



[Upcoming Events](#)

Click to view Meet Announcement & other important information if available

[Training Schedule: \(click to view\)](#)

Schedule Changes Week of Sept 17th

Sat Sept 21 – **No Practice Any Group – Pentathlon**

Sat Sept 21 – **Warmup Sr Perf & Sr for meet:**
Stevenson 7:15am-8:30am

Drop off 7:15 – Swimmers will be brought back to Nat via carpool by various parents at 8:30am

Schedule Changes Week of Sept 24th

None at this time.

Always be prepared for dryland with running shoes & dryland clothes

Coach Lou Helps: Thank you to everyone who has already taken one meal or more to Coach Lou. He is continuing on his recovery, but as you may or may not know, Coach Lou does not have any family here – WE ARE HIS FAMILY! Please consider signing up to bring a meal – just add one serving to your own dinner. We have two swim moms that are helping to coordinate this: [Jennifer Hubenak](#) and [Rachel Ariss](#) Sign up [HERE](#). Jennifer Hubenak will even meet you to take the meal to him! **Let's bless Coach Lou and speed his recovery with some home cooked meals!**

Sharks Custom Cap Orders! Don't forget to order your cap for this year! Orders will close tomorrow, Wednesday Sept 18th. You can order latex \$6, non-personalized silicone \$12, or personalized silicone (set of 2 for \$30). **Even if you do not want personalized cap, please place your order for Silicone or Latex – we want to be sure that we have enough caps.** Your account will be credited with \$6 per swimmer registration if you have not yet received this year's cap as part of registration. All accounts will be invoiced. Please complete the google form [HERE](#) to order your caps. **DEADLINE IS WEDNESDAY SEPT 18th. Please do this today!**

Coaches Corner – [Are you a jungle tiger??](#)

Sept 21 – Sharks Hosted Pentathlon

Job signup [HERE](#)

Final Entries [HERE](#)

Heat Sheet [HERE](#)

11 & over girls & 13 & over boys AM,
10 & under girls & 12 & under boys PM

Sept 29 – Senior Retreat – Sr. Perf, Sr & Pre-Senior Groups **MUST OPT IN TO ATTEND.**

[HERE](#) Location: Camp Cullen – See Below

Oct 5 – Sharks Developmental Meet

(Mag Creek Spring Canyon pool)

Fall squad entered automatically

Discovery Groups, Expl & Some PreSenior

(\$10 cost for non-fall squad swime

Click [HERE](#) to Commit/Decline

Oct 12-13 – HCAP Invitational

11 & UP Swimmers–CLICK [HERE](#) TO DECLARE
Sat AM/PM & Sun AM Sessions

Oct 19-20 – 10&Under Aqua Invitational

Click [HERE](#) for more info & to declare

Oct 27th – Rice Open Water Must opt IN to attend CLICK [HERE](#)

From Coach Lou: Dear SHARK Parents,

I want to express my heartfelt appreciation for all your incredible hospitality, prayers, greeting cards, meals, kindness and patience toward me during this challenging time in my life. All these gracious gestures for me have truly lifted my spirits and I cannot thank you enough. The Shark staff and coaches have been a blessing covering for me and to them I am very grateful. Please know I am making good progress and getting the care I need to return to the pool deck as soon as possible. I wish the best of luck to all the SHARK swimmers in the pentathlon this Saturday.

May the SHARK frenzy be mind boggling! *Go Sharks!*
Swimmingly, Coach Lou

Important News

Sharks Hosted Pentathlon – Sat Sept 21

11 & Older girls & 13 & Older boys will compete AM.
10 & Under girls & 12 & Under boys will compete PM

Please Note – due to the adjusted timeline, the timing of some positions have been changed. Please check [HERE](#) for your assignment and make note of any time change.

ALL Volunteers should check in at the Volunteer tent outside on the day of the meet to get your lanyard and to ensure your account is credited with your service hours.

Hospitality & Concessions – The coordinators are trying something new – instead of you all shopping for individual items, we are asking for \$10 donations – to be billed to your account. This will allow the coordinators to make one shopping trip together for all items. Sign up [HERE](#) to donate or bring table, crockpot etc.
Thank you to those that have already signed up – we still have plenty of open spaces.

Team Spirit Store – Inked Design – Lots of awesome merchandise available at the Sharks fall merchandise store will be open tonight through Friday Sept 27th!

Stock up on new Sharks gear for your whole family!
Please be sure to click local pick up when checking out to avoid shipping charges. Click [HERE](#) to see what's available & to order.

Note: all swimmers will receive a free sponsor shirt (paid for already with registration) If you would like extras, adult sizes or other styles they will also be available in the store.

Happy shopping!!

Important Deadlines

Sept 20 – HCAP Invitational (11&Up Swimmers)

Sept 20 – Senior Retreat-Sr Perf, Senior & Pre-Senior Swimmers

Sept 23 – 10 & Under Aqua Invitational



Sept Birthdays

Age-Date

Paige McCray	13 – 1 st
Jordyn Phillips	10 -- 2 nd
Jackson Morlock	13 -- 6 th
Madeline Schmid	9 -- 7 th
Jordyn Waters	17 -- 8 th
Caitlyn Gandara	13 -- 9 th
Michael Moad	9 -- 9 th
Koban Heallen	8 -- 14 th
Lili Clepper	13 – 15 th
Corbin Kulcsar	10 -- 17 th
Jaycee Duke	10 -- 17 th
Abdullah Borji	12 -- 18 th
Clara McGarvey	7 -- 19 th
Ava Van Slooten	6 -- 20 th
Maryam Borji	7 -- 20 th
Kylie Petry	12 -- 25 th
Moira McGregor	10 -- 25 th
Grayson See	7 -- 26 th

Capital Sponsorship Campaign – Update 9/17
CALLING ALL SHARKS...we are 30% of the way there,
BUT we still have a **LONG way to go to our goal of**
\$20,000! Please continue to ask your family, friends, and local businesses!! If you have already reached out to potential sponsors, NOW is the time to follow up with them. No amount is too small - every little bit helps us reach our goal. AND when you have raised \$175, you can request a refund of the fundraising fee paid at registration. We only have 10 more days until the **September 27 deadline** for sponsors to be added to our shirts and hoodies!



This week we received sponsorships from The Family of Alex Linden, WRWCO,L.L.C., Joe Hensley - Public Adjuster, and Gulf Stream Marine. Thank you to the sharks who helped bring in these sponsors! Thank you all for your donations! – To print forms click [HERE](#) Each sponsor must be entered on the google form [HERE](#)

Senior Retreat: Sr. Perf, Senior & Pre-Senior Groups
Sunday Sept 29th – Must Opt IN to attend [HERE](#)

\$40 per swimmer – cost of activities & meals – team covering transportation costs – Full details [HERE](#)

Big Shark/Little Shark Program: Each year we pair up our Senior Perf & Senior swimmers with swimmers in the Discovery Adv/Pre team and Exploratory groups. We hope to create a connection for both our youngest & older swimmers across the program and use it as a learning experience for all. The link shows the Big-Little groupings for the short course season and dates where we have planned activities. Most events will be held on Saturdays after the Sr/Sr Perf practice to work with everyone's schedules. We have some new events scheduled for the fall, a Glow practice at the end of October and a fun Quad meet before Thanksgiving to name a few. Talk to any of the coaches if you have any questions about the program. Click [HERE](#) to See the Big Shark-Little Shark pairings and schedule of upcoming events.



Sharks Swim School is open for registration for the Fall. Classes available at both Friendswood High School & Magnolia Creek. Click [HERE](#) to learn more and register.

Sharks All Time Top Performances(updated 9/16/19)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top 5 Relays	Short Course Yards	Long Course Meters

[USA Motivational Time Standards for 2017-2020](#)
[Age Group Champs Time Standards 2018-2019](#)
[TAGS Time Standards 2019](#)

[NCSA Jr National Time Standards 2019](#)
[Sectional Time Standards 2019](#)

[Qualifiers](#)

[Tags \(4\)](#)
 Andi Jeanes, Lauren Vidinha, Gabi Volpe, Peyton Becker

[Sectionals \(12\)](#)
 Allie Vidinha, Joseph Lukner, Peyton Becker, Anjali Friedman, Maven Moore, Sarah Szklaruk-Traipe, Jordyn Waters, Leah Givens, Erika Yeguez, Abigail Nelson, Kara Boemio, David Hensley

