



[Upcoming Events](#)

Click to view Meet Announcement & other important information if available

[Training Schedule: \(click to view\)](#)

**PLEASE NOTE PRE-SENIOR WILL NOW BEGIN THEIR DAILY DRYLAND AT 6:30pm.**

**Schedule Changes Week of Oct 1<sup>st</sup>**

**Friday Oct 4 – Stevenson Park Pool**

Senior Perf/Senior 4:30pm – 6:45pm  
Pre-Senior 6:10pm – 8:00pm  
Challenge/Expl Adv 6:10pm – 8:00pm (1<sup>st</sup> 30min dry/educ)

**Magnolia Creek Spring Canyon Pool:**

Exploratory 4:45pm – 6:15pm

**Sat Oct 5 – Stevenson Park Pool – ALL Groups begin with Dryland – Wear Shorts & Tennis shoes**

Senior Perf/Senior 7am – 10:15am (7am-8am Dry)  
Challenge/Expl. Adv 9:30am – 11:30am

**NO PRACTICE EXPLORATORY – DEVELOPMENTAL MEET  
MAG CREEK POOL**

**Schedule Changes Week of Oct 8<sup>th</sup>**

**Wednesday Oct 9<sup>th</sup> -Stevenson Park Pool:**

Sr Perf (some Sr.) 4:30-6:30pm  
Senior: 5:45-8:15pm  
Pre-Senior: 6:40pm – 8:30pm  
Challenge: 6:10pm – 8:00pm  
Exploratory & Expl. Adv: 4:45pm – 6:15pm

**Thursday Oct 10<sup>th</sup> – Stevenson Park Pool**

Senior Performance: 4:45pm – 7:15pm

*\*Always be prepared for dryland with running shoes & dryland clothes\**

**Oct 5 – Sharks Developmental Meet**

Meet Itinerary [HERE](#)

Timing Signup [HERE](#)

(Mag Creek Spring Canyon pool located [HERE](#))

Fall squad entered automatically  
Discovery Groups, Expl & Some PreSenior (\$10 cost for non-fall squad swimmers)

Click [HERE](#) to Commit/Decline by Oct 2

**Oct 12-13 – HCAP Invitational**

Final Entries [HERE](#)

11 & UP Swimmers

Sat AM/PM & Sun AM Sessions

**Oct 19-20 – 10&Under Aqua Invite**

Preliminary Entries [HERE](#)

**Oct 27<sup>th</sup> – Rice Open Water**

Final Entries [HERE](#)

**Nov 2<sup>nd</sup>-3<sup>rd</sup> - SHAC Senior Invite**

13 & Over with qualifying times

Declare [HERE](#)

**Nov 9<sup>th</sup>-10<sup>th</sup> – Sharks Hosted Invitational**

Declare/Opt Out [HERE](#)

**Coaches Corner – [What Swimmers Need to Know about Performance Anxiety](#)**

**Capital Sponsorship Campaign –**

THANK YOU to everyone who helped with our 2019-2020 sponsorship campaign – especially the following swim families who secured donations: Kruger, Moad, Koncaba, Jakob, Casey, Gulledge, Linden, Durrow, Abbaraju, Konacaba, Kulcsar, Hensley, Fitzharris, Volpe, Esbeck, Meyers, Goins, Le Blanc, Waters, Puckett, Ho, and Hillegeist.

We are a little under our goal, BUT I am proud to say that to date, we have raised \$14,050 in financial donations. This money will help our team greatly and benefit our swimmers!

Our initial deadline may have passed, but our campaign is not ending. We continue to welcome additional donations – in any amount, at any time! Please continue to talk to your friends, family and local businesses.

**Important Deadlines**

**Oct 2 – Developmental Meet**

**Oct 7 – SHAC Senior Invite**

**Oct 15 – Sharks Hosted November Meet**



**Oct Birthdays**

**Age-Date**

Abel Kruger	8 -- 2 <sup>nd</sup>
Layla Webb	10 -- 2 <sup>nd</sup>
Andi Jeanes	13 -- 3 <sup>rd</sup>
Aisling Finnerty	9 -- 4 <sup>th</sup>
Hannah Giles	14 -- 4 <sup>th</sup>
Tyler Gianocarò	14 -- 5 <sup>th</sup>
Ava Ariss	16 -- 10 <sup>th</sup>
Jared Remington	12 - 13 <sup>th</sup>
Pallas Pinkoski	12 -- 13 <sup>th</sup>
Azalea Parkhurst	13 -- 20 <sup>th</sup>
Katie Hillegeist	16 -- 22 <sup>nd</sup>

**Sharks Masters Program – Program has resumed – Practices are Monday-Thursday 7:50pm – 8:50pm (First ten minutes dryland/warmup)** Interested in our Masters program? Learn more about it [HERE](#)

**JUMP INTO FALL WITH THE SHARKS**

**THE SHARKS SWIM CLUB**  
OFFERS  
MORNING LESSONS ALL YEAR ROUND.

- MONDAY & WEDNESDAY
- FRIENDSWOOD HS POOL
- 9-10:30AM
- \$125/MO + \$25 ANNUAL REG FEE

Multi student discounts available

**Beginners to pre team**

**Small Groups**

**Experienced Coaches**



[www.sharks-swim-club.org](http://www.sharks-swim-club.org) 832.895.1571



**Qualifiers**

**Tags (4)**

Andi Jeanes, Lauren Vidinha, Gabi Volpe, Peyton Becker

**Sectionals (12)**

Allie Vidinha, Joseph Lukner, Peyton Becker, Anjali Friedman, Maven Moore, Sarah Szklaruk-Traipe, Jordyn Waters, Leah Givens, Erika Yeguez, Abigail Nelson, Kara Boemio, David Hensley

Sharks Swim School is open for registration for the Fall. Classes available both mornings and afternoons at Friendswood High School. Click [HERE](#) to learn more and register.

**Sharks All Time Top Performances**(updated 9/16/19)

<b>Team Records</b>	<a href="#">Short Course Yards</a>	<a href="#">Long Course Meters</a>
<b>Top 10 Individual</b>	<a href="#">Short Course Yards</a>	<a href="#">Long Course Meters</a>
<b>Top 5 Relays</b>	<a href="#">Short Course Yards</a>	<a href="#">Long Course Meters</a>

**USA Motivational Time Standards for 2017-2020**  
**Age Group Champs Time Standards 2018-2019**  
**TAGS Time Standards 2019**

**NCSA Jr National Time Standards 2019**  
**Sectional Time Standards 2019**