



[Upcoming Events](#)

Click to view Meet Announcement & other important information if available

[Training Schedule: \(click to view\)](#)

Only "Changes" to normal practice schedule will be listed – if schedule is normal it will NOT be listed below.

Schedule Changes Week of Oct 28th

Thursday Oct 31st

Senior & Senior Perf: 4:45pm – 7pm
Pre-Senior: 5:30pm – 7pm
Challenge 4:45pm – 6pm
Exploratory, Disc. Adv & Pre-Team Groups 4:45-6pm

Saturday Nov 2nd

No Senior Perf. Or Senior – SHAC meet
Discovery Advance: 9:30am – 11:00am

Schedule Changes Week of November 4th

Friday November 8th – Stevenson Park Pool

Senior & Senior Perf: 4:30pm – 6:45pm
Exploratory: 4:45pm – 6:15pm
Pre-Senior, Challenge, Expl Adv: 6:10pm-8:00pm

Always be prepared for dryland with running shoes & dryland clothes

Championship Meets:

Swimmers in Sr. Perf, Senior, Pre-Senior, Challenge, Expl. Adv & Expl groups will be automatically entered into their qualifying championship.

Swimmers in Discovery Advance group are invited to participate in the 12 & Under Championship meet Dec 13-15 – Declare [HERE](#) Be sure to "save" after you have committed your swimmer.

Sponsorship T-Shirts & Cap Pickup: Please arrange to pick up your swimmer's t-shirt and cap today – outside of Natatorium between 4:45pm – 7pm.

Nov 2nd-3rd - SHAC Senior Invite

Final Entries [HERE](#)
Psych Sheet [HERE](#)
Itinerary [HERE](#)
Timing Signup [HERE](#)

Nov 9th-10th – Sharks Hosted Invitational

Final Entries [HERE](#)
Job Signup [HERE](#)
Concessions/Hospitality Signup [HERE](#)

**Nov 23rd – 1st Annual Sharks Quad Meet
10am – 12Noon**

TEAM BLACK TEAM BLUE
TEAM GREY TEAM WHITE

All committed swimmers will be divided into 4 teams for a morning of FUN racing. The BIG Sharks will help organize the teams and **lead them to victory**. If your swimmer would like to participate, commit YES so we can have them on a team. Late entries will be accepted.

Official Big Shark-Little Shark Day –
Declare [HERE](#) -Commit YES to attend ALL SHARKS invited!

Important Deadlines

Nov 5th – Age Group Champs

**Nov 9th – Southern Senior
Champs & Senior (13 & Over)
Champs**

**Nov 15th – 12 & Under Dec
Champs**

Coaches Corner: Skills are built, not born

Sharks Clinic Series: Introducing the Sharks Swim Club Clinic Series! The clinics are open to all athletes 4 yrs & older who would like to improve their swimming technique and fitness. The different clinic series will be: Fall, Winter, and Spring Tune Up.

Fall Clinic series: November - December - \$60

Dates: 11/2, 11/16, 11/30, 12/7, 12/21. *includes swimming in the 11/23 Quad Meet

Winter Clinic series: January- March - \$90

Dates: 1/4, 1/18, 1/25 (tbd), 2/1, 2/8, 2/15, 2/22, 2/29, 3/7

Spring Tune Up: March (after Spring Break- April) - \$50

Dates: 3/21, 3/28, 4/4,4/11,4/18

- Sign up for all 3 at once and receive a \$20 discount, **Total- \$180**
- **Registration is open to swimmers who have previously swam in our Summer or Fall Squad programs. New swimmers interested in the clinics need to complete a swim skill test prior to registering.**
- **REGISTER ONLINE ON SHARKS WEBSITE USING THE SHARKS CLINIC SERIES BUTTON ON THE HOME PAGE!**

News from the Board of Directors: We have had many changes recently and would like to thank Coach Tim and Coach Kate for their hard work on locating and hiring our new personnel to fill the needs of our programs. Coach Matt has been a great addition and maybe one day we will see his newest family member on the SHARKS. Congratulations Matt! We would like to thank Coach Mark for stepping in while Coach Lou was recovering, and we are happy that Coach Lou is doing better and is back with us. Coach Kate continues to work hard on our new programs and has added additional personnel to give quality coaching. Coach Ariss has taken on our Masters Swimming group and we would love to see some additional swimmers join in the fun.

The board would also like to thank board member Mark Boemio for serving on our board. He has been a great addition to the board with having previous experience on a board of a swim team. He has stepped down, but will be an adviser to the board through December. We would like to welcome our newest board member, Ann Esbeck. She brings a great wealth of knowledge about our community, operating a pool, what is involved in a club operation, and most importantly a SHARKS' parent perspective.

Sharks Hosted Meet Nov 9/10 – Thank you to all of you that have already signed up to work the meet or contribute financially to the hospitality/concessions. **If your swimmer is participating in the meet please sign up for AT LEAST one shift per day. If your swimmer is not participating but you are in town, please still consider signing up for at least one shift.**

Final entries are now posted and are linked on the first page of the newsletter.

Job Signup has been posted [HERE](#) We have MANY positions to fill.



Oct Birthdays

Age-Date

Abel Kruger	8 -- 2 nd
Layla Webb	10 -- 2 nd
Andi Jeanes	13 -- 3 rd
Aisling Finnerty	9 -- 4 th
Hannah Giles	14 -- 4 th
Tyler Gianocarò	14 -- 5 th
Ava Ariss	16 -- 10 th
Jared Remington	12 - 13 th
Pallas Pinkoski	12 -- 13 th
Azalea Parkhurst	13 -- 20 th
Katie Hillegeist	16 -- 22 nd

11 & Older girls & 13 & Older boys will swim AM, 10 & Under girls and 12 & Under boys will swim PM

Because this is a large meet with around 500+ swimmers plus their families, coaches and the amazing officials that also volunteer we are in need of donations for both concessions and hospitality, both monetary and non-monetary. Please sign up [HERE](#). **Please consider donating \$10 per day, any donations will be invoiced to your account.** you sign up for any items like tables etc, please be sure to use masking tape to place your name on the items so that we can be sure it is returned to the correct person.



Sharks Masters Program – Program has resumed – Practices are Monday-Thursday 7:50pm – 8:50pm (First ten minutes dryland/warmup) Interested in our Masters program? Learn more about it [HERE](#)



Sharks Swim School is open for registration for the Fall. Classes are available both mornings and afternoons at Friendswood High School. Click [HERE](#) to learn more and register
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IMR & IMX – USA Swimming IM Xtreme is a program that allows USA Swimming members to track their times (or coaches to track their team's times) against swimmers all across the nation! Just by swimming a specific program of events, you can see where you rank against your teammates, your region and yes, even across the USA! Learn more about it [HERE](#)

[SCY IMR Report](#) [SCY IMX Report](#) **As of 10/29/19**

Sharks All Time Top Performances(updated 9/16/19)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top 5 Relays	Short Course Yards	Long Course Meters

[USA Motivational Time Standards for 2017-2020](#)
[Age Group Champs Time Standards 2018-2019](#)
[TAGS Time Standards 2019](#)

[NCSA Jr National Time Standards 2019](#)
[Sectional Time Standards 2019](#)

Qualifiers

Age Group Champs

Tristan Arghiropol, Peyton Becker, Elaine Bentley, Ellie Burke, Caden Cupisz, Emery Fitzharris, Andi Jeanes, KK LeBlanc, Alex Linden, Paige McCray, Spencer Meyers, Emma Vestal, Allie Vidinha, Evan Vidinha, Gabi Volpe

Southern Senior Champs

Alejandra Acosta, Stevie Balistreri, Peyton Becker, Elaine Bentley, Kara Boemio, Ellie Burke, Emery Fitzharris, Lauren Fitzharris, Anjali Friedman, Leah Givens, David Hensley, Katie Hillegeist, Andi Jeanes, Elliot Kessler, Alex Linden, Joseph Lukner, Spencer Meyers, Maven Moore, Abigail Nelson, Sarah Szklaruk-Traipe, Emma Vestal, Allie Vidinha, Lauren Vidinha, Gabi Volpe, Jodyrn Waters, Erika Yeguez

Tags (4)

Andi Jeanes, Lauren Vidinha, Gabi Volpe, Peyton Becker

Sectionals (12)

Allie Vidinha, Joseph Lukner, Peyton Becker, Anjali Friedman, Maven Moore, Sarah Szklaruk-Traipe, Jodyrn Waters, Leah Givens, Erika Yeguez, Abigail Nelson, Kara Boemio, David Hensley