



MASKS MUST BE WORN WHEN OUT OF THE POOL BY ALL SWIMMERS WHEN THEY ARE CLOSE TOGETHER.

2020-2021 Practice Schedule

Conflict Dates

Wed December 30th

AM: Sr & Sr Performance: 7:45am-10:00am Stevenson
PM: All regular practice at Natatorium

Thu Dec 31st – Friendswood High School

Sr & Sr Performance: 11:45am-2:00pm
Challenge: 12:00pm-2:00pm
PreSenior: 1:15pm-3:00pm
Expl Adv 1 & 2: 1:30pm-3:00pm
Expl 1 & 2 – 1:30pm-3:00pm
No Discovery Pre-Team or Advance Practice

Fri Dec 31st – Happy New Year – No Practice Any Groups

Sat Jan 2nd – Stevenson Park Pool

Sr & Sr Performance: 7:45am-10:45am
Challenge: 9:30am-11:30am
Expl Adv 1 & 2: 9:45am-11:15am
Expl 1 & 2: 11:30am-1:00pm
Disc. Adv 1&2: 11:30am-12:30pm
Swim Fit: 11:30am-12:30pm

Sun Jan 3rd – Stevenson Park Pool

Sr & Sr Performance: 12:45pm-3:00pm
Expl 1&2 & Expl Adv 1&2: 2:45pm-4:15pm
Challenge: 4:00pm-5:45pm
Pre-Senior: 4:00pm-5:45pm
Swim Fit: 4:30pm-5:30pm

****Always be prepared for dryland with running shoes & dryland clothes****

Coaches Corner

Progress Reports & Test Sets by group [HERE](#)

January Meet Entries: Please check the preliminary entries posted and email your swimmer's coach with questions.

Upcoming Events

Links will be highlighted in blue to click on and take directly to page on website.

Bleacher signup – sign up to be in the natatorium while your swimmer is in the pool – as we are limited on numbers [HERE](#)
This list will be refreshed each Sunday for the upcoming week.

Jan 9-10th – SHAC Distance Meet –

Open to 11 & older swimmers. 500fr & 1650 fr (splits will be taken for 1000 free)
Entries [HERE](#)

Jan 15-17th – Belton Travel Meet

Sr. Perf, Sr, Pre-Senior, Challenge & Expl.
Adv groups - [HERE](#)
Preliminary Entries [HERE](#)

Jan 16-17th – Aqua 11 & Up Prelim/Final & 10 & Under Timed Final at FHS

Preliminary Entries [HERE](#)

Jan 31st – Developmental Meet – Discovery

Pre-Team, Disc. Adv & Swim Fit Groups are invited. More Info [HERE](#)

Feb 19th 21st – 13 & Older Invite at Fleet –

Open to all 13& older swimmers.
More Info [HERE](#)

Feb 26th-28th – Fleet 12 & Under Champs – 3

Day Prelim/Final meet for swimmers in Disc Adv – Pre-Senior. More Info [HERE](#)

March 5th-7th – Spring Champs Prelim/Finals

Spring Champ meet at FHS. Details & time standards tbd.

March 5-7th – Texas Age Group Champs –

Woodlands, for qualifying swimmers.

Important Deadlines

SHAC Distance Meet – Opt out Jan 1

Aqua Jan 16-17 – Opt out by Jan 1

Developmental Meet – Opt IN by Jan 17



Holiday Practice Schedule [HERE](#)

Sharks families, please remember to be safe & observe social distancing as you interact with family & friends over the holiday period, that may or may not include traveling. Please keep Sharks covid policies in mind when you return to practice after traveling.

Small group signup for Exploratory & Disc. Adv Swimmers – can sign up for 1 spot each month, a second, if space is available. [HERE](#)

Sharks Winter Invite – Meet Recap – Sharks outstanding success & improvement. Finished 1st out of 11 teams for our 13 & over swimmers (from Pre-Sr, few of Challenge swimmers & both Senior groups. We saw new team records, swimmers making Jr. Nationals-6, Sectionals-13, Southern Senior Zones-23, TAGS-4 & Gulf Age Group Champs for a good # of our 13-14, all are posted in qualifiers. Was great to see some of the % of improvement both in terms of times and skills that the swimmers have been working on in practice. Again, a shout out to all of our parents & volunteers (non-parents) who helped to run another successful Sharks meet.

Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)

Sharks Youtube channel [HERE](#)

Sharks All Time Top Performances (updated 3/24/20)

Team Records: [Short Course Yards](#) [Long Course Meters](#)

Top 10 Individual: [Short Course Yards](#) [Long Course Meters](#)

Top Relays: [Short Course Yards](#) [Long Course Meters](#)

Time Standards are linked [HERE](#) on our website

Qualifiers

Age Group Champs

Emery Fitzharris, Hayden Holcomb, Andi Jeanes, KK LeBlanc, Cameron Lowman, Paige McCray, Selim Mahmoud, Streeter Moore, Hayden Nielsen, Lauren Tillman, Gabi Volpe

Tags

Emery Fitzharris, KK LeBlanc, Selim Mahmoud

Sectionals

Stevie Balistreri, Kara Boemio, Chase Ferguson, Emery Fitzharris, Anjali Friedman, Leah Givens, David Hensley, KK LeBlanc, Joseph Lukner, Maven Moore, Abigail Nelson, Allie Vidinha, Erika Yeguez

Southern Senior Zones

Stevie Balistreri, Elaine Bentley, Kara Boemio, Chase Ferguson, Emery Fitzharris, Anjali Friedman, Leah Givens, David Hensley, Katie Hillegeist, Andi Jeanes, KK LeBlanc, Alex Linden, Abigail Lowman, Joseph Lukner, Paige McCray, Spencer Meyers, Maven Moore, Abigail Nelson, Lauren Tillman, Emma Vestal, Allie Vidinha, Gabi Volpe, Erika Yeguez

NCSA's

Kara Boemio, David Hensley, KK LeBlanc, Maven Moore, Abigail Nelson, Erika Yeguez