Links will be highlighted in blue to click on and take directly to page on website.

Sept 11th – Parent Meetings – more info

Week of Aug 16th Newsletter



coming.

Sept 18th – Tentative Date – Sharks Pentathlon – Details tentative

Masks are recommended at practice, but not required.

August Practice Schedule

through Sept 2nd all groups at FHS unless otherwise noted at Mag Creek

2021-2022 Practice Schedule Begins Sept 7th

Practices resume Tuesday August 17th – See schedule above.

- Tues Aug 17th Sr & Sr Perf groups ONLY 4:45pm-7pm
- Wed Aug 18th Expl, Expl Adv & Masters practice at Mag Creek
- Thu Aug 19th Expl, Expl Adv & Masters practice at Mag Creek
- Fri Aug 20th Expl, Expl Adv & Masers practice at Mag Creek
- Sat Aug 21st NO practice for any groups
- Mon Aug $23^{\mbox{\scriptsize rd}}$ All groups at FHS

Regular practice schedule begins Tuesday Sept 7th

Parent Meetings Saturday September 11th

Always be prepared for dryland with running shoes & dryland clothes

Coaches Corner: Annual Registration for 2021-2022 is open – read letter from Board <u>HERE</u> – link to register included in letter. If you have not yet registered your child for 2021-2022, this must be completed prior to their return to practice. Any accounts not registered by Aug 31 will be suspended.

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August	Age-Date
Loukas Arghiropol	8 – 2 nd
Lauren Vidinha	15 – 2 nd
Lorenzo Petkovich	8 – 2 nd
Evan Vidinha	$12 - 5^{th}$
Tristan Arghiropol	12 – 15 th
Atlin Glasgow	11 – 16 th
Lily Anzaldua	13 – 19 th
Sophia Boring	10 – 19 th
Peyton Clark	7 – 21 st
Noah Givens	14 – 23 rd
Hannah Kitu	10 – 24 th
Nicole Medina	14 – 24 th
Matias Valverde	9 – 27 th
Eric Song	15 – 29 th
Emma Vestal	16 – 31 st

 Sharks Social Media – Links to follow:

 Sharks Facebook HERE
 Sharks Instagram HERE

 Sharks Youtube channel HERE

 Sharks All Time Top Performances (updated 8/17/21)

 Team Records:
 Short Course Yards

 Long Course Meters

 Current Leaderboard:
 Short Course Yards

Time Standards are linked <u>HERE</u> on our website

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