



Masks are strongly recommended at practice, but not required.

[2021-2022 Practice Schedule](#)

[Practice changes this week:](#)

Tue Feb 15th – Stevenson Park Pool (due to Jr. High tryouts)

Discovery Adv 1 & 2: 5:45pm-5:30pm

Wed Feb 16th – Stevenson Park Pool (due to Jr. High tryouts)

Discovery Pre-Team: 5:45pm-6:30pm

Exploratory: 5:45pm-6:45pm

Sat Feb 19th – FHS

No Challenge practice

No Exploratory Advance practice

Discovery Advance 1 & 2: 9:30am-10:30am

Exploratory 8 & Under swimmers: 9:30am-10:30am

Always be prepared for dryland *with running shoes & dryland clothes*

Coaches Corner: [Samantha Livingston - Olympian](#)

Long Course Personalized Cap Order details coming soon!

Banquet Info for Short Course End of Season coming soon

Upcoming Events

Links will be **highlighted in blue** to click on and take directly to page on website.

[13 & Over Spring Champs Meets Qualifiers 2022](#)

[Sharks Relay Policy](#)

Feb 18th-20th – [SC Champs II – 9-14 yr olds](#), 13-14's with 2 or less A times.

Location North Channel Aquatics
Final Entries [HERE](#) (updated)

Timeline [HERE](#) Itinerary [HERE](#)

Warmup/Timing [HERE](#)

Psych Sheet [HERE](#) Job signup [HERE](#)

Feb 25th-27th – [SC Champs III – 13 & Over](#) Location TBD by Gulf

Final Entries [HERE](#)

No changes after 2/4/22 @ Noon

Mar 4th-6th – [Sharks Hosted Prelim/Final Meet](#) – All 11 & Over swimmers

Opt out by Feb 13th

Preliminary Entries [HERE](#)

Final Entries 2/22

No Changes after 2/25/22 @ Noon



Short Course Champs II – Job Signup for this weekend

Job signup for timing assignments are linked above, and will open on the following schedule:

One per family – today, Feb 15th @ 7pm

Multiple per family – Thursday Feb 17th @7pm

Signups close end of day Thursday 17th

Any remaining open positions assigned Friday Feb 18th

If you have already met your service hours for short course please consider waiting on signing up and allowing those that still need hours to get multiple positions if desired.

Short Course Service Hours: A friendly reminder that you have until March 31 to complete your Short Course Service hours for the following groups: Discovery Adv 1 & 2, Exploratory, Exploratory Adv, Challenge, Pre-Senior, Senior & Senior Performance.

There are still opportunities to complete your hours, including the developmental meet Feb 5th, Champ Meets in Feb & Sharks hosted meet March 4th-6th.

Unmet hours will be invoiced to accounts on March 31st.

You can check your service hours balance through my invoices/payments, click service hours at the top and scroll right to see the balance remaining.

Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)

Sharks Youtube channel [HERE](#)

Sharks All Time Top Performances (updated 12/21/21)

Team Records: [Short Course Yards](#) _____ (updated 1/25/22)

[Long Course Meters](#)

Time Standards are linked [HERE](#) on our website

Qualifiers

Age Group Champs

Tanner Antley, Shahd Borji, Macey DeGroot, Adrianna Duncan, Ethan Ellington, Ayden Hilliard, Edi Jakob, KK LeBlanc, Caleb Livesay, Abigail Lowman, Vanessa Marsh, Ben Nendza, Hayden Nielsen, Lauren Tillman, Gabi Volpe

Tags

Macey Degroot, Leighton Haver, KK LeBlanc, Ben Nendza, Gabi Volpe

Sectionals

Stevie Balistreri, Kara Boemio, Chase Ferguson, Leah Givens, David Hensley, KK LeBlanc, Spencer Meyers, Maven Moore, Abigail Nelson

Southern Senior Zones

Stevie Balistreri, Kara Boemio, Ethan Bonow, Macey Degroot, Chase Ferguson, Leah Givens, Natalie Goza, Tristan Haver, David Hensley, Katie Hillegeist, Edi Jakob, Andi Jeanes, Katie Koenst, KK LeBlanc, Abigail Lowman, Spencer Meyers, Braylynn Moore, Maven Moore, Abigail Nelson, Joe Nendza, David Szklaruk-Traipe, Lauren Tillman, Gabi Volpe

NCSA's

Stevie Balistreri, Kara Boemio, Chase Ferguson, Leah Givens, David Hensley, KK LeBlanc, Maven Moore, Abigail Nelson, Gabi Volpe

Futures

Stevie Balistreri, Kara Boemio, David Hensley, KK LeBlanc, Maven Moore, Abigail Nelson