



Week of July 18th, 2022

2021 –2022 Practice Schedule

**Practice Changes This Week:**

**Wed Jul 20th—FHS**

**Exploratory** 4:45pm-6:15pm (each Wednesday until end of July )

**Fri July 22nd—FHS**

**Expl & Expl Advance**—4:45pm-6:15pm

**Pre-Senior:** 6:00pm-8:00pm

**Fri July 23rd-SHAC**

**Sr/Sr Perf:** 11:30am-1:30pm

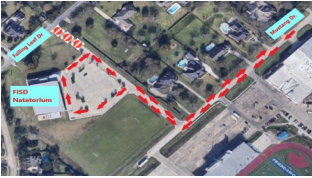
**Sat July 23rd—FHS**

**Sr/Sr Perf**— 7:30am-9:30am

**No Disc. Adv/ Exploratory/Expl Adv regular practice**—swimmers are invited to attend Summer Squad Champs—Please email your coach Today if interested.

**Challenge Expl Adv & Pre-Sr in Summer Champs (7/29-7/31)**— 7:45am-9:30am (no regular practice for those NOT in Summer Champs

Please adjust your route to and from natatorium due to road construction beginning June 15th on Pride Rd from Falling Leaf



**Coaches Corner:** August is the main move up for the swim team. As we complete July championship meets, group move-up announcements will be sent out by coaches.

Registration for the 2022-2023 Season now open for returning swimmers. Registration for new to Sharks swimmers will open August 1st. —USA Swimming Athlete registration will be changing for the 2023 season which will involve a separate registration fee, stay tuned for details.

Fall 2022-2023 Training Schedule

Letter from Board regarding Registration & Fees HERE

Sharks Swim School at Magnolia Creek—

Summer Intensive Lessons going on through end of July.

Lessons are Tuesday through Friday \$65 for each week/4 classes

Classes for Level 1, 2 & 3 available

Register HERE

**Autism Swim/Adaptive Aquatics:** More Info HERE

Adaptive Aquatics Application

Contact Coach Dacia Moore at dacia105@yahoo.com or call us at 281-400-1175 with questions about the program. Thank you to our supporters of this program, Speedo, Inked Design, Gulf Swimming & Sharks Swim Club.

**Upcoming Events**

*Links will be underlined click on and take directly to page on website.*

Long Course 2022 Meet Schedule

Long Course Champs Info

Champs Meet Relay Policy

*Discovery Groups are Invited to Summer Squad Meets—Opt IN*

**Jul 23rd—Summer Squad Champs**

Friendswood High School

Summer Squad & Discovery Group

Itinerary, Job signup will be emailed 7/20/22

**Jul 26th-30th— Southern Senior Zones**

Morgantown, West Virginia

All Qualified Swimmers

**Jul 29th-31st—Gulf Summer Champs**

Don Cook Natatorium

All Qualified swimmers

Preliminary Entries HERE

Final Entries HERE

Itinerary & Job signup will be emailed once info received from host.

No changes after 7/6 @ Noon

**Developmental Meet Sat July 23rd**—Job signup.

Notification will be sent with job signup opening tomorrow, Wed July 20th

**Summer Champs July 29-31**– Job signup will be sent once information received from host along with itinerary.

**Long Course Service hours:** We have two final opportunities for long course service ours: Summer Squad Champs at FHS Saturday, July 24th—jobs will be posted for signup and emailed out tomorrow. Summer Champs July 29th-31st at FCST—timing assignments will be emailed out once info received from host. Unmet hours will be invoiced to accounts for payment on August 1.

Any hours met during the Summer Champs meet that ends on the evening of Sunday, July 31st will be credited to the 2021-2022 season and refunded after August 1st. Susan is traveling back from Senior Zones as a chaperone and will not be able to include those hours as she is not returning home until after 10pm that evening of the 31st and will not be checking the computer again until Monday August 1st.

**Sharks Swim Fit**—We now have two options for Swim Fit—School Year option with monthly training and seasonal option. Details are included in the board letter linked on page 1.

**Sharks Social Media – Links to follow:**

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)  
Sharks Youtube channel [HERE](#)

**Sharks All Time Top Performances (updated 12/21/21)**

**Team Records:**

[Short Course Yards](#) (updated 3/24/22)  
[Long Course Meters](#)

Time Standards are linked [HERE](#) on our website.



**Qualifiers**

**Age Group Champs**

Tanner Antley, Abdullah Borji, Macey DeGroot, Olivia Esbeck, Dylan Haver, Leighton Haver, Hayden Holcomb, Edi Jakob, Cameron Lowman, Vanessa Marsh, Kivy Moore, Streeter Moore, Ben Nendza, Hayden Nielsen

**Tags**

Macey Degroot, Leighton Haver, Vanessa Marsh, Ben Nendza

**Sectionals**

Stevie Balistreri, Kara Boemio, Chase Ferguson, Leah Givens, David Hensley, KK LeBlanc, Vanessa Marsh, Spencer Meyers, Maven Moore, Abigail Nelson

**Southern Senior Zones**

Stevie Balistreri, Kara Boemio, Macey Degroot, Chase Ferguson, Christian Georgi, Leah Givens, Natalie Goza, Dylan Haver, Tristan Haver, David Hensley, Katie Hillegeist, Edi Jakob, Andi Jeanes, Katie Koenst, KK LeBlanc, Abigail Lowman, Vanessa Marsh, Spencer Meyers, Braylynn Moore, Maven Moore, Abigail Nelson, Ben Nendza, Joe Nendza, Eric Song, David Szklaruk-Traipe, Lauren Tillman, Gabi Volpe, Caroline Westbrook

**NCSA's**

Stevie Balistreri, Kara Boemio, Ethan Bonow, Macey DeGroot, Chase Ferguson, Leah Givens, David Hensley, KK LeBlanc, Maven Moore, Abigail Nelson, Gabi Volpe

**Futures**

Stevie Balistreri, Kara Boemio, Chase Ferguson, David Hensley, KK LeBlanc, Maven Moore, Abigail Nelson

**Speedo Winter Junior Nationals**

KK LeBlanc