



[Upcoming Events](#)

Click to view Meet Announcement & other important information if available

[Training Schedule: \(click to view\)](#)

Only "Changes" to normal practice schedule will be listed – if schedule is normal it will NOT be listed below.

Schedule Changes Week of Oct 14th

Thursday Oct 17th - Stevenson Park Pool

Sr. Perf (ONLY) 4:45pm – 7:15pm (due to Middle school tryouts) All other groups at Natatorium

Saturday Oct 19th

Sr. Perf, Senior & Pre-Senior Invited:
7am-10:15am (dry 7am – 8am)
Challenge 9:30 – 11:30am (1st 30 mins dry)
Expl & Expl A. 11 & Up 9:30am – 11:30am (1st 30 mins dry)

All 10 & Unders at Aqua Meet

Schedule Changes Week of Oct 21st

Friday Oct 25th – Stevenson Park Pool

Sr. Perf & Senior 4:30pm – 6:45pm
Exploratory 4:45-6:15pm
Pre-Senior 6:10pm – 8pm
Challenge 6:10pm – 8pm
Expl. Advance 6:10pm – 8pm

Schedule Changes Week of Oct 28th

Thursday Oct 31st

Senior Groups 5pm – 7pm
Expl & Disc. Groups 4:45-6pm

Always be prepared for dryland with running shoes & dryland clothes

Oct 19-20 – 10&Under Aqua Invite

Final Entries [HERE](#)

Timing Signup [HERE](#)

Itinerary [HERE](#)

Oct 26th – Big Shark-Little Shark Glow Practice!

Oct 27th – Rice Open Water – Twin

Lakes Manvel

Final Entries [HERE](#)

Open Water All Star Team Selection

Info [HERE](#)

Nov 2nd-3rd - SHAC Senior Invite

Preliminary Entries [HERE](#)

Nov 9th-10th – Sharks Hosted Invitational

Declare/Opt Out [HERE](#)

Nov 23rd – Sharks Quad Meet – Official

Big Shark-Little Shark Day – Declare

[HERE](#)

Meet results from the Oct 5 Intrasquad Meet. Good Job to everyone who participated and THANKS to all the parents that helped make it a successful morning. The coaching staff is working on the group assignments and programming for Fall Squad swimmers interested in swimming through the winter. Please contact Coach Matt or Coach Kate if you're interested in swimming year-round. Coach Kate: sharkscoachkate@gmail.com
Coach Matt: mtroquille@gmail.com

Coaches Corner- [Team SCY Goals & Move Up Criteria for each Group](#)

Capital Sponsorship Campaign –

Once again, we would like to extend a BIG thank you to the following all Sharks families for helping raise over \$15,000 for our 2019-2020 sponsorship campaign. In particular, we would like to thank the families of the following swimmers: Rob Gulledge, Noah Casey, Edi & Cash Jakob, Addyson, Michael & Dax Moad, Abel Kruger, Alex Linden, Clara McGarvey, Spencer Meyers, Olivia & William Esbeck, David Hensley, Olivia, Ben & Corbin Kulcsar, Alice Koncaba, Aditi Abbaraju, Andi Jeanes, Addison Durow, Skye & Scarlett Thompson, Tanner & Grace Goins, Matthew, Mason & Addison Ho, Levi Puckett, Jordyn Waters, Emery & Lauren Fitzharris, KK LeBLanc, Andrew Sugunan, Gabi Volpe, Jared & Keith Remington & Katie Hillegeist.

We SO appreciate the hard work and pounding the pavement by many of you! As you know, the money raised benefits our team directly, including

- Purchasing a new set of Swim Ears 2.0 (underwater headsets for use by the swimmers and coaches). Ask your swimmers if they have used them yet!!
- Offsetting costs for a team building event for senior swimmers at Camp Cullen in Trinity, TX. It was a full day of activities, bonding and goal setting for our seniors.

And finally...the winner of our raffle for bringing in a donation amount of \$500 or more is... Abel Kruger!!

Aqua 10 & Under Invite – Timing assignments are up for this weekend's 10 & Under meet. (See above under event to sign up) Timing will remain open through Wednesday evening. Any remaining positions Thursday am will be assigned to those participating but not signed up to time or officiate.

Important Deadlines

**Oct 15 – Opt In/Out Sharks Hosted
Nov Meet**



Oct Birthdays

Age-Date

Abel Kruger	8 -- 2 nd
Layla Webb	10 -- 2 nd
Andi Jeanes	13 -- 3 rd
Aisling Finnerty	9 – 4 th
Hannah Giles	14 -- 4 th
Tyler Gianocarò	14 -- 5 th
Ava Ariss	16 -- 10 th
Jared Remington	12 - 13 th
Pallas Pinkoski	12 -- 13 th
Azalea Parkhurst	13 -- 20 th
Katie Hillegeist	16 -- 22 nd

Senior Performance & Senior Training Trip to Nebraska & Olympic Trials – Deadline to Commit is **TODAY**

Click [HERE](#) to see more information & Sign up

Sharks Masters Program – Program has resumed – Practices are Monday-Thursday 7:50pm – 8:50pm (First ten minutes dryland/warmup) Interested in our Masters program? Learn more about it [HERE](#)



JUMP INTO FALL WITH THE SHARKS

THE SHARKS SWIM CLUB OFFERS MORNING LESSONS ALL YEAR ROUND.

- MONDAY & WEDNESDAY
- FRIENDSWOOD HS POOL
- 9-10:30AM
- \$125/MO + \$25 ANNUAL REG FEE

Multi student discounts available

Beginners to pre team

Small Groups

Experienced Coaches

www.sharks-swim-club.org 832.895.1571

Sharks Swim School is open for registration for the Fall. Classes are available both mornings and afternoons at Friendswood High School. Click [HERE](#) to learn more and register

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Qualifiers

Tags (4)

Andi Jeanes, Lauren Vidinha, Gabi Volpe, Peyton Becker

Sectionals (12)

Allie Vidinha, Joseph Lukner, Peyton Becker, Anjali Friedman, Maven Moore, Sarah Szklaruk-Traipe, Jody Waters, Leah Givens, Erika Yeguez, Abigail Nelson, Kara Boemio, David Hensley

Sharks All Time Top Performances(updated 9/16/19)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top 5 Relays	Short Course Yards	Long Course Meters

[USA Motivational Time Standards for 2017-2020](#)
[Age Group Champs Time Standards 2018-2019](#)

[NCSA Jr National Time Standards 2019](#)
[Sectional Time Standards 2019](#)



