



**MASKS MUST BE WORN WHEN OUT OF THE POOL BY ALL SWIMMERS WHEN THEY ARE CLOSE TOGETHER.**

## [2020-2021 Practice Schedule](#)

### [Conflict Dates](#)

[Only changes to regular schedule will be listed below](#)

**Friday Feb 5<sup>th</sup> – No Practice any Group – Regionals at FHS**

**Saturday Feb 6<sup>th</sup> – Stevenson Park Pool**

Sr/Sr Perf – 7:15am-9:45am

Challenge – 7:15am-9:00am

Expl 2 – 9:00am-10:15am

Expl Adv 1 & 2 – 9:45am-11:15am

Swim Fit – 10:15am-11:15am

Disc Adv 1 & 2 – 11:15am-12:00pm

***\*Always be prepared for dryland with running shoes & dryland clothes\****

## [Coaches Corner](#) – [Pre Race Nerves are Normal](#)

Progress Reports & Test Sets by group [HERE](#)

**[Small group signup](#)** for Exploratory & Disc. Adv Swimmers – can sign up for 1 spot each month, a second, if space is available. [HERE](#)

## [February/March Champ Meet Info](#) [HERE](#)

**[Spring break](#)** this year for all swimmers is: Fri. March 12-Sun. March 21, when the pool is closed down and want folks to recharge/reset. Then will start back up Mon. March 22nd with stroke/skill improvement work in preparations for our Spring/Summer Long course season. We will still offer short course meets for those we feel need to race more short course yards. Our goal is to complete approx. 1 LC or SC meet a month. Once we have meets we will post them.

## [Upcoming Events](#)

*Links will be highlighted in blue to click on and take directly to page on website.*

**Bleacher signup** – sign up to be in the natatorium while your swimmer is in the pool – [HERE](#) Updated each Sunday

**Feb 7<sup>th</sup> – Optional Practice – Signup** [HERE](#)

**Feb 13<sup>th</sup>-14<sup>th</sup>- SSAN Feb Champs – 12& Under swimmers.** (All Disc Adv, All Expl) Klein Oak High School Preliminary Entries [HERE](#)

**Feb 19<sup>th</sup> 21<sup>st</sup> – 13 & Older Invite at Fleet** – All Sr & Sr Perf. 13 & Over Challenge Prelim Final Meet – split into 2 prelims sessions Prelim Entries [HERE](#)

**Feb 26<sup>th</sup>-28<sup>th</sup> – Fleet 12 & Under Champs** – 3 Day Prelim/Final meet for swimmers in: Challenge, Expl Adv & Expl siblings of Challenge & Expl Adv. More Info [HERE](#) Prelim Entries [HERE](#)

**Feb 27<sup>th</sup>-28<sup>th</sup> – Ambush February Champs** – (If you cannot attend the SSAN Meet) Opt in/Out [HERE](#)

**March 5<sup>th</sup>-7<sup>th</sup> – Spring Champs Prelim/Finals** Spring Champ meet at FHS. All Sr & Sr Perf, 13 & Over Pre-Senior & Challenge with 3/BB times [HERE](#) Details & time standards tbd.

**March 5-7<sup>th</sup> – Texas Age Group Champs** – For qualified swimmers Woodlands [HERE](#)

**Hosted Meet Job Descriptions** [HERE](#)

### [Important Deadlines](#)

[Sharks Hosted Spring Prelim Finals Champs – Feb 15<sup>th</sup>](#)



**Jump Up January Recap** - Sunday, January 31<sup>st</sup>, we had several swimmers step up to the challenge and crush events that they never thought they could until now. We had swimmers learning that they are legal in breaststroke, while others competed in their first Individual Medley. It was a small, fast meet, without a lot of rest, but every swimmer rose to the challenge and accomplished amazing feats. We had swimmers who had never swam a 50-yard race, let alone complete a 100-yard race right afterwards. Thank you to our swimmers and thank you parents for making this a great day for a meet.

**Sharks Merchandise Store & Champ Shirt – Our Inked Design store is open through February 14<sup>th</sup>** – Order your Short Course Champs attire [HERE](#). You may also order additional Sponsorship T-Shirts or Hoodie if you missed out last time. (V-Neck & Dri-Fit will also be added to options)

**Sharks Social Media – Links to follow:**

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)  
 Sharks Youtube channel [HERE](#)

**Sharks All Time Top Performances (updated 3/24/20)**

**Team Records:**     [Short Course Yards](#)     [Long Course Meters](#)  
**Top 10 Individual:** [Short Course Yards](#)     [Long Course Meters](#)  
**Top Relays:**        [Short Course Yards](#)     [Long Course Meters](#)

Time Standards are linked [HERE](#) on our website

<u>Feb</u>	<u>Age-Date</u>
Evan Takeda	7 - 1 <sup>st</sup>
Alex Linden	16 - 2 <sup>nd</sup>
Abigail Nelson	17 - 5 <sup>th</sup>
Ben Nendza	13 - 6 <sup>th</sup>
Spencer Meyers	16 - 7 <sup>th</sup>
Sia Sheth	10 - 9 <sup>th</sup>
Mackenzie Ressler	12 - 12 <sup>th</sup>
Waylon Smiley	8 - 12 <sup>th</sup>
Logan Atchison	11 - 15 <sup>th</sup>
Olivia Esbeck	13 - 15 <sup>th</sup>
Colby Lohman	10 - 15 <sup>th</sup>
Julia Rupp	13 - 15 <sup>th</sup>
Rilee Huynh	9 - 17 <sup>th</sup>
Ava Galvez	14 - 19 <sup>th</sup>
Caleb Livesay	12 - 19 <sup>th</sup>
Elise Walther	6 - 19 <sup>th</sup>
Molly Muchna	5 - 23 <sup>rd</sup>
Christopher Garcia	17-25 <sup>th</sup>
Kiley stock	9 - 26 <sup>th</sup>
Rocco Lewis	7 - 28 <sup>th</sup>

