# Week of Dec 20th Newsletter

# **Upcoming Events**

inks will be highlighted in blue to click on and take directly to page on website.



Masks are strongly recommended at practice, but not required.

2021-2022 Practice Schedule

Holiday Training Schedule 21 (updated 12/14/21)

## **Practice changes this week:**

**Fri Dec 24**th – Please see Holiday training schedule for adjustments today.

**Sat Dec 25**th – No training any groups – Merry Christmas

\*Always be prepared for dryland with running shoes & dryland clothes\*

#### **Coaches Corner:**

We strongly encourage all our groups to take advantage of the weekend and Holiday practice sessions.

<u>Blue Santa</u> – Thank you to all who participate in the collection for the Friendswood Police Blue Santa – a car load of toys was dropped off.



<u>Winter Warrior</u> -Winter Warrior is a challenge for all of our swimmers to come to 100% of their practices over the holiday break. Swimmers in the Discovery Pre-Team-Senior Performance groups who come to 100% of their practices have a winter warrior celebration on January 9.

Jan 2<sup>nd</sup> – <u>Sulfur Day Trip</u> Sr/Sr Perf & Invited Pre-Senior training/racing day in Louisiana.

Opt In by Dec 10th

Fri Jan 7<sup>th</sup> – 4:30pm-7:30pm Speedo Rep coming for high performance tech suit sizing for 13 & ups.

**Sat Jan 8**th – Team Pictures – More info to come

**Sun Jan 9<sup>th</sup> – Winter Warrior Celebration** – Dinner & a movie

Jan 15<sup>th</sup>-16<sup>th</sup>- <u>Aqua Meet</u> Final Entries <u>HERE</u> No changes after 12/23/21 @ Noon

Jan 14<sup>th</sup>-16<sup>th</sup> – <u>TWST Prelim/Finals Meet</u> Preliminary Entries <u>HERE</u> No Changes after 12/30/21 @ Noon

**Feb 5<sup>th</sup> –** Sharks Developmental Meet Opt IN Deadline Feb 3<sup>rd</sup>

Reindeer Races Developmental Meet – Our 2<sup>nd</sup> annual Reindeer Races was a success with lots of fast swims and great success from all of our Sharks swimmers. We had some great help from our older swimmers: Stevie Balistreri, Olivia Esbeck, Katie Hillegeist, Spencer Meyers, Braylynn Moore, Maven Moore and Zoe Worthey. Thank you to our amazing swim families who helped make this meet a success.

Gulf Age Group Championship Meet – Texas A&M Age Group Champs was a great weekend of racing at Texas A & M. As a team we ranked 16<sup>th</sup> overall with 7 swimmers competing in the meet. We had several top 8 swims from the group:

Macey DeGroot 7<sup>th</sup>-200 Back, 5<sup>th</sup>-50Free & 8<sup>th</sup>-100Back.

Leighton Haver 5<sup>th</sup>-50Breast, 7<sup>th</sup>-100Free, 7<sup>th</sup>-50Back & 8<sup>th</sup> 2IM KK LeBlanc 4<sup>th</sup> 500Free, 4<sup>th</sup> 200Back, 1<sup>st</sup>--50Free, 8<sup>th</sup>-200Free, 3<sup>rd</sup>-100Free & 3<sup>rd</sup>-100Back.

13-14 Girls 400 Medley Relay-7<sup>th</sup> 13-14 Girls 400 Free Relay-3<sup>rd</sup>

## Sr/Sr Perf & Invited Pre-Senior Sulfur Day Trip & Racing:

Short team bonding trip & training, along with racing a few Louisiana teams. All details are in event.

## Sharks Social Media – Links to follow:

Sharks Facebook <u>HERE</u> Sharks Instagram <u>HERE</u>

Sharks Youtube channel **HERE** 

Sharks All Time Top Performances (updated 12/21/21)

**Team Records:** Short Course Yards Long Course Meters

Time Standards are linked HERE on our website



## **Qualifiers**

#### **Age Group Champs**

Tanner Antley, Macey DeGroot, Ethan Ellington, Ayden Hilliard, Annaliese Hughes, Edi Jakob, KK LeBlanc, Caleb Livesay, Abigail Lowman, Vanessa Marsh, Ben Nendza, Hayden Nielsen, Lauren Tillman, Gabi Volpe

#### Tags

Macey Degroot, Leighton Haver, KK LeBlanc, Ben Nendza, Gabi Volpe Girls 13-14 4x100 Relay: Macey DeGroot, Edi Jakob, Abigail Lowman & KK LeBlanc

#### **Sectionals**

Stevie Balistreri, Kara Boemio, Chase Ferguson, Leah Givens, David Hensley, KK LeBlanc, Spencer Meyers, Maven Moore, Abigail Nelson

#### **Southern Senior Zones**

Stevie Balistreri, Kara Boemio, Ethan Bonow, Macey Degroot, Chase Ferguson, Leah Givens, Natalie Goza, David Hensley, Katie Hillegeist, Edi Jakob, Andi Jeanes, Katie Koenst, KK LeBlanc, Abigail Lowman, Paige McCray, Spencer Meyers, Braylynn Moore, Maven Moore, Abigail Nelson, Joe Nendza, David Szklaruk-Traipe, Lauren Tillman, Gabi Volpe, Caroline Westbrook

## NCSA's

Stevie Balistreri, Kara Boemio, Chase Ferguson, David Hensley, KK LeBlanc, Maven Moore, Abigail Nelson

#### **Futures**

Stevie Balistreri, Kara Boemio, KK LeBlanc, Mayen Moore