



MASKS MUST BE WORN WHEN OUT OF THE POOL BY ALL SWIMMERS WHEN THEY ARE CLOSE TOGETHER.

[2020-2021 Practice Schedule](#)

[Conflict Dates](#)

Only "Changes" to normal practice schedule will be listed – if schedule is normal it will NOT be listed below.

Friday Nov 20th – Stevenson – Friday Night Races

Friday Night Races: If your swimmer is not entered in the final entries, they do not have practice)

- Sr/Sr Perf 4:30pm-5:20pm practice
Meet: 5:20-6:00pm (4IM), Dryland 6:00pm-6:30pm
- Expl Adv 5:50pm-6:25pm practice
Meet: 6:25pm-6:50pm
- Challenge/Pre-Sr – 6:30pm-7:30pm practice
Meet: 7:30pm-8:00pm

No Exploratory or Discovery Pre Team Practice

Saturday Nov 21st – Stevenson Park Pool-Swimmers not in

- meet:
Sr/Sr Performance – 7:30am-9:45am
Challenge/Expl. Adv not in meet: 9:30am-11:00
Swim Fit – 11:00am-12:00pm

Always be prepared for dryland with running shoes & dryland clothes

Coaches Corner

Progress Reports & Test Sets by group [HERE](#)

Upcoming Events

Links will be highlighted in blue to click on and take directly to page on website.

Bleacher signup – sign up to be in the natatorium while your swimmer is in the pool – as we are limited on numbers [HERE](#)
This list will be refreshed each Sunday for the upcoming week.

Friday Nov 20th – Friday night IM races during practice at Stevenson – 14 & Under 200IM, 11 & Over 400IM (unsanctioned)

Swimmers need to provide their own timers with swimmingly app on phone

Heat Sheet [HERE](#) (subject to change)
Itinerary [HERE](#)

Nov 21st – Sharks Hosted 10 & Under meet

Final Entries [HERE](#)
Heat Sheet [HERE](#)
Itinerary [HERE](#)
Job Signup [HERE](#)
Timeline [HERE](#)
Hospitality Helps [HERE](#)

Nov 22nd Optional Sunday Practice – Signup [HERE](#)

Dec 5&6 – 12 & Under Champ Meet at SSAN (Challenge, Exploratory Adv & select Exploratory swimmers)
Commit [HERE](#)

Dec 6th – Developmental Meet-Discovery Groups, Swim Fit & select Exploratory swimmers. Commit [HERE](#) Deadline Nov 30)
Meet Info [HERE](#)
Estimated Itinerary [HERE](#)

Dec 18-20th – Prelim Final Meet for 13 & Over – More info & commit [HERE](#)

Jan 15-17th – Belton Travel Meet - [HERE](#)

Important Deadlines

Mon Nov 23rd – 12 & Under Champs at SSAN

Mon Nov 30th – Developmental Meet Dec 6

Team Merchandise Store:

The team store is open through Friday November 20th. This is your opportunity to order additional Sponsor or team shirts/sweatshirts for parents & siblings. Click [HERE](#) to order.

We also have a fun Christmas shirt designed by our very own Leah Givens. You can also order this shirt as well. Leah's Design: (Shirt is being added to team store, should be available tonight.)



Holiday Practice Schedule [HERE](#)

Swimmers should be signed up for the days they will attend. This will allow coaches to better plan lanes at practice,

Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)

Sharks Youtube channel [HERE](#)

Sharks All Time Top Performances (updated 3/24/20)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top Relays	Short Course Yards	Long Course Meters

Time Standards are linked [HERE](#) on our website



Qualifiers Age Group Champs

Tristan Arghiropol, Emery Fitzharris, Ayden Hilliard, Hayden Holcomb, Edi Jakob, Andi Jeanes, KK LeBlanc, Cameron Lowman, Paige McCray, Selim Mahmoud, Nicole Medina, Streeter Moore, Hayden Nielsen, Andrew Sugunan, Lauren Tillman, Evan Vidinha, Gabi Volpe

Tags

KK LeBlanc, Gabi Volpe

Sectionals

Stevie Balistreri, Kara Boemio, Anjali Friedman, Leah Givens, David Hensley, Joseph Lukner, Maven Moore, Abigail Nelson, Allie Vidinha, Erika Yeguez

Southern Senior Zones

Stevie Balistreri, Elaine Bentley, Kara Boemio, Emery Fitzharris, Anjali Friedman, Leah Givens, David Hensley, Andi Jeanes, KK LeBlanc, Alex Linden, Joseph Lukner, Paige McCray, Spencer Meyers, Maven Moore, Abigail Nelson, Lauren Tillman, Emma Vestal, Allie Vidinha, Erika Yeguez

NCSA's

Maven Moore, Abigail Nelson, Erika Yeguez