



Masks are strongly recommended at practice, but not required.

2021-2022 Practice Schedule

Practice changes this week:

No Practice for Spring Break – March 12 – March 19th

Always be prepared for dryland **with running shoes & dryland clothes**

Coaches Corner –

Short Course Service Hours: A friendly reminder that you have until March 31 to complete your Short Course Service hours for the following groups: Discovery Adv 1 & 2, Exploratory, Exploratory Adv, Challenge, Pre-Senior, Senior & Senior Performance. Many families completed their hours this last weekend due to working one or more shifts! Unmet hours will be invoiced to accounts on March 31st. **You can check your service hours balance through my invoices/payments, click service hours at the top and scroll right to see the balance remaining.**

Upcoming Events

Links will be **highlighted in blue** to click on and take directly to page on website.

Mar 24th – [Main Event End of Short Course Fun Event for Discovery Groups, Swim Fit](#)

Mar 26th – Fly Tune Up Clinic – for swimmers in Swim Fit, Pre-Team, Disc. Adv & Exploratory register [HERE](#)
Cost is \$20, space is limited

Apr 2nd – Dives & Br/Fly Open turns clinic. For swimmers in Swim Fit, Pre-Team, Disc. Adv & Exploratory
Cost is \$20. Register [HERE](#) Space limited

Sun Apr 3rd – [Short Course End of Season Banquet – Exploratory & Up Groups](#)
RSVP by end of today!

Apr 9th – Swim-A-Thon Fundraiser
Lead Organizers: Valerie Ellington (Valerie.ellington@gmail.com)
Lindsay Hughes (Lindsaykhughes@gmail.com)

Apr 16th – Dives & Fr/Bk flip turns clinic
For swimmer in Swim Fit, Pre-Team, Disc Adv & Expl. Cost \$20 register [HERE](#)
Space limited

Apr 23rd – Kicking & Turns clinic
For swimmers in Swim Fit, Pre-Team, Disc. Adv & Expl. Cost \$20. Register [HERE](#)



Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)

Sharks Youtube channel [HERE](#)

Sharks All Time Top Performances (updated 12/21/21)

Team Records: [Short Course Yards](#) (updated 1/25/22)

[Long Course Meters](#)

Time Standards are linked [HERE](#) on our website

Qualifiers

Age Group Champs

Tanner Antley, Shahd Borji, Macey DeGroot, Adrianna Duncan, Ethan Ellington, Olivia Esbeck, Ayden Hilliard, Annaliese Hughes, Edi Jakob, KK LeBlanc, Caleb Livesay, Abigail Lowman, Vanessa Marsh, Ben Nendza, Hayden Nielsen, Lauren Tillman, Gabi Volpe

Tags

Macey Degroot, Leighton Haver, KK LeBlanc, Ben Nendza, Gabi Volpe

Sectionals

Stevie Balistreri, Kara Boemio, Chase Ferguson, Leah Givens, David Hensley, KK LeBlanc, Spencer Meyers, Maven Moore, Abigail Nelson

Southern Senior Zones

Stevie Balistreri, Kara Boemio, Ethan Bonow, Macey Degroot, Chase Ferguson, Christian Georgi, Leah Givens, Natalie Goza, Tristan Haver, David Hensley, Katie Hillegeist, Edi Jakob, Andi Jeanes, Katie Koenst, KK LeBlanc, Abigail Lowman, Paige McCray, Spencer Meyers, Braylynn Moore, Maven Moore, Abigail Nelson, Ben Nendza, Joe Nendza, David Szklaruk-Traipe, Lauren Tillman, Gabi Volpe, Caroline Westbrook

NCSA's

Stevie Balistreri, Kara Boemio, Ethan Bonow, Macey DeGroot, Chase Ferguson, Leah Givens, David Hensley, KK LeBlanc, Maven Moore, Abigail Nelson, Gabi Volpe

Futures

Stevie Balistreri, Kara Boemio, David Hensley, KK LeBlanc, Maven Moore, Abigail Nelson