Week of June 28th Newsletter



Masks are recommended at practice, but not required

2020-2021 Practice Schedule

Last regular practice Friday July 30th

Registration for 2021-2022 coming Soon!

Only changes to regular schedule will be listed below (If no changes listed, practice is normal schedule as above)

Sr & Sr Perf see updated Jun/Jul/Aug Schedule HERE

No Changes to regular practice

Always be prepared for dryland with running shoes & dryland clothes

Audit – We are in need of 3 volunteers to assist with an inhouse audit of Sharks books. Experience in this area would be extremely beneficial. Please email lauradshipman@gmail.com if you can help.

Coaches Corner: You never know where your journey will take you – swimming & life. Who has heard of Hunter Armstrong? Going from training 2xwk to being fully committed. We can never pre-judge where a young athlete or person will go or end up, but how team trips and goals can help propel someone to another level. How teammates can help, hold each other accountable-it does not have to start out with wanting to be an Olympian but taking steps along with way, dealing with the ups and downs of any journey. How others can provide support. Enjoy these two short videos:

Hunter Armstrong <u>HERE</u> – wanting to make the team trip & having to commit.

HERE – After his Olympic trials performance.

Upcoming Events

Links will be highlighted in blue to click on and take directly to page on website.

Meet/Event Schedule Apr-Aug 21 – Shows which groups/which meets <u>HERE</u>

Summer Squad Meets - Swimmers in Disc.Pre-Team, Disc.Adv are invited.

Swimmers in Expl who do not qualify for long course meets will be opted in unless opted out by deadline)

Discovery – Exploratory Groups Meet Info HERE

Jul 8th-11th – Agglieland Invite –

(Swimmers must opt IN for this meet as it is a travel with family meet) Open to swimmers in Expl-Sr. Perf.

Final Entries HERE

July 9th – Summer Squad Meet # 2 Girls
Deadline 7/5

Jul 16th – Summer Squad Meet #2 Boys Deadline 7/12

<u>Jul 17th—18th – Peak Developmental</u>
<u>Champs</u> (Short Course Yards)
<u>Deadline 7/3</u>

Jul 23rd-25th – FCST Summer Champs
3 day <u>prelim/final meet</u>
Deadline 7/3

Jul 27th – Aug 1st – Southern Senior
Zones – qualified swimmers, Justin, Tx
Commit HERE Qualifying swimmers
must opt IN as this is a travel meet.

Aug 10th-14th - NCSA Jr. Nationals - qualified swimmers, Huntsville,
Alabama. Qualifying Swimmers must opt IN as this is a travel meet.

Sharks Merchandise Store - Open

There are 2 stores:

Summer Champs & Other Apparel <u>HERE</u> – store will remain open only through July 4th

Senior Zones & NCSA Qualifiers shirts <u>HERE</u> – store will remain open through July 11th

<u>Safe Sport: Sharks Swim Club is a Safe Sport Club</u> – Thank you to the many parents & swimmers that are already completing this and sending their certs!! All parents and athletes should complete safe sport training available at your convenience through USA Swimming. Click <u>HERE</u> for instructions. Once each parent/athlete completes, please email your certificate showing name to Susan at <u>registrar@sharks-swim-club.org</u> One service hour credit will be applied for each one completed.

Adaptive Aquatics – Sharks Swim Club was the recipient of a USA Swimming Foundation Grant enabling us to run adaptive aquatics program this summer. Press release & scholarship application info HERE

Read the USA Swimming article HERE

Volunteers Needed: We have several needs in order to successfully run our meets that we are hosting:

Safety Marshalls – Monitoring warmup up pool etc during meet Admin Official – described <u>HERE</u> Stroke & Turn officials - <u>HERE</u> Hospitality – please contact <u>Caitlyn Goins</u> for more info. Meet Director – please contact <u>Stephanie Meyers</u> for more info

Southern Senior Zones – Has moved to Justin, Texas. Jen Ferguson is already working Qualifying Swimmers will travel and stay with families. Booking link for hotel in email sent last week.

Sharks Social Media – Links to follow:

Sharks Facebook **HERE** Sharks Instagram **HERE**

Sharks Youtube channel **HERE**

Sharks All Time Top Performances (updated 3/16/21)

Team Records:Short Course YardsLong Course MetersCurrent Leaderboard:Short Course YardsLong Course MetersRelay Records:Short Course YardsLong Course Meters

Time Standards are linked **HERE** on our website



Qualifiers

Age Group Champs

Tanner Antley, Lily Anzaldua, Macey Degroot, Hayden Holcomb, Andi Jeanes, Debra Kitu, KK LeBlanc, Abigail Lowman, Cameron Lowman, Paige McCray, Vanessa Marsh, Streeter Moore, Ben Nendza, Hayden Nielsen, Lauren Tillman, Evan Vidinha, Gabi Volpe

Tags

KK LeBlanc, Ben Nendza

Sectionals

Stevie Balistreri, Kara Boemio, Chase Ferguson, Anjali Friedman, Leah Givens, David Hensley, KK LeBlanc, Joey Lukner, Spencer Meyers, Maven Moore, Abigail Nelson, Allie Vidinha, Erika Yeguez

Southern Senior Zones

Stevie Balistreri, Elaine Bentley, Kara Boemio, Macey Degroot, Chase Ferguson, Anjali Friedman, Leah Givens, David Hensley, Katie Hillegeist, Andi Jeanes, KK LeBlanc, Abigail Lowman, Joey Lukner, Paige McCray, Spencer Meyers, Maven Moore, Abigail Nelson, Joe Nendza, Allison Scott, Lauren Tillman, Emma Vestal, Allie Vidinha, Gabi Volpe, Erika Yeguez

NCSA's

Stevie Balistreri, Kara Boemio, Chase Ferguson, David Hensley, KK LeBlanc, Joey Lukner, Maven Moore, Abigail Nelson, Erika Yeguez

Futures

Stevie Balistreri, Kara Boemio, KK LeBlanc, Maven Moore, Erika Yeguez