Week of Aug 2nd Newsletter



Masks are recommended at practice, but not required.

August Practice Schedule through Sept 2nd

2021-2022 Practice Schedule Begins Sept 7th

Practices resume Tuesday August 17th – See schedule above.

Regular practice schedule begins Tuesday Sept 7th

Parent Meetings Saturday September 11th

*Always be prepared for dryland **with running shoes & dryland** clothes*

Coaches Corner: Annual Registration for 2021-2022 is now Open – read letter from Board <u>HERE</u> – link to register included in letter. Registration should be completed prior to our resuming practice.

Thank you note from Coaches for gift HERE

Bootcamp with Coach Dacia & Coach Juan - Come join us for 6 mornings of cardio, pilates, plyometrics, yoga, and fun. Everyone is invited, moms, dads, brothers, sisters, and friends to join in on our fun.

We will meet Mondays, Wednesdays, Fridays, at 0630 - 0730 Friendswood High School Natatorium parking lot.

Requirements a smile, fun energy, and a towel in case you work up a sweat!

\$60/ for two weeks (will be invoiced to account) Signup <u>HERE</u> Aug 2nd-Aug 13th – Bootcamp with Coach Dacia & Coach Juan Monday, Wednesday & Friday mornings.

Aug 10th-14th – NCSA Jr. Nationals – aualified swimmers, Huntsville, Alabama. Preliminary Entries <u>HERE</u>

Sept 11th – Parent Meetings – more info coming.

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Upcoming Events

Links will be highlighted in blue to click on and take directly to page on website.

Zones Highlights: Too many to list them all but great "Team effort" as everyone contributed in some way. Sharks finished 2nd (out of 50 scoring teams) at Southern Senior Zones held in Dallas with teams from all over the Southeast USA. 1st Katy, 2nd Sharks 3rd FCST, 4th Mississippi Makos, 5th City of Lafayette Aquatics, 6th Lakeside Aquatics of Dallas followed by Texas Ford, Swim Streamline, Aggie Swim Club, Plantation out of Fla, Sails, SHAC, Atomic out of North Carolina, Dads Club.

First, the overall attitude was great, especially considering the 4.5 day length of the meet, air quality problems the 2nd day (corrected) which affected some kids more than others. It was very challenging swimming that many days of prelims and finals plus swimming up to 5-7 relays. Many scored points for the team either placing in the top 24 or relays which everyone contributed. We do not have final results yet – taking places from meet mobile. Those earning top 8 Individual medals & points:

Stevie Balistreri - 50 fly, 100 fly & 2IM

Spencer Meyers - 400IM, 800 Free & 1500 Free

David Hensley – 200 Fly & 400IM

Chase Ferguson – 100 & 200 Back

Maven Moore, 400IM, 50, 100 & 200 Breast(9th)

Paige McCray-1500 Free

Hope I didn't miss anyone – if so I'll add to later August newsletter & Coach Matt will update Team Records. Many others scored valuable points & great swims in relays. Had many young ladies swim their 1st P/F meet with over 600+ swimmers. Coach Kate did a great job getting all these young ladies ready for higher level Senior swimming. Kudo's to all who attended and were part of our best team effort at a high level Senior meet. Now off to Jr Nationals in Huntsville Alabama – Abigail Nelson, Maven Moore, Kara Boemio, KK LeBlanc, Chase Ferguson, Stevie Balistreri & David Hensley. Others who made Jr Nats this past year but will not be able to attend. Leah Givens, Erika Yeguez & Joey Lukner – last two headed off to college. Thanks to the parents for being present for support & Sat night team dinner!

Sharks Social Media – Links to follow:

Sharks Facebook <u>HERE</u> Sharks Instagram <u>HERE</u> Sharks Youtube channel <u>HERE</u>

Sharks All Time Top Performances (updated 3/16/21)Team Records:Short Course YardsLong Course MetersCurrent Leaderboard:Short Course YardsLong Course MetersRelay Records:Short Course YardsLong Course Meters

Time Standards are linked HERE on our website



August	Age-Date
Loukas Arghiropol	9 – 2 nd
Lauren Vidinha	15 – 2 nd
Evan Vidinha	$12 - 5^{th}$
Tristan Arghiropol	12 – 15 th
Atlin Glasgow	11 – 16 th
Kate Anzaldua	13 – 19 th
Sophia Boring	10 – 19 th
Peyton Clark	7 – 21 st
Noah Givens	14 – 23 rd
Hannah Kitu	10 – 24 th
Nicole Medina	14 – 24 th
Matias Valverde	9 – 27 th
Eric Song	15 – 29 th
Emma Vestal	16 – 31 st

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