



Week of July 25th, 2022

2021 –2022 Practice Schedule

Practice Changes This Week:

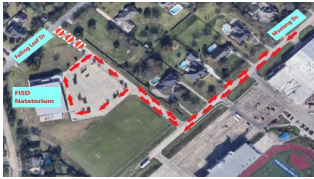
Fri Jul 29th—FHS

Expl & Expl Adv NOT IN MEET: 4:45pm-6:15pm
Challenge & Pre-Sr NOT IN MEET: 5:00pm-7:00pm
Sr/Sr Perf NOT IN MEET: 5:00pm-7:00pm

Sat Jul 30th—NO PRACTICE ANY GROUPS

All Groups will be off July 30-August 17. We'll have an adjusted schedule for every-one August 18-September 5.

****Always be prepared for dryland with running shoes & dryland clothes ****



Please adjust your route to and from natatorium due to road construction beginning June 15th on Pride Rd from Falling Leaf

Coaches Corner: August is the main move up for the swim team. As we complete July championship meets, group move-up announcements will be sent out by coaches.

Gulf Senior Champs @ Woodlands—Women were 3rd overall.

Men 6th overall. Team was 4th overall

Gulf Age Group champs @ Fleet—We had 10 Sharks swim at the Age Group Champs meet, finishing 10th overall. Several swimmers placed top 20, had best times & picked up more championship meet standards.

Top 10 Finishers: **Macey DeGroot**-1st 100 Back, 7th 100 Fly, 2nd 50 Free, 3rd 800 Free, 6th 100 Free. **Dylan Haver**-New Sr Zone cut 100 Free. **Leighton Haver**-1st 200IM, 100Back, 100 Breast, 50 Back, 2nd 400 Free, 3rd 100 Fly. **Edi Jakob**-7th 200IM, 2nd 800 Free. **Vanessa Marsh**-1st 100 Breast & 200 Breast. **Kivy Moore**--8th 100 Breast.

Ben Nendza-10th 200Free, 10th 50 Free.

Summer Squad Champs Meet—Thank you to the parents that helped make this meet possible. We had a fun morning of races for our swimmers in The Summer Squad, Discovery & Exploratory groups. The meet results have been added to the Sharks database. Link to the results [HERE](#)

Registration for the 2022-2023 Season now open for returning swimmers. Registration for new to Sharks swimmers will open August 1st. —USA Swimming Athlete registration will be changing for the 2023 season which will involve a separate registration fee, stay tuned for details.

[Fall 2022-2023 Training Schedule](#)

Letter from Board regarding Registration & Fees [HERE](#)

Sharks Swim School at Magnolia Creek—

Summer Intensive Lessons going on through end of July.

Lessons are Tuesday through Friday \$65 for each week/4 classes

Classes for Level 1, 2 & 3 available

Upcoming Events

Links will be underlined click on and take directly to page on website.

[Long Course 2022 Meet Schedule](#)

[Long Course Champs Info](#)

[Champs Meet Relay Policy](#)

Discovery Groups are Invited to Summer Squad Meets—Opt IN

Jul 26th-30th— [Southern Senior Zones](#)

Morgantown, West Virginia
All Qualified Swimmers

Jul 29th-31st—[Gulf Summer Champs](#)

Don Cook Natatorium
All Qualified swimmers
Final Entries [HERE](#)
Itinerary [HERE](#) Job Signup [HERE](#)
Timeline [HERE](#)

Aug 27th-Parent Meeting for 2022-2023 registered families.

Returning Parents: 9:00am-9:45am
New Families: 10:15am-11:00am

Swim Shops will be available for suit sizing/equipment purchase
8:30am-11:45am

Summer Champs—Job signup. [HERE](#)

Opens 1 per family—Tonight @ 7pm

Opens unlimited per family Wed Jul 27th @ 7pm

Any open positions Thu Jul 28th to anyone not already signed up or officiating.

Host will call for volunteer timers for finals. If your swimmer is participating please volunteer. Email Susan your lane and timing start and end for finals to ensure you get the service hours.

Long Course Service hours:

Unmet hours will be invoiced to accounts for payment on August 1.

Any hours met during the Summer Champs meet that ends on the evening of Sunday, July 31st will be credited to the 2021-2022 season and refunded after August 1st. Susan is traveling back from Senior Zones as a chaperone and will not be able to include those hours as she is not returning home until after 10pm that evening of the 31st and will not be checking the computer again until Monday August 1st.

Sharks Swim Fit—We now have two options for Swim Fit—School Year option with monthly training and seasonal/session option. Details are included in the letter from the board on page 1.

Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)

Sharks Youtube channel [HERE](#)

Sharks All Time Top Performances (updated 12/21/21)

Team Records:

[Short Course Yards](#) (updated 3/24/22)

[Long Course Meters](#)

Time Standards are linked [HERE](#) on our website.



Qualifiers

Age Group Champs

Tanner Antley, Abdullah Borji, Macey DeGroot, Olivia Esbeck, Dylan Haver, Leighton Haver, Hayden Holcomb, Edi Jakob, Cameron Lowman, Vanessa Marsh, Kivy Moore, Streeter Moore, Ben Nendza, Hayden Nielsen

Tags

Macey Degroot, Leighton Haver, Vanessa Marsh, Ben Nendza

Sectionals

Stevie Balistreri, Kara Boemio, Chase Ferguson, Leah Givens, David Hensley, KK LeBlanc, Vanessa Marsh, Spencer Meyers, Maven Moore, Abigail Nelson

Southern Senior Zones

Stevie Balistreri, Kara Boemio, Macey Degroot, Chase Ferguson, Christian Georgi, Leah Givens, Natalie Goza, Dylan Haver, Tristan Haver, David Hensley, Katie Hillegeist, Edi Jakob, Andi Jeanes, Katie Koenst, KK LeBlanc, Abigail Lowman, Vanessa Marsh, Spencer Meyers, Braylynn Moore, Maven Moore, Abigail Nelson, Ben Nendza, Joe Nendza, Eric Song, David Szklaruk-Traipe, Lauren Tillman, Gabi Volpe, Caroline Westbrook

NCSA's

Stevie Balistreri, Kara Boemio, Ethan Bonow, Macey DeGroot, Chase Ferguson, Leah Givens, David Hensley, KK LeBlanc, Maven Moore, Abigail Nelson, Gabi Volpe

Futures

Stevie Balistreri, Kara Boemio, Chase Ferguson, David Hensley, KK LeBlanc, Maven Moore, Abigail Nelson

Speedo Winter Junior Nationals

KK LeBlanc