# Week of May 31st Newsletter



# MASKS MUST BE WORN WHEN OUT OF THE POOL BY ALL SWIMMERS WHEN THEY ARE CLOSE TOGETHER.

2020-2021 Practice Schedule

### Only changes to regular schedule will be listed below

(If no changes listed, practice is normal schedule as above)

**Pre-Senior Now at FHS** 

Mon-Friday 6:30pm-8:30pm except Fri: 6:30pm-8pm

Sr & Sr Perf see Jun/Jul/Aug Schedule HERE

Sat Jun 5<sup>th</sup> - Dow Park Pool

Challenge/Expl Adv 1 & 2/Invited Pre-Sr: 9:00am-11:00am

FHS -

**Disc Adv 1 & 2:** 9:30am-10:30am

Expl 1 & 2 & Expl Adv (not at lcm) 10:00am-11:30am

\*Always be prepared for dryland with running shoes & dryland clothes\*

Coaches Corner: Important & Value of Swim Meets – please take Jun 18th – Summer Squad Meet #1 – advantage of attending the upcoming swim meets as this is where the kids/staff get great feedback, kids have a great opportunity to socialize and have fun with teammates, along with Jul 8th-11th - Agglieland Invite developing friendships. Also, where parents get to see the kids show their improvements, parents volunteer and the kids see their it is a travel with family meet) Open to parents chip in-give back. Visit with your child's coaches as needed. Greatly appreciate everyone helping with our June 11 & Deadline 6/14 18 developmental meets along with those in July. We have been fortunate to offer our Sharks swimmers many opportunities to race, especially as they are developing their skills, short course 25 Open to any swimmer racing long yards is much better for these swimmers.

directly to page on website.

Bleacher Signup - no longer needed please be mindful of numbers when you enter, if crowded please do not stay.

**Pre-Senior Monday signup** – no longer needed - will revisit if it becomes overcrowded.

April-July Practice Changes LCM '2021 HERE

Meet/Event Schedule Apr-Aug 21 – Shows which groups/which meets HERE

**Summer Squad** Meets – All Summer Squad participants will be added automatically. Swimmers in Disc.Pre-Team, Disc. Adv are invited. Swimmers in Expl who do not qualify for long course meets will be opted in unless opted out by deadline)

Discovery - Exploratory Groups Meet Info HERE

June 11th – Summer Squad Meet #1 – Girls - Deadline 6/7

June18-20th - FCST June LCM Invite All Challenge, Pre-Senior, Sr & Sr Perf. (Invited Expl Adv based on numbers) Deadline June 1

deadline 6/14

(Swimmers must opt IN for this meet as swimmers in Expl-Sr. Perf.

Jul 9-11th - Fleet 14 & Under Meet course in the Exploratory, Expl Adv, Challenge or Pre-Senior groups. Deadline 6/21

**USA Olympic Trials** – learn from watching the best, along with hearing/seeing stories of swimmers who have gone through the challenges many of you have faced.

Wave 1 – those swimmers who have made these tough standards but to make the meet more manageable size wise they had to split up and put the lower seeds in a at a different time in the same pool in Omaha, Neb. This will be shown June 4-7 on Olympic Channel at 7pm CT.

Wave 2 (Jun 13-20)— all the top seeds (World Record & American record holders) National team members and the fastest swimmers in the world. Shown on NBC Finals most nights 7pm CT & NBCSN prelims heats at different times. Go to usaswimming.org for more info.

**Adaptive Aquatics** – Sharks Swim Club was the recipient of a USA Swimming Foundation Grant enabling us to run an adaptive aquatics program this summer. Press release & scholarship application info <a href="HERE">HERE</a>

Read the USA Swimming article HERE

# Volunteers Needed: We have several needs in order to successfully run our meets that we are hosting:

Safety Marshalls – Monitoring warmup up pool etc during meet Admin Official – described <u>HERE</u> Stroke & Turn officials - <u>HERE</u> Hospitality – please contact <u>Caitlyn Goins</u> for more info. Meet Director – please contact <u>Stephanie Meyers</u> for more info

<u>Safe Sport: Sharks Swim Club is a Safe Sport Club</u> – all parents and athletes should complete safe sport training available at your convenience through USA Swimming. Click <u>HERE</u> for instructions. Once each parent/athlete completes, please email your certificate showing name to Susan at <u>registrar@sharks-swim-club.org</u> One service hour credit will be applied for each one completed.

**Southern Senior Zones** – In Lewisville, Tx. Qualifying Swimmers will travel and stay with families. Booking link for hotel in email sent last week.

#### Sharks Social Media – Links to follow:

Sharks Facebook HERE Sharks Instagram HERE

Sharks Youtube channel HERE

Sharks All Time Top Performances (updated 3/16/21)

Team Records:Short Course YardsLong Course MetersCurrent Leaderboard:Short Course YardsLong Course MetersRelay Records:Short Course YardsLong Course Meters

Time Standards are linked **HERE** on our website



## **Qualifiers**

#### **Age Group Champs**

Tanner Antley, Lily Anzaldua, Mark Argyelan, Macey DeGroot, Hayden Holcomb, Andi Jeanes, Debra Kitu, KK LeBlanc, Abigail Lowman, Cameron Lowman, Paige McCray, Vanessa Marsh, Streeter Moore, Hayden Nielsen, Lauren Tillman, Evan Vidinha, Gabi Volpe

#### Tags

KK LeBlanc, Ben Nendza, Joe Nendza

#### **Sectionals**

Stevie Balistreri, Kara Boemio, Chase Ferguson, Emery Fitzharris, Anjali Friedman, Leah Givens, David Hensley, KK LeBlanc, Joey Lukner, Maven Moore, Abigail Nelson, Allie Vidinha, Erika Yeguez

#### **Southern Senior Zones**

Stevie Balistreri, Elaine Bentley, Kara Boemio, Chase Ferguson, Emery Fitzharris, Anjali Friedman, Leah Givens, David Hensley, Katie Hillegeist, Andi Jeanes, KK LeBlanc, Alex Linden, Abigail Lowman, Joey Lukner, Paige McCray, Spencer Meyers, Maven Moore, Abigail Nelson, Joe Nendza, Lauren Tillman, Emma Vestal, Allie Vidinha, Gabi Volpe, Erika Yeguez

#### NCSA's

Stevie Balistreri, Kara Boemio, Chase Ferguson, Emery Fitzharris, David Hensley, KK LeBlanc, Joey Lukner, Maven Moore, Abigail Nelson, Erika Yeguez

#### **Futures**

Kara Boemio, KK LeBlanc, Maven Moore, Erika Yeguez