### Week of July 19th Newsletter



Masks are recommended at practice, but not required.

### 2020-2021 Practice Schedule updated 6/28/21 Last regular practice Friday July 30<sup>th</sup>

### Registration for 2021-2022 coming Soon!

Only changes to regular schedule will be listed below (If no changes listed, practice is normal schedule as above)

Sr & Sr Perf see updated Jun/Jul/Aug Schedule HERE

Sat July 24th - No challenge or Expl Adv practice

\*Always be prepared for dryland **with running shoes & dryland** clothes\*

**Coaches Corner**: Peak Performance trial session for 13 & over Senior & Pre-Senior(who are competing in meets) More info and signup <u>HERE.</u>

FCST Champs – Timing Assignments – thank you to all who have already signed up. We are still in need of several timers. Timing will remain open through tomorrow evening. Any remaining spots will be assigned to those in the meet not already signed up to time or officiate.

Audit – We are in need of 2 more volunteers to assist with an in-house audit of Sharks books. Some experience in this area would be beneficial. Please email <u>lauradshipman@gmail.com</u> if you can help.

## **Upcoming Events**

Links will be highlighted in blue to click on and take directly to page on website.

Summer Squad Meets - Swimmers in Disc.Pre-Team,Disc.Adv are invited. Swimmers in Expl who do not qualify for long course meets will be opted in unless opted out by deadline)

Discovery – Exploratory Groups Meet Info <u>HERE</u>

Jul 23<sup>rd</sup>-25<sup>th</sup> – FCST Summer Champs 3 day\_prelim/final meet Final Entries <u>HERE</u> Itinerary <u>HERE</u> Job Signup <u>HERE</u> Psych Sheet <u>HERE</u> Timeline <u>HERE</u>

Jul 27<sup>th</sup> – Aug 1<sup>st</sup> – Southern Senior Zones – qualified swimmers, Justin, Tx Qualifying swimmers must opt IN as this is a travel meet.

Aug 10<sup>th</sup>-14<sup>th</sup> – NCSA Jr. Nationals – gualified swimmers, Huntsville, Alabama. Qualifying Swimmers must opt IN as this is a travel meet.

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Safe Sport: Sharks Swim Club is a Safe Sport Club – Thank you to the many parents & swimmers that are already completing this and sending their certs!! All parents and athletes (over age 12) should complete safe sport training available at your convenience through USA Swimming. Click <u>HERE</u> for instructions. Once each parent/athlete completes, please email your certificate showing name to Susan at <u>registrar@sharks-swim-club.org</u> One service hour credit will be applied for each one completed.

Adaptive Aquatics – Sharks Swim Club was the recipient of a USA Swimming Foundation Grant enabling us to run adaptive aquatics program this summer. Press release & scholarship application info <u>HERE</u>

Read the USA Swimming article HERE

# Volunteers Needed: We have several needs in order to successfully run our meets that we are hosting:

Safety Marshalls – Monitoring warmup up pool etc during meet Admin Official – described <u>HERE</u> Stroke & Turn officials - <u>HERE</u> Hospitality – please contact <u>Caitlyn Goins</u> for more info. Meet Director – please contact <u>Stephanie Meyers</u> for more info

### Sharks Social Media – Links to follow:

 Sharks Facebook HERE
 Sharks Instagram HERE

 Sharks Youtube channel HERE

 Sharks All Time Top Performances (updated 3/16/21)

 Team Records:
 Short Course Yards

 Current Leaderboard:
 Short Course Yards

 Relay Records:
 Short Course Yards

 Short Course Yards
 Long Course Meters

 Long Course Meters
 Long Course Meters

Time Standards are linked <u>HERE</u> on our website



### Qualifiers

### Age Group Champs

Tanner Antley, Lily Anzaldua, Mark Argyelan, Macey DeGroot, Hayden Holcomb, Andi Jeanes, Debra Kitu, KK LeBlanc, Abigail Lowman, Cameron Lowman, Paige McCray, Vanessa Marsh, Streeter Moore, Hayden Nielsen, Lauren Tillman, Evan Vidinha, Gabi Volpe

Tags

KK LeBlanc, Ben Nendza

#### Sectionals

Stevie Balistreri, Kara Boemio, Chase Ferguson, Anjali Friedman, Leah Givens, David Hensley, KK LeBlanc, Joey Lukner, Spencer Meyers, Maven Moore, Abigail Nelson, Allie Vidinha, Erika Yeguez

#### Southern Senior Zones

Stevie Balistreri, Elaine Bentley, Kara Boemio, Macey Degroot, Chase Ferguson, Anjali Friedman, Leah Givens, David Hensley, Katie Hillegeist, Edi Jakob, Andi Jeanes, Katie Koenst, KK LeBlanc, Abigail Lowman, Joey Lukner, Paige McCray, Spencer Meyers, Maven Moore, Abigail Nelson, Joe Nendza, Allison Scott, Lauren Tillman, Emma Vestal, Allie Vidinha, Gabi Volpe, Erika Yeguez

### NCSA's

Stevie Balistreri, Kara Boemio, Chase Ferguson, David Hensley, KK LeBlanc, Joey Lukner, Maven Moore, Abigail Nelson, Erika Yeguez

### Futures

Stevie Balistreri, Kara Boemio, KK LeBlanc, Maven Moore, Erika Yeguez