



MASKS MUST BE WORN WHEN OUT OF THE POOL BY ALL SWIMMERS WHEN THEY ARE CLOSE TOGETHER.

2020-2021 Practice Schedule

Conflict Dates

Only changes to regular schedule will be listed below

Tue Apr 20th – [Stevenson Pool Practice](#)

Sr/Sr Perf: 4:30pm-6:30pm

(Sr & Sr Perf not able to make 4:30pm-come 6:30pm-8:00pm)

Expl Adv 2: 4:45pm-5:45pm

Expl 2: 5:45pm-6:45pm

Challenge: 7:00pm-8:30pm

Pre-Senior: 7:00pm-8:30pm

No Disc. Adv practice

No Swim Fit Practice

Fri Apr 23rd – No practice any groups – meet only

Sat Apr 24th – Stevenson Pool Practice – Most in FCST Meet

Expl 1 & 2: 8:45am-10:15am

Expl Adv not in meet: 8:45am-10:15am

Disc. Adv 1 & 2: 9:00am-9:45am

Swim Fit: 10:00am-11:00am

Stroke Clinic: 10:00am-11:00am

Sun Apr 25th – Stevenson Pool Practice

Expl 1 & 2: 3:00pm-4:15pm

Expl Adv 1 & 2: 3:00pm-4:15pm

Disc. Pre-Team: 4:30pm-5:00pm

Swim Fit: 4:00pm-5:00pm

Pre-Senior not in meet: 3:30pm-5:00pm

****Always be prepared for dryland with running shoes & dryland clothes****

Coaches Corner –

Volunteers Needed: We have several needs in order to successfully run our meets that we are hosting:

Safety Marshalls – Monitoring warmup up pool etc during meet

Admin Official – described [HERE](#)

Stroke & Turn officials - [HERE](#)

Hospitality – please contact [Caitlyn Goins](#) for more info.

Meet Director – please contact [Stephanie Meyers](#) for more info

Upcoming Events

Links will be highlighted in blue to click on and take directly to page on website.

Bleacher Signup [HERE](#)

Optional Practice Sunday April 25th [HERE](#)

Pre-Senior Monday Practice Signup [HERE](#)

April-July Practice Changes LCM '2021 [HERE](#)

IMX Series Meets – All swimmers in Discovery Advance & Exploratory Groups are invited to attend. **Swimmers in Expl Adv-Pre-Senior who have fewer than 2 BB times are invited to swim as well. (Expl & Up groups opted in automatically unless opted out by deadline)**

Summer Squad Meets – All Summer Squad participants will be added automatically. Swimmers in Disc.Pre-Team,Disc.Adv are invited. **Swimmers in Expl, Expl Adv & Pre-Sr who do not qualify for long course meets will be opted in unless opted out by deadline)**

[Apr 23rd-25th – FCST Swim Meet – FBSID Training pool](#) – All Challenge, Pre-Senior, Sr & Sr Perf Final Entries [HERE](#) Itinerary to follow by email Job Signup to follow once host sends

[April 30th – Sails LCM at HTH](#) – Sr/Sr Perf, select Challenge & Pre-Senior. Fri night ONLY – 1500 Free &/or 2IM. [HERE](#)

[May 1 – IMX/IMR Series #2](#) – (Breast & Fly events)

[May 8th – IMX/IMR Series #3](#) – (50/100/200 of all strokes). Commit [HERE](#) – **deadline 4/26**

[May 15th-16th – Sharks Hosted LCM Invite](#) at Hometown Heroes. All Sr/Sr Perf, Pre-Sr, Challenge, Expl Adv & Exploratory [HERE](#)

[June 11th – Summer Squad Meet #1 – Girls](#) – **Deadline 6/7**

[June 18-20th- FCST June LCM Invite](#) All Challenge, Pre-Senior, Sr & Sr Perf. (Invited Expl Adv based on numbers) **Deadline 5/1**

[Jun 18th – Summer Squad Meet #1 – Boys](#) – **deadline 6/14**

[Jul 9 – Summer Squad Meet #2 – Girls](#) – **deadline-7/5**

[Jul 16 – Summer Squad Meet #2 – Boys](#) – **deadline 7/12**

Jul 31 – Sharks Summer Champs – All summer squad, swimmers in DiscPreTeam,Disc.Adv, swimmers in Expl-Pre-Sr not qualified for lcm champs meet – **deadline 7/12**



Safe Sport: Sharks Swim Club is a Safe Sport Club – all parents and athletes should complete safe sport training available at your convenience through USA Swimming. Click [HERE](#) for instructions. Once each parent/athlete completes, please email your certificate showing name to Susan at registrar@sharks-swim-club.org One service hour credit will be applied for each one completed.

Upcoming Events: Please note changes to events listed on 1st page – Title is linked – will take you to event description, groups, cost etc. [HERE](#) is linked – this directly takes you to the commit/decline Deadline to OPT out is posted – **Please note groups: Exploratory/Expl. Adv, Challenge, Pre-Senior, Sr & Sr Perf will all be OPTED IN to qualifying meets unless you decline by the deadline.** Your account is then invoiced for meet fees. Discovery groups need to **Opt IN** to meets they wish to attend.

Sharks Summer Squad & Tune Up Clinics: The Summer Squad will be back at Magnolia Creek beginning May 11th. Links are open on the website.

Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)
Sharks Youtube channel [HERE](#)

Sharks All Time Top Performances (updated 3/16/21)

Team Records: [Short Course Yards](#) [Long Course Meters](#)
Top 10 Individual: [Short Course Yards](#) [Long Course Meters](#)
Top Relays: [Short Course Yards](#) [Long Course Meters](#)

Time Standards are linked [HERE](#) on our website

Qualifiers

Age Group Champs

Tanner Antley, Lily Anzaldua, Mark Argyelan, Macey DeGroot, Hayden Holcomb, Andi Jeanes, Debra Kitu, KK LeBlanc, Abigail Lowman, Cameron Lowman, Paige McCray, Vanessa Marsh, Streeter Moore, Hayden Nielsen, Lauren Tillman, Evan Vidinha, Gabi Volpe

Tags

KK LeBlanc, Ben Nendza, Joe Nendza

Sectionals

Stevie Balistreri, Kara Boemio, Chase Ferguson, Emery Fitzharris, Anjali Friedman, Leah Givens, David Hensley, KK LeBlanc, Joey Lukner, Maven Moore, Abigail Nelson, Allie Vidinha, Erika Yeguez

Southern Senior Zones

Stevie Balistreri, Elaine Bentley, Kara Boemio, Chase Ferguson, Emery Fitzharris, Anjali Friedman, Leah Givens, David Hensley, Katie Hillegeist, Andi Jeanes, KK LeBlanc, Alex Linden, Abigail Lowman, Joey Lukner, Paige McCray, Spencer Meyers, Maven Moore, Abigail Nelson, Joe Nendza, Lauren Tillman, Emma Vestal, Allie Vidinha, Gabi Volpe, Erika Yeguez

NCSA's

Stevie Balistreri, Kara Boemio, Chase Ferguson, Emery Fitzharris, David Hensley, KK LeBlanc, Joey Lukner, Maven Moore, Abigail Nelson, Erika Yeguez

FUTURES

Kara Boemio, KK LeBlanc, Maven Moore, Erika Yeguez

