



MASKS MUST BE WORN WHEN OUT OF THE POOL BY ALL SWIMMERS WHEN THEY ARE CLOSE TOGETHER.

[2020-2021 Practice Schedule](#)

[Conflict Dates](#)

No Changes to Practice Schedule this week

Always be prepared for dryland with running shoes & dryland clothes

Coaches Corner A special thanks from the staff for the Holiday wishes, kind notes and gifts that were received over the past few weeks, greatly appreciated!

Let's all be grateful for the good things that came our way this past year, despite some very challenging events/times. As we move forward into another unpredictable year, realize we do have control over our attitude. In the words of Charles R. Swindoll "The Longer I live the more convinced I become that life is 10% what happens to us and 90% how we respond to it"

I would say as a team (parent/swimmers/staff) we seemed to handle things quite well, even in the most challenging moments. Our staff is very grateful for the opportunity to work with your young people who are learning the benefits of teamwork and positive good work ethic.

I will close by sharing from Sir. James M. Barrie, British writer "Those who bring the sunshine to the lives of others cannot keep it from themselves" Let us continue to find the good in each other and each day.

Wishing everyone a Healthy & Happy New Year 2021!!

From our Sharks Staff, Coach Tim, Coach Kate, Coach Matt, Coach Dacia, Coach Dwayne, Coach Stephanie, Coach Troy, Coach Cherie & Susan.

Progress Reports & Test Sets by group [HERE](#)

Upcoming Events

Links will be highlighted in blue to click on and take directly to page on website.

Bleacher signup – sign up to be in the natatorium while your swimmer is in the pool – [HERE](#) Updated each Sunday

Jan 9-10th – SHAC Distance Meet – Open to 11 & older swimmers. 500fr & 1650 fr (splits will be taken for 1000 free) Final entries [HERE](#) Itinerary to follow

Jan 10 – Optional Sunday Practice Signup Sr & Sr Perf, Expl Adv 2 & Expl Adv 2 & Expl 1&2 [HERE](#)

Jan 15-17th – Belton Travel Meet Sr. Perf, Sr, Pre-Senior, Challenge & Expl. Adv groups - [HERE](#) Final Entries [HERE](#)

Jan 16-17th – Aqua 11 & Up Prelim/Final & 10 & Under Timed Final at FHS Final Entries [HERE](#) Relays [HERE](#)

Jan 31st – Developmental Meet – Discovery Pre-Team & Swim Fit Groups only are invited. More Info [HERE](#)

Feb 19th 21st – 13 & Older Invite at Fleet – Open to all 13& older swimmers. More Info [HERE](#)

Feb 26th-28th – Fleet 12 & Under Champs – 3 Day Prelim/Final meet for swimmers in Disc Adv – Pre-Senior. More Info [HERE](#)

March 5th-7th – Spring Champs Prelim/Finals Spring Champ meet at FHS. Details & time standards tbd.

March 5-7th – Texas Age Group Champs – Woodlands, for qualifying swimmers.

[Important Deadlines](#)

[Developmental Meet – Opt IN by Jan 17](#)



Sharks families, please remember to be safe & observe social distancing as you interact with family & friends over the holiday period, that may or may not include traveling. Please keep Sharks covid policies in mind when you return to practice after traveling.

Small group signup for Exploratory & Disc. Adv Swimmers – can sign up for 1 spot each month, a second, if space is available. [HERE](#)

Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)

Sharks Youtube channel [HERE](#)

Sharks All Time Top Performances (updated 3/24/20)

Team Records: [Short Course Yards](#) [Long Course Meters](#)

Top 10 Individual: [Short Course Yards](#) [Long Course Meters](#)

Top Relays: [Short Course Yards](#) [Long Course Meters](#)

Time Standards are linked [HERE](#) on our website

Jan Age-Date

Audrina Solesky	10 – 2 nd
Zoe Worthey	12 – 2 nd
Eileen Muller	8 – 3 rd
Stevie Balistreri	17 – 7 th
Elaine Bentley	16 – 8 th
Jax McAdoo	9 – 8 th
Chayton Budzik	16 – 11 th
Emelia Donde	12 – 13 th
Abby Hilliard	16 – 14 th
Lilly Migl	13 – 17 th
Reagan Foster	11 – 18 th
Isabella Linares	11 – 19 th
Omar Mahmoud	9 – 30 th
Presley Jeffers	7 – 31 st
Reagan Nesrsta	13 – 31 st