



Masks are strongly recommended at practice, but not required.

2021-2022 Practice Schedule

Practice changes this week:

Please note we will have several changes over the next 3-4 weeks with water polo and junior high swim at FHS.

Wed Mar 30th – Stevenson Park Pool

NO DISCOVERY Pre-Team, Expl Adv, Swim Fit or Masters

Sr/Sr Perf: 4:30pm-6:30pm

Exploratory: 4:45pm-6:00pm

Senior: 6:00pm-8:00pm

Challenge & Pre-Senior: 6:15pm-8:00pm

Sat Apr 2nd – FHS

NO Sr/Sr Perf – Rush Ride: 11:45am-1pm

Swim Fit 9 & Over: 8:00am-9:00am

Swim Fit 9 & Under: 9:00am-10:00am

(All other groups regular schedule)

Always be prepared for dryland with running shoes & dryland clothes

Coaches Corner: James Leith – Butterfly struggle

Junior National Success: 6 of 11 qualifiers (posted in Newsletter) attended the National level meet in Orlando, March 15-19. Over 1200 swimmers from throughout the country. Those attending were: Macey DeGroot, best time in 100 fly & 100 back, Chase Ferguson, best time in 200 & 50 free, KK LeBlanc, best time 200 free. Maven Moore, best time 100 back and 47th in 400IM. Abigail Nelson – great relay swims and top 100 in 50 fly. Gabi Volpe who had an excellent 200 breast, 1.4 better than seed time. Each event saw about 200 athletes in each with many national records being broken. Our Sharks over-all raced well with swimmers moving up (Top 24 swimmers scoring points) from their seed positions and some best times. Placing in the top 24 were KK LeBlanc in the 50 free with 23.40. Our swimmers learned a lot about the importance of racing and not looking at where they were seeded. Our putt-putt winners were: Macey who shot 37 and Coach Tim 36 – es, a good number of hole in ones on the Pirates Cove Mt course. One of the parents took the prize for the most strokes but they were handicapped having to carry several items. Thanks to our parents to their support and keeping the laughter and spirits up.

Upcoming Events

Links will be highlighted in blue to click on and take directly to page on website.

Apr 2nd – [Sr/Sr Perf RUSH RIDE](#)

Opt IN by March 30th

Apr 2nd – Parent Meeting & Open Q&A for Disc. Adv/Expl/Expl Adv parents 9am-10am

Sun Apr 3rd – [Short Course End of Season Banquet – Exploratory & Up Groups](#)

New Date TBA – Swim-A-Thon Fundraiser

Lead Organizers: Valerie Ellington (valerie.ellington@gmail.com)

Lindsay Hughes

(Lindsaykhughes@gmail.com)

Apr 23rd – Sharks Developmental Meet 12 & Under swimmers with 2 B times or less. Girls AM, boys PM.

Opt IN by Apr 20th

Apr 29th – [Long Course Meet at Hometown Heroes](#) – 12 & Unders with 3 or more BB times + ALL 13 & Overs.

Opt OUT by 4/11/22

Preliminary Entries 4/12/22

Final Entries 4/19/22

No changes after 4/22/22 @ Noon

May 14th-15th- [Sharks May LCM Invite – Hometown Heroes](#) – All Sharks Swimmers

Opt OUT by 4/24

Clinics: [HERE](#)

4/2 – Dives & Br/Fly Open Turns

4/16 – Dives & Fr/Bk flip turns

4/23 – Kicking & Turns



Parent Meeting & Open Q & A for Discovery Advance, Exploratory & Exploratory Advance parents:

Saturday April 2nd 10am-10:30am. Send your questions to Coach Kate: sharkscoachkate@gmail.com ahead of time.

Short Course Service Hours: A friendly reminder that you have until March 31 to complete your Short Course Service hours for the following groups: Discovery Adv 1 & 2, Exploratory, Exploratory Adv, Challenge, Pre-Senior, Senior & Senior Performance. Many families completed their hours this last weekend due to working one or more shifts! Unmet hours will be invoiced to accounts on March 31st. **You can check your service hours balance through my invoices/payments, click service hours at the top and scroll right to see the balance remaining.**

Hospitality Lead Needed – We need one or two people to take over the Lead Hospitality position for our Sharks hosted meets. This position involves arranging the meals for the officials and coaches, shopping for needed items, and delegating meal pickups and other tasks among the other hospitality team volunteers. Please contact Caitlin Goins if interested and to help get you started in the position. (Our next hosted meet is the long course meet May 14-15th at Hometown Heroes in League City)

Short Course End of Season Banquet – Exploratory & Up Groups: This Sunday! All tickets plus any additional have been invoiced to your account. **No additions.** We are still in need of volunteers – [SIGNUP HERE](#)

Any pictures from this season for the slideshow? Send [HERE](#) by April 1st.

Sharks Summer Squad – Registration is now open – All swimmers in Discovery Advance & Discovery Pre-Team groups will be invited to participate in the Summer Squad meets in June & July.

Summer Squad Registration Is Now Open: (for non-team swimmers) [HERE](#)



Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)
Sharks Youtube channel [HERE](#)

Sharks All Time Top Performances (updated 12/21/21)

Team Records: [Short Course Yards](#) (updated 3/24/22)

[Long Course Meters](#)

Time Standards are linked [HERE](#) on our website

Qualifiers

Age Group Champs

Tanner Antley, Shahd Borji, Macey DeGroot, Adrianna Duncan, Ethan Ellington, Olivia Esbeck, Ayden Hilliard, Annaliese Hughes, Edi Jakob, KK LeBlanc, Caleb Livesay, Abigail Lowman, Vanessa Marsh, Ben Nendza, Hayden Nielsen, Lauren Tillman, Gabi Volpe

Tags

Macey Degroot, Leighton Haver, KK LeBlanc, Ben Nendza, Gabi Volpe

Sectionals

Stevie Balistreri, Kara Boemio, Ethan Bonow, Macey DeGroot, Chase Ferguson, Leah Givens, David Hensley, KK LeBlanc, Spencer Meyers, Maven Moore, Abigail Nelson, Gabi Volpe

Southern Senior Zones

Stevie Balistreri, Kara Boemio, Ethan Bonow, Macey Degroot, Chase Ferguson, Christian Georgi, Leah Givens, Natalie Goza, Tristan Haver, David Hensley, Katie Hillegeist, Edi Jakob, Andi Jeanes, Katie Koenst, KK LeBlanc, Abigail Lowman, Paige McCray, Spencer Meyers, Braylynn Moore, Maven Moore, Abigail Nelson, Ben Nendza, Joe Nendza, David Szklaruk-Traipe, Lauren Tillman, Gabi Volpe, Caroline Westbrook

NCSA's

Stevie Balistreri, Kara Boemio, Ethan Bonow, Macey DeGroot, Chase Ferguson, Leah Givens, David Hensley, KK LeBlanc, Maven Moore, Abigail Nelson, Gabi Volpe

Futures

Stevie Balistreri, Kara Boemio, Chase Ferguson, David Hensley, KK LeBlanc, Maven Moore, Abigail Nelson