Week of November 29th Newsletter



MASKS MUST BE WORN WHEN OUT OF THE POOL BY ALL SWIMMERS WHEN THEY ARE CLOSE TOGETHER.

2020-2021 Practice Schedule

Conflict Dates

Friday December 4th - Stevenson

Sr & Sr Perf - 4:45pm-7:15pm

Other Groups - FHS:

Discovery Pre-Team – 4:45pm-5:30pm Exploratory 1 – 5:00pm-6:30pm Exploratory Adv 1 & 2 4:45pm-6:15pm Challenge – 6:00pm-8:00pm Pre Senior – 6:15pm-8:00pm

Saturday December 5th - FHS

Sr & Sr Perf – 7:00am-10:15am
Disc Adv 1 & 2 – 9:30am-10:15am
Expl 1 & 2 & Expl Adv 1 & 2 not in meet 10:00am-11:30am
Swim Fit – 11:00am-12:00pm

Sunday December 6th - No practices due to meet *Always be prepared for dryland with running shoes & dryland clothes*

Coaches Corner

Progress Reports & Test Sets by group **HERE**

Small group signup for Exploratory & Disc. Adv Swimmers – can sign up for 1 spot each month, a second, if space is available. HERE

<u>Senior Performance Dryland</u>: Monday, Wednesday & Friday or Saturday to be determined on the week.

Blue Santa Toy Drive – We are collecting for the Friendswood Police Officers Association Blue Santa for our toy drive this year. Please see the flyer. A large box will be in the Natatorium for you to place unwrapped gifts. You can also make a paypal donation for gift cards to be be purchased. Flyer HERE.

Upcoming Events

Links will be highlighted in blue to click on and take directly to page on website.

Bleacher signup – sign up to be in the natatorium while your swimmer is in the pool – as we are limited on numbers HERE This list will be refreshed each Sunday for the upcoming week.

Dec 6th – Optional Practice – No optional practice Sunday due to developmental meet.

December Champ Meet Info HERE

Dec 5&6 – 12 & Under Champ Meet at

SSAN (Challenge, Exploratory Adv & select Exploratory swimmers)

Final Entries HERE

Itinerary – to follow once host sends

Relay policy **HERE**

Dec 6th - Developmental Meet-

Meet Info HERE
Estimated Itinerary HERE
Final Entries HERE
Job Signup HERE

Dec 18-20th – Sharks Winter Invite for 13 & Friday Timed Finals, Sat & Sun Prelim/Finals and Timed finals middle session Preliminary Entries HERE (updated 11/30/20)

Jan 15-17th - Belton Travel Meet - HERE

Important Deadlines

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Holiday Practice Schedule HERE

Swimmers should be signed up for the days they will attend. This will allow coaches to better plan lanes at practice.

12 & Under Champs at SSAN Dec 5 & 6

Host will send timing and warmup assignments, which will be posted and emailed out.

Swimmers have relays as part of this champ meet – team relay policy <u>HERE</u>

Developmental "Reindeer Races" meet Dec 6th

This meet will take place at the Friendswood High School Natatorium. Itinerary, final entries and job signup are linked above.

Volunteer policy reminder: When Sharks Swim Club is hosting or attending swim meets, volunteer positions are needing to be filled. When attending a non-hosted meet, the number of timing assignments are based on the number of swimmers attending the meet. When Sharks hosts a meet, we have a variety of positions that need to be filled. Sharks policy is that any positions remaining open 48 hours before the start of the meet will be assigned to someone entered in the meet but not yet signed up or officiating. Failure to fulfil your position or find a replacement will incur a \$50 fine.

Sharks Social Media – Links to follow:

Sharks Facebook <u>HERE</u> Sharks Instagram <u>HERE</u> Sharks Youtube channel <u>HERE</u>



Emery Fitzharris, Hayden Holcomb, Andi Jeanes, KK LeBlanc, Cameron Lowman, Paige McCray, Selim Mahmoud, Streeter Moore, Hayden Nielsen, Lauren Tillman, Gabi Volpe

Sectionals

Stevie Balistreri, Kara Boemio, Anjali Friedman, Leah Givens, David Hensley, Joseph Lukner, Maven Moore, Abigail Nelson, Allie Vidinha, Erika Yeguez

Southern Senior Zones

Stevie Balistreri, Elaine Bentley, Kara Boemio, Chase Ferguson, Emery Fitzharris, Anjali Friedman, Leah Givens, David Hensley, Andi Jeanes, KK LeBlanc, Alex Linden, Joseph Lukner, Paige McCray, Spencer Meyers, Maven Moore, Abigail Nelson, Lauren Tillman, Emma Vestal, Allie Vidinha, Erika Yeguez

NCSA's

Kara Boemio, Maven Moore, Abigail Nelson, Erika Yeguez

Sharks All TimeTopPerformances (updated 3/24/20)

Team Records	Short Course Yards	Long Course Meters
Top 10 Individual	Short Course Yards	Long Course Meters
Top Relays	Short Course Yards	Long Course Meters

Time Standards are linked **HERE** on our website