



[Upcoming Events](#)

Click to view Meet Announcement & other important information if available

[Training Schedule: \(click to view\)](#)

Only "Changes" to normal practice schedule will be listed – if schedule is normal it will NOT be listed below.

Physical group workouts are suspended through April. Daily Virtual drylands through Zoom with Coach (watch for changes as we resume practices)

10& Under Swimmers – 5pm Mon-Thurs – Coach Dacia
Zoom # 605-075-0665 – password – 4SharksSC

11 & Older Swimmers – 3:30-4:30pm Mon, Tues, Thu – Coach Matt - Zoom # 971-241-3075 – password – 665972

11 & Older Swimmers – 3:30-4:30pm Wed – Coach Troy
Zoom #743 2735 0896, password: 017292

Or:

5pm Mon-Thurs – Coach Matt

Zoom # 971-241-3075 – password - 665972

All swimmers – 5pm Friday for AMRAP Challenge

Zoom 971-241-3075 – password 665972

Google Classroom Code: bpxtqa6

Weekly group Zoom talks/learning with your coach – watch for changes on these as we return to practices.

Discovery Pre-Team/Disc. Adv/Exploratory: Thursday 4-4:30pm
Coach Dacia Zoom #605-075-0665 – password 4SharksSC

Exploratory Advance: Thursday: 10-10:30am – **CANCELED THIS WEEK**
Coach Lou Zoom #778-544-8086

Challenge: Thursday 9:15-9:45am – **CANCELED THIS WEEK**
Coach Lou Zoom #778-544-8086

Pre-Senior: Wednesday 4-4:30pm
Coach Matt Zoom #612-829-8220

Senior/Senior Perf: Wednesday 4:15-4:45pm change
Coach Kate & Coach Tim Zoom#971-241-3075

Always be prepared for dryland with running shoes & dryland clothes

Coaches want to see their Sharks!

Please send photos of daily drylands, challenges completed or how you are staying active to:

sharkscoachkate@gmail.com

Parent Meeting from May 2nd – Audio File [HERE](#)

Thu May 14th 3:30pm – Team building leadership opportunity for Pre-Senior, Senior or Senior Performance swimmers. Sign Up [HERE](#) (Zoom login info in event)

May 18th – Senior Perf & Senior Groups resume practice.

May 25th – All other groups resume practices.

June 1st – Summer Squad begins.

For Sale or Trade Page [HERE](#)

Birthday Parades! We will continue these while we are unable to meet – keep checking your email for details. If you haven't already participated – please consider doing so – they are so fun!

[Important Deadlines](#)
Each Swimmer MUST be registered through Health Policies event to return to practice

Coaches Corner:

Board Letter (4/28) [HERE](#)

Thank you to all that have already donated! Please consider donating if you are able!

If you wish to donate all or part of your training fees for May you may choose from the following two options:

1. Via paypal [HERE](#)

You can copy and paste the following link if the direct link does not work for you

https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=XWAVZY4DWAQA&source=url

2. Through the job signup [HERE](#)

(Donations are tax deductible)

Return to Practice Info:

Magnolia Creek Map Layout for drop off etc: [HERE](#)

May Practice Schedule: [HERE](#)

Tentative June Schedule [HERE](#)

ALL families/swimmers must register through the COVID Health Policies event [HERE](#) before returning to practice.

All families should download the On Deck parent app and log in to their Sharks account – team code: GUTXSST for important updates as we resume practices.

Signups through the google link will be emailed out 7:30pm Thursday May 14th.

Food Donation Drive: Two of our swimmers, Lauren & Emery Fitzharris, have set up the following to help the Galveston County Food Bank. See flyer for more info on how you can help! Please email alli_doty@yahoo.com to schedule drop off or pick up of food donation.



Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)

Sharks Youtube channel [HERE](#)

Log in to Sharks website and Covid-19 Tab for all info regarding google classroom, webinars etc.



May Birthdays

Age-Date

Skye Thompson	10 – 1 st
Abigail Lowman	13 – 4 th
Anjali Friedman	17 – 4 th
Benjamin Kulcsar	9 – 5 th
Jovan Stojkovski	11 – 13 th
Wyatt Hughes	6 – 14 th
Loralai Weatherall	12 – 14 th
Annaliese Hughes	9 – 15 th
Gabi Volpe	13 – 15 th
Birsu Diker	8 – 18 th
Chase Ferguson	17 – 17 th
Sam Wilderman	9 – 19 th
James Henley	8 – 25 th
Jeslyn Do	9 – 25 th

Congrats to Our Winners:

AMRAP Week 5

8&Under:

Kivy Moore

9&10's:

Evan Vidinha

11&12's:

Mark Argyelan & Noah Givens

13&14's:

Paige McCray

15 & older:

Tanner Howse (SSAN)

Coaches:

Ross Davis (SSAN)

COVID-19 AMRAP Challenge!

How it Works?

Will take place each Friday during the normal dryland Zoom call. Swimmers may also do early and then submit their numbers to Coach Troy

Rules.

- 1) Challenge must be done on Friday either with the zoom Drylands or under adult supervision
- 2) Athlete must have counter for challenge
- 3) Results MUST BE entered into google sheets and document by Sunday at Noon. (email to Coach Troy) Results will be announced Sunday evening.
- 4) Any questions can be directed to Coach Troy, sharkscoachtroy@gmail.com

Week 6 Challenge: "Core Blaster" Friday May 15th



Qualifiers

Age Group Champs

Tristan Arghiropol, Ellie Burke, Emery Fitzharris, Ayden Hilliard, Hayden Holcomb, Edi Jakob, Andi Jeanes, KK LeBlanc, Cameron Lowman, Paige McCray, Selim Mahmoud, Nicole Medina, Streeter Moore, Hayden Nielsen, Andrew Sugunan, Lauren Tillman, Emma Vestal, Evan Vidinha, Gabi Volpe

Tags

KK LeBlanc, Gabi Volpe 11/12 Girls 200 Free Relay: Gabi Volpe, KK LeBlanc, Abigail Lowman, Edi Jacob

Sectionals

Stevie Balistreri, Peyton Becker, Kara Boemio, Anjali Friedman, Leah Givens, David Hensley, Joseph Lukner, Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Allie Vidinha, Jordyn Waters, Erika Yeguez

Southern Senior Zones

Stevie Balistreri, Peyton Becker, Elaine Bentley, Kara Boemio, Lauren Fitzharris, Emery Fitzharris, Anjali Friedman, Leah Givens, David Hensley, Andi Jeanes, KK LeBlanc, Alex Linden, Joseph Lukner, Paige McCray, Spencer Meyers, Maven Moore, Abigail Nelson, Lauren Tillman, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Jordyn Waters, Erika Yeguez

NCSA's

Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Erika Yeguez

Sharks All Time Top Performances (updated 3/24/20)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top Relays	Short Course Yards	Long Course Meters

[USA Motivational Time Standards for 2017-2020](#)

[Age Group Champs Time Standards 2019-2020](#)

[TAGS Time Standards 2020](#)

[NCSA Jr. National Standards 2020](#)

[Sectional Time Standards 2020](#)

[Southern Senior Zones Time Standards 2017-2020](#)