



[Training Schedule: \(click to view\)](#)

Only "Changes" to normal practice schedule will be listed – if schedule is normal it will NOT be listed below.

PLEASE NOTE – STEVENSON PARK POOL IS HEATED IN PREPARATION FOR SHARKS PRACTICES. ALL PRACTICES ARE AT FRIENDSWOOD NATATORIUM, UNLESS OTHERWISE NOTED

Schedule Changes for Week of Nov 25th:

Wed Nov 27th -

AM: (For families traveling Wednesday, NOT a DOUBLE unless requested by your Coach)

Sr. & Sr. Perf – 7:00am-9:45am (last 45 min dry)
Challenge & Pre-Sr – 7:30am-9:20am (last 20 min dry)

PM: Sr. & Sr. Perf – 4:45pm-7:00pm
Expl Adv, Challenge, Pre-Senior – 6:00pm-7:45pm
Exploratory & Discovery Advance: 4:45pm-6:15pm
Masters: 6:50pm-8:00pm

**Thu Nov 28th – NO PRACTICE ANY GROUP
HAPPY THANKSGIVING**

Fri Nov 29th – Disc Pre-Team & Disc. Adv: 4:45pm-6:15pm

Sat Nov 30th – Discovery Pre-Team 10:00am-11:15am
Discovery Advance 9:30am-11:15am

Schedule Changes for Week of Dec 2nd

Tue Dec 3rd – STEVENSON PARK POOL

Sr. Perf – 4:30pm-6:45pm
Senior – 5:45pm-8:15pm
Pre-Senior – 6:30pm-8:15pm
Challenge – 6:25pm-8:00pm
Exploratory Adv – 4:45pm-6:15pm
Discovery Adv – 5:30pm-6:25pm
Discovery Pre-Team – 4:50pm-5:30pm
Masters – NO practice

Sat Dec 7th - Discovery Advance 9:30am-11:15am

Always be prepared for dryland with running shoes & dryland clothes



[Upcoming Events](#)

Click to view Meet Announcement & other important information if available!

Dec 5-8th – Southern Senior Championships – (TWST) – Qualifying Senior Swimmers
Final Entries [HERE](#)

Dec 6-8th – Age Group Champs (Texas A&M) – Qualifying Swimmers
Final Entries [HERE](#)

Dec 6-8th – 13 & Over Champs –
Location - TBD by Gulf
Final Entries [HERE](#)

Dec 14-15th – 12 & Under Champs –
Location – TBD by Gulf
Final Entries [HERE](#)

[Important Deadlines](#)

**Aqua 11 & Over Prelim/Final –
Dec 16th**

**Sails 10 & Under MLK Invite – Dec
18th**

Coaches Corner: [The Elements of Learning](#)

Sharks Safe Sport Recognition Click [HERE](#) to read letter

Amazon Smile – Don't forget to add Sharks Swim Club as your chosen charity before your black Friday shopping!



Kroger Rewards – If you haven't done so already, you can add Sharks Swim Club as your community rewards partner when you shop at Kroger – to learn more click [HERE](#)



Sharks Christmas Toy Drive – Benefitting Friendswood Police Department - Blue Santa Program!

Please see the attached flyer [HERE](#). We will have a box for collecting toys and gift cards beginning December 2nd. Gifts are always easiest to buy for the younger ones but let's not forget the older children and teens.



Nov Birthdays Age-Date

Trent Conlon	6 – 3 rd
Ethan Ellington	9 – 5 th
Ishan Pendyala	12 -- 6 th
William Esbeck	9 -- 11 th
Addison Ho	7 -- 19 th
Steffan Ivanoff	8 – 21 st
Nate Henderson	12 – 21 st
Elleri Chari	5 – 23 rd
Kathrin Dickamore	10 – 25 th
Lauren Tillman	13 – 27 th



Sharks Clinic Series: Introducing the Sharks Swim Club Clinic Series! The clinics are open to all athletes 4 yrs & older who would like to improve their swimming technique and fitness. The different clinic series will be: Fall, Winter, and Spring Tune Up. Sign up for all 3 at once and receive a \$20 discount.

Click [HERE](#) to learn more info

Email Coach Matt for more info mtroquille@gmail.com

GIVE THE GIFT OF NEW SKILLS!

This holiday season, skip the usual presents and gift an experience. Swim lessons at the Sharks Swim School bring new skills, more confidence & FUN with friends. Order your gift box today!

<p>Group Lesson Pack: \$225</p> <p>2 months of lesson • annual reg fee • Sharks T-shirt • cap</p>	<p>Private lesson pack \$200</p> <p>6 private lessons • reg fee • Sharks t shirt • cap</p>
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www.sharks-swim-club.org 281-400-1175

Sharks Swim School is open for registration for the Fall. Classes are available both mornings and afternoons at Friendswood High School. Click [HERE](#) to learn more and register

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Sharks All Time Top Performances(updated 9/16/19)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top 5 Relays	Short Course Yards	Long Course Meters

[USA Motivational Time Standards for 2017-2020](#)
[Age Group Champs Time Standards 2018-2019](#)
[TAGS Time Standards 2019](#)

[NCSA Jr National Time Standards 2019](#)
[Sectional Time Standards 2019](#)

Qualifiers

Age Group Champs

Tristan Arghiroopol, Peyton Becker, Elaine Bentley, Ellie Burke, Caden Cupisz, Emery Fitzharris, Andi Jeanes, KK LeBlanc, Alex Linden, Cameron Lowman, Paige McCray, Spencer Meyers, Emma Vestal, Allie Vidinha, Evan Vidinha, Gabi Volpe

Southern Senior Champs

Alejandra Acosta, Stevie Balistreri, Peyton Becker, Elaine Bentley, Kara Boemio, Ellie Burke, Emery Fitzharris, Lauren Fitzharris, Anjali Friedman, Leah Givens, David Hensley, Katie Hillegeist, Andi Jeanes, Elliot Kessler, Alex Linden, Joseph Lukner, Spencer Meyers, Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Lauren Vidinha, Gabi Volpe, Jodyrn Waters, Erika Yeguez

Tags

Andi Jeanes, Lauren Vidinha, Gabi Volpe, Peyton Becker

Sectionals

Peyton Becker, Kara Boemio, Anjali Friedman, Leah Givens, David Hensley, Joseph Lukner, Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Allie Vidinha, Jordyn Waters, Erika Yeguez

Winter Junior Nationals

Sarh Szklaruk-Traipe

