 Registration Is Open!

Pre-Registration for 2020-2021 is now open through Thursday, July 30th. Click [HERE](#) to read the registration letter.

Click [HERE](#) to pre-register your swimmer.

Virtual Meet #2 Wed Jul 29th – Thu Jul 30
Swim Meet & Tie Dye for team groups.
More Info – Itinerary [HERE](#)

Summer Squad tie dye next week!

Volunteers needed for both timing at each practice session and for assistance with tie dye. Signup [HERE](#). Masks needed by helpers, gloves provided for tie dye.

Thu Jul 30th Lake Swim – Lake Longhorn – Coach Lou will be there 8:45am.

Jul 30-31 – Short Course End of Season Awards during practice/meet – see page 2 for details.

Gulf Swimming Virtual Meet Schedule using Swimmingly App [HERE](#)

For Sale or Trade Page [HERE](#)

Swim Lessons are Back!! Click [HERE](#)

Important Deadlines

July 30 - Pre-Registration 2020-2021 Ends

Short Course End of Season Awards:

Exploratory, Expl. Adv, Challenge, Pre-Senior, Senior & Senior Performance groups – End of season award presentation during tie dye meets & practice Thursday/Friday.

Thursday - Exploratory Tue/Thur group during practice
Friday – Expl Adv – Sr. Performance groups during their practices.

Please have swimmers wear/bring their Sharks sponsorship shirt for group pictures (will be taken from lifeguard stand to allow for swimmer distancing.
(Back up dates of Mon/Tue Aug 3-4 if weather does not permit this week)

Tie Dye Meet Schedule: (Shirts for those swimmers that signed up with size in commitment)

Timers & Tie Dye adult helpers needed – signup [HERE](#)

Schedule:

Wednesday July 29th

7:45 to 8:00- Expl. Adv Drylands
8:00 to 8:30 Expl. Adv Practice
8:15 to 8:30 Expl. (M/W/F) Drylands
8:30 to 9:00 Expl.(M/W/F) Practice
9:00 to 10:00 Expl. Adv/ Expl (M/W/F) Swim Meet
10:00 to 10:15 Tie Dye

1:15 to 1:30 Challenge Drylands
1:30 to 2:00 Challenge Practice
2:00 to 3:00 Challenge Swim Meet
3:00 to 3:15 Tie Dye

Thursday July 30th

7:45 to 8:00- Expl.(T/Th/Sat) Drylands
8:00 to 8:30 Expl.(T/Th/Sat) Practice
8:15 to 8:30 Disc. Adv Drylands
8:30 to 9:00 Disc. Adv Practice
9:00 to 10:00 Expl (T/Th/Sat)/ Disc. Adv Swim Meet
10:00 to 10:15 Tie Dye

1:15 to 1:30 Pre Senior Drylands
1:30 to 2:00 Pre Senior Practice
2:00 to 3:00 Pre Senior Swim Meet
3:00 to 3:15 Tie Dye

Friday July 31st

5:45 to 6:00 Senior Perf. Set Up
6:00 to 6:40 Senior Perf Practice
6:15 to 6:40 Senior Drylands
6:40 to 7:20 Senior Practice
7:20 to 8:00 Senior/Senior Perf. Meet
8:00 to 8:15 Tie Dye



July Birthdays Age-Date

Cameron Lowman	10 – 3 rd
Mercer Grundman	7 – 5 th
Caitlyn Alley	8 – 5 th
Levi Puckett	10 – 5 th
Sarah Szklaruk-Traipe	18 – 6 th
Sky Crespo	10 – 6 th
Audrey McRae	15– 12 th
Noah Casey	8– 12 th
Andrew Sugunan	11– 12 th
Leah Givens	16 – 12 th
Jayden Dickamore	8– 13 th
Aleissia Shutts	11– 13 th
Camryn Thurman	12– 13 th
Garrett Priddy	15 – 14 th
Sofia Hernandez	12 – 14 th
David Szklaruk-Traipe	16 – 14 th
Abigail Weatherall	10 – 14 th
Inaaya Hassan	6 – 16 th
Ellie Burke	15 – 18 th
Emily Little	17 – 18 th
Edi Jakob	13 – 26 th
Bailey Clayton	11 – 27 th
Streeter Moore	10 – 27 th
Nika Golabian	11 – 27 th
Lyna Le	11 – 27 th
Levi Albright	10 – 28 th

Aug Birthdays Age-Date

Loukas Arghiropol	7 – 2 nd
Lauren Vidinha	14 – 2 nd

Rest of Aug birthdays next week!

Drop Off & Pickup Notes for Magnolia Creek: Please remember No parking on Spring Canyon.

Download the On Deck app: This is our only method of communicating practice alerts for use of outdoor pools.



Team Alias: GUTXSST

Swim School – Registration is now OPEN for Small group and private lesson options through August 6th Click [HERE](#)

Summer Squad families join our Remind Group for alerts
Class code: sssharks20

Signup for tryouts for New swimmers [HERE](#)

Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)

Sharks Youtube channel [HERE](#)

Safe Sport/Minor Athlete Awareness Protection Policy

Sharks Swim Club is a USA Swimming recognized Safe Sport Team. This was achieved through parents & swimmers going through the USA Swimming athlete protection training.

In an effort to make the access to the training easier, Gulf Swimming, our LSC is offering bi-monthly zoom training for both swimmers and parents. The next training opportunities are:

Parent safe sport – Wednesday July 29th 7pm ct.

Athlete (aged 12-18) Thursday July 30th 7pm ct.

Each zoom is less than 1 hour long.

Click [HERE](#) to access the gulf website with the zoom links.

No need to register, set your alarm for your chosen zoom and Join on the date and time.

Sharks All Time Top Performances(updated 3/24/20)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top Relays	Short Course Yards	Long Course Meters

[USA Motivational Time Standards for 2017-2020](#)

[Age Group Champs Time Standards 2019-2020](#)

[TAGS Time Standards 2020](#)

[NCSA Jr. National Standards 2020](#)

[Sectional Time Standards 2020](#)

[Southern Senior Zones Time Standards 2017-2020](#)



**Qualifiers
Age Group Champs**

Tristan Arghriropol, Ellie Burke, Emery Fitzharris, Ayden Hilliard, Hayden Holcomb, Edi Jakob, Andi Jeanes, KK LeBlanc, Cameron Lowman, Paige McCray, Selim Mahmoud, Nicole Medina, Streeter Moore, Hayden Nielsen, Andrew Sugunan, Lauren Tillman, Emma Vestal, Evan Vidinha, Gabi Volpe

Tags

KK LeBlanc, Gabi Volpe 11/12 Girls 200 Free Relay: Gabi Volpe, KK LeBlanc, Abigail Lowman, Edi Jacob

Sectionals

Stevie Balistreri, Peyton Becker, Kara Boemio, Anjali Friedman, Leah Givens, David Hensley, Joseph Lukner, Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Allie Vidinha, Jordyn Waters, Erika Yeguez

Southern Senior Zones

Stevie Balistreri, Peyton Becker, Elaine Bentley, Kara Boemio, Lauren Fitzharris, Emery Fitzharris, Anjali Friedman, Leah Givens, David Hensley, Andi Jeanes, KK LeBlanc, Alex Linden, Joseph Lukner, Paige McCray, Spencer Meyers, Maven Moore, Abigail Nelson, Lauren Tillman, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Jordyn Waters, Erika Yeguez

NCSA's

Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Erika Yeguez