



[Upcoming Events](#)

Click to view Meet Announcement & other important information if available

[Training Schedule: \(click to view\)](#)

Only "Changes" to normal practice schedule will be listed – if schedule is normal it will NOT be listed below.

**PLEASE NOTE – STEVENSON PARK POOL IS HEATED IN PREPARATION FOR SHARKS PRACTICES.**

**Schedule Changes Week of Nov 4<sup>th</sup>**

**Friday November 8<sup>th</sup> – Stevenson Park Pool**

Senior & Senior Perf: 4:30pm – 6:45pm  
Exploratory: 4:45pm – 6:15pm  
Pre-Senior, Challenge, Expl Adv: 6:10pm-8:00pm

**Schedule Changes Week of Nov 11<sup>th</sup>**

**Friday November 15<sup>th</sup> – Stevenson Park Pool**

Senior & Senior Perf: 4:30pm – 6:45pm  
Exploratory: 4:45pm – 6:15pm  
Pre-Senior, Challenge & Expl. Adv: 6:10pm – 8:00pm

*\*Always be prepared for dryland with running shoes & dryland clothes\**

**Championship Meets:**

Swimmers in Sr. Perf, Senior, Pre-Senior, Challenge, Expl. Adv & Expl groups will be automatically entered into their qualifying championship.

Swimmers in Discovery Advance group are invited to participate in the 12 & Under Championship meet Dec 13-15 – Declare [HERE](#) Be sure to "save" after you have committed your swimmer.

**Sharks Masters Program – Program has resumed – Practices are Monday-Thursday 7:50pm – 8:50pm (First ten minutes dryland/warmup)** Interested in our Masters program? Learn more about it [HERE](#)

**Nov 9<sup>th</sup>-10<sup>th</sup> – Sharks Hosted Invitational Final Entries** [HERE](#) (revised)  
Itinerary [HERE](#)  
Psych Sheet AM, Heat Sheet PM [HERE](#)  
Job Signup [HERE](#)  
Concessions/Hospitality Signup [HERE](#)

**Nov 23<sup>rd</sup> – 1<sup>st</sup> Annual Sharks Quad Meet 10am – 12Noon**

TEAM BLACK TEAM BLUE  
TEAM GREY TEAM WHITE

All committed swimmers will be divided into 4 teams for a morning of FUN racing. The BIG Sharks will help organize the teams and **lead them to victory**. If your swimmer would like to participate, commit YES so we can have them on a team. Late entries will be accepted.

**Official Big Shark-Little Shark Day –** Declare [HERE](#) -Commit YES to attend ALL SHARKS invited!

**Important Deadlines**

**Nov 5<sup>th</sup> – Age Group Champs**

**Nov 9<sup>th</sup> – Southern Senior Champs & Senior (13 & Over) Champs**

**Nov 15<sup>th</sup> – 12 & Under Dec Champs**

## Sharks Hosted Meet Nov 9/10 – From Head Coach Tim Hill:

Parents - With over 130 Shark swimmers in the meet, it is really helpful that each family step and volunteer, give back for minimum of 1 shift per day – this is only half of an am or pm session, so that we can run a successful event, that benefits all our members.

We only host a few meets a year and it is not our desire to ask our swimmers to work these events or put the burden on fewer members. Even if you child isn't swimming this meet, please consider helping a little. We have a history of running quality meets and our coaching staff would be extremely grateful if we can get a small percentage/few hours of each family efforts versus a lesser % doing most of the volunteering.

Thank you in advance for showing your children what giving back a little of your time/effort means. If you have any constructive feedback please feel free to talk with me- Coach Tim at the meet this week-end when I'm visiting with folks during much of the meet.

**Any remaining positions at 9pm tonight will be assigned to those not already signed up. You may also be assigned multiple shifts if your swimmer is participating in both days.** Sign up NOW to get your preferred position, as once these positions have been assigned it will be your responsibility to arrange for any changes or switches. **Sign up [HERE](#)**

We are still in need of monetary donations for the hospitality/concessions. This is a very large meet with many coaches and officials in addition to the families from our team and other teams in the area. The hospitality/concessions coordinators will go and purchase the needed items for both days. Each slot is worth \$10 and will be invoiced to your account. **Signup [HERE](#)**

**Open Water Meet** – 22 Sharks braved the open water swim Sunday, October 27<sup>th</sup>. They were: Ellie Burke, Lili Clepper, Olivia Esbeck, Leah Givens, David Hensley, Katie Hillegeist, Hayden Holcomb, Edi Jakob, Elliot Kessler, Alice Koncaba, KK LeBlanc, Cameron Lowman, Vanessa Marsh, Nicole Medina, Spencer Meyers, Lilly Migl, Braylynn Moore, Maven Moore, Streeter Moore & Andrew Sugunan.

Placing top 6 in their age group divisions for the 800 Free were Leah Givens, David Hensley, Hayden Holcomb, Edi Jakob, KK LeBlanc and Cameron Lowman. For the One Mile swim Ellie Burke placed 1<sup>st</sup> and Elliot Kessler placed 10<sup>th</sup>. Competing in the 2 mile swim were Maven Moore (5<sup>th</sup>), Leah givens, (7<sup>th</sup>), David Hensley & Spencer Meyers.

**IMR & IMX – USA Swimming** IM Xtreme is a program that allows USA Swimming members to track their times (or coaches to track their team's times) against swimmers all across the nation! Just by swimming a specific program of events, you can see where you rank against your teammates, your region and yes, even across the USA! Learn more about it [HERE](#)

[SCY IMR Report](#)   [SCY IMX Report](#)   As of 10/29/19



<u>Nov Birthdays</u>	<u>Age-Date</u>
Trent Conlon	6 – 3 <sup>rd</sup>
Ethan Ellington	9 – 5 <sup>th</sup>
Ishan Pendyala	12 -- 6 <sup>th</sup>
William Esbeck	9 -- 11 <sup>th</sup>
Addison Ho	7 -- 19 <sup>th</sup>
Steffan Ivanoff	8 – 21 <sup>st</sup>
Nate Henderson	12 – 21 <sup>st</sup>
Elleri Charl	5 – 23 <sup>rd</sup>
Kathrin Dickamore	10 – 25 <sup>th</sup>
Lauren Tillman	13 – 27 <sup>th</sup>

**Sharks Clinic Series:** Introducing the Sharks Swim Club Clinic Series! The clinics are open to all athletes 4 yrs & older who would like to improve their swimming technique and fitness. The different clinic series will be: Fall, Winter, and Spring Tune Up. Sign up for all 3 at once and receive a \$20 discount.

**Fall Clinic series: November - December - \$60** Dates: 11/2, 11/16, 11/30, 12/7, 12/21. \*includes swimming in the 11/23 Quad Meet

**Winter Clinic series: January- March - \$90** Dates: 1/4, 1/18, 1/25 (tbd), 2/1, 2/8, 2/15, 2/22, 2/29, 3/7

**Spring Tune Up: March (after Spring Break- April) - \$50** Dates: 3/21, 3/28, 4/4,4/11,4/18

- Sign up for all 3 at once and receive a \$20 discount, **Total- \$180**
- **Registration is open to swimmers who have previously swam in our Summer or Fall Squad programs. New swimmers interested in the clinics need to complete a swim skill test prior to registering.**
- **REGISTER ONLINE ON SHARKS WEBSITE USING THE SHARKS CLINIC SERIES BUTTON ON THE HOME PAGE!**



Sharks Swim School is open for registration for the Fall. Classes are available both mornings and afternoons at Friendswood High School. Click [HERE](#) to learn more and register. Sharks Swim School is open for registration for the Fall. Classes are available both mornings and afternoons at Friendswood High School. Click [HERE](#) to learn more and register.

### Qualifiers

#### Age Group Champs

Tristan Arghiropol, Peyton Becker, Elaine Bentley, Ellie Burke, Caden Cupisz, Emery Fitzharris, Andi Jeanes, KK LeBlanc, Alex Linden, Paige McCray, Spencer Meyers, Emma Vestal, Allie Vidinha, Evan Vidinha, Gabi Volpe

#### Southern Senior Champs

Alejandra Acosta, Stevie Balistreri, Peyton Becker, Elaine Bentley, Kara Boemio, Ellie Burke, Emery Fitzharris, Lauren Fitzharris, Anjali Friedman, Leah Givens, David Hensley, Katie Hillegeist, Andi Jeanes, Elliot Kessler, Alex Linden, Joseph Lukner, Spencer Meyers, Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Lauren Vidinha, Gabi Volpe, Jodyrn Waters, Erika Yeguez

#### Tags (4)

Andi Jeanes, Lauren Vidinha, Gabi Volpe, Peyton Becker

#### Sectionals (12)

Allie Vidinha, Joseph Lukner, Peyton Becker, Anjali Friedman, Maven Moore, Sarah Szklaruk-Traipe, Jodyrn Waters, Leah Givens, Erika Yeguez, Abigail Nelson, Kara Boemio, David Hensley

### Sharks All Time Top Performances(updated 9/16/19)

Team Records	<a href="#">Short Course Yards</a>	<a href="#">Long Course Meters</a>
Top 10 Individual	<a href="#">Short Course Yards</a>	<a href="#">Long Course Meters</a>
Top 5 Relays	<a href="#">Short Course Yards</a>	<a href="#">Long Course Meters</a>

[USA Motivational Time Standards for 2017-2020](#)  
[Age Group Champs Time Standards 2018-2019](#)  
[TAGS Time Standards 2019](#)

[NCSA Jr National Time Standards 2019](#)  
[Sectional Time Standards 2019](#)