Week of Nov 7th Newsletter



Masks are strongly recommended at practice, but not required.

2021-2022 Practice Schedule

Holiday Training Schedule 21

Practice changes this week:

<u>Friday November 12th – Stevenson – Due to Football Game</u> Sr/Sr Perf: 4:30pm-7:10pm (drylands 6:30-7:10)

Exploratory (ONLY those in Sharks Invite) 4:45pm-6:00pm

Expl Adv/Challenge (ONLY those in Sharks Invite) 6:00pm-8:00pm NO DISCOVERY PRE-TEAM or SWIM FIT PRACTICE

<u>Sat Nov 13th - Stevenson Park Pool - Due to Hosted Swim Meet</u> Sr & Sr Performance before meet: 7:00am-8:30am (extended warmup before meet)

NO PRACTICE FOR ANY OTHER GROUPS DUE TO HOSTED MEET

Always be prepared for dryland with running shoes & dryland clothes

<u>Coaches Corner:</u> Challenge/Pre-Sr & up groups: Please notify & visit with your coach if you know you will be out of town during the December holidays. Plan ahead and take advantage of training with a local club in the area you may be visiting.

<u>American College Connection November 2021, Flipturn</u> Newsletter

<u>Hosted Meet \$ Donations</u> — As you are aware, we are hosting a very large meet this weekend, with around 500 swimmers per day. This involves many coaches and officials — we provide refreshments for them as they are on deck for the entire session. Meals have been donated by sponsors, but we still need to purchase drinks, sides and snacks. If you would like to contribute toward this cost — you may sign up HERE, \$10 per signup — will be invoiced to your account

Upcoming Events

Links will be highlighted in blue to click on and take directly to page on website.

Nov 12th-Nov 14th – Sharks Nov Invite
Open to Disc. Adv – Sr Perf Groups
Final Entries HERE
Itinerary HERE Meet Program HERE
Job Signup HERE to confirm your times
Hospitality \$ donations HERE

Champs Meet Assignments Per Group HERE

Please note the deadline for the champs meets has been brought forward by gulf swimming, please note new dates and preliminary entries for 13 & over champs

Dec 3rd-5th <u>– 13 & Over Champs</u> (for 13 & overs not qualified for Senior champs)

Preliminary Entries HERE

Dec 3rd-5th – <u>Southern Senior Champs</u> – Qualifying Swimmers
Opt out by Nov

Dec 10th-12th - 12 & Under Short Course Champs Opt out by Nov 12th

Champs
14 & Unders with qualifying times
Opt OUT by Dec 5th

Dec 18th - <u>Developmental Meet -</u>
<u>Reindeer Races</u>
Opt IN by Dec 16th

<u>Cap Pickup</u> – Caps that were ordered have come in and can be picked up today, tomorrow and Thursday between 4:30pm-6:30pm. All swimmers receive a latex cap as part of registration, you may get this cap then, upgrade to silicone for an upcharge and get any additional extra caps at that time. Accounts will be invoiced. Volunteers will require a signature for cap pickup.

Sponsorship T-shirts – Each swimmer receives one for as part of their registration. These can be picked up from the volunteer table during the hosted meet this weekend – please try to pick up at less busy times (not shift changes)

<u>Team Spirit Wear –</u> We have two options for you – Inked Design and Chlorine Deckwear. More details can be found on our Team Outfitting page <u>HERE</u>

Inked Design – Store open through November 14th – Local

<u>Chlorine Deckwear</u> – Store open year-round – items mailed to you in about 10-12 business days.

- <u>Sharks Equipment/Suit Ordering:</u> Team Custom Store with Swim Shops of the Southwest. Please click on the link to take you to the custom store: https://theswimteamstore.net/friendswood-sharks.html

If it asks for a username: sharksswim password: club

Equipment for each group is shown in pictures <u>HERE</u>. Can order equipment/suits directly from Swim Shops.

Sharks Social Media – Links to follow:

Sharks Facebook <u>HERE</u> Sharks Instagram <u>HERE</u>

Sharks Youtube channel HERE

Sharks All Time Top Performances (updated 8/17/21)

Team Records:Short Course YardsLong Course MetersCurrent Leaderboard:Short Course YardsLong Course Meters

Time Standards are linked **HERE** on our website



Qualifiers

Age Group Champs

Tanner Antley, Macey DeGroot, Ethan Ellington, Edi Jakob, KK LeBlanc, Caleb Livesay, Abigail Lowman, Ben Nendza, Hayden Nielsen, Lauren Tillman, Gabi Volpe

Tags

Macey Degroot, KK LeBlanc, Ben Nendza, Gabi Volpe

Sectionals

Stevie Balistreri, Kara Boemio, Chase Ferguson, Leah Givens, David Hensley, KK LeBlanc, Spencer Meyers, Maven Moore, Abigail Nelson

Southern Senior Zones

Stevie Balistreri, Kara Boemio, Macey Degroot, Chase Ferguson, Leah Givens, David Hensley, Katie Hillegeist, Edi Jakob, Andi Jeanes, Katie Koenst, KK LeBlanc, Abigail Lowman, Paige McCray, Spencer Meyers, Braylynn Moore, Maven Moore, Abigail Nelson, Joe Nendza, Lauren Tillman, Emma Vestal, Gabi Volpe

NCSA's

Stevie Balistreri, Kara Boemio, Chase Ferguson, David Hensley, KK LeBlanc, Maven Moore, Abigail Nelson

Futures

Stevie Balistreri, Kara Boemio, KK LeBlanc, Maven Moore