### Week of Aug 23rd Newsletter

# **Upcoming Events**

Links will be highlighted in blue to click on and take directly to page on website.



Sept 11<sup>th</sup> – Parent Meetings – more info coming.

Masks are recommended at practice, but not required.

**Sept 18<sup>th</sup>** – Tentative Date – Sharks Pentathlon – Details tentative

## **August Practice Schedule**

through Sept 2<sup>nd</sup> all groups at FHS unless otherwise noted at Mag Creek

## 2021-2022 Practice Schedule

**Begins Sept 7th** 

Practices resume Tuesday August 17<sup>th</sup> – See schedule above.

Fri Aug 27th - No Practice ANY GROUP

Regular practice schedule begins Tuesday Sept 7th

Parent Meetings Saturday September 11th

\*Always be prepared for dryland with running shoes & dryland clothes\*

**Communication Policy** – If you have not done so already, you should verify your email addresses on your sharks account, add cell phone numbers (and verify) for important text alerts and download the on-deck app.



### **Qualifiers**

### **Age Group Champs**

Tanner Antley, Lily Anzaldua, Mark Argyelan, Macey DeGroot, Hayden Holcomb, Andi Jeanes, Debra Kitu, KK LeBlanc, Abigail Lowman, Cameron Lowman, Paige McCray, Vanessa Marsh, Streeter Moore, Hayden Nielsen, Lauren Tillman, Gabi Volpe

#### Tags

Macey Degroot, KK LeBlanc, Gabi Volpe

#### **Sectionals**

Stevie Balistreri, Kara Boemio, Chase Ferguson, Leah Givens, David Hensley, KK LeBlanc, Spencer Meyers, Maven Moore, Abigail Nelson

#### **Southern Senior Zones**

Stevie Balistreri, Kara Boemio, Macey Degroot, Chase Ferguson, Leah Givens, David Hensley, Katie Hillegeist, Edi Jakob, Andi Jeanes, Katie Koenst, KK LeBlanc, Abigail Lowman, Paige McCray, Spencer Meyers, Braylynn Moore, Maven Moore, Abigail Nelson, Joe Nendza, Lauren Tillman, Emma Vestal, Gabi Volpe

#### NCSA's

Stevie Balistreri, Kara Boemio, Chase Ferguson, David Hensley, KK LeBlanc, Maven Moore, Abigail Nelson

#### **Futures**

Stevie Balistreri, Kara Boemio, KK LeBlanc, Mayen Moore

### Sharks Social Media – Links to follow:

Sharks Facebook HERE Sharks Instagram HERE

Sharks Youtube channel **HERE** 

Sharks All Time Top Performances (updated 8/17/21)

Team Records: Short Course Yards Long Course Meters
Current Leaderboard: Short Course Yards Long Course Meters

Time Standards are linked HERE on our website