



Week of Apr 17th 2023

New Schedule beginning April 3

Sharks Pool Locations

Practice Changes this Week:

Fri Apr 21st—

Walker Pool

Sr Perf, Sr 3, Sr 2: 4:45pm-7:00pm

FHS

Challenge & Expl Adv 2: 5:15pm-7:15pm

Sat Apr 22nd—

Stevenson Pool

Sr Perf, Sr 3, Sr 2: 6:30am-8:45am

Challenge: 8:30am-10:30am

Expl Adv 1 & 2: 8:30am-10:15am

FHS Pool

Discovery Advance: NO PRACTICE DUE TO MEET

Exploratory: NO PRACTICE DUE TO MEET

Senior 3 Group Dryland Schedule [HERE](#)

****Always be prepared for dryland with running shoes & dryland clothes ****

Southern Senior Zones—Tupelo, MS. July 26-July 30th

For qualifying swimmers A survey was sent to the qualifying groups to gauge interest in attending this team trip. Coaches and chaperones would supervise. There is some reimbursement available from Gulf Swimming for qualified swimmers. Please add your swimmer if interested in the survey link [HERE](#)

Coaches Corner:

Coach Gordy (Levi's Lessons—Sr Performance) [HERE](#)

Coach Kate's Comments (Sr 3 & Exploratory) [HERE](#)

Coach Gordy's Wise Words (Senior 2) [HERE](#)

Coach Rhys Pieces (Senior 1) [HERE](#)

Coach Tim's Tidbits (Challenge & Exploratory Advance) [HERE](#)

Coach Chris's Chronicles (Exploratory Advance 2) [HERE](#)

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) [HERE](#)

Coach Stephanie's Swim Fit Statements (Swim Fit) [HERE](#)

Upcoming Events

Links will be bold & underlined in italics click on and take directly to page on website.

It's Great To Be A Shark!

Tentative Long Course Meet Schedule

Apr 22nd-Short Course Series

Meet #1 - Friendswood High School

Preliminary Entries [HERE](#)

Final Entries [HERE](#)

Itinerary [HERE](#) Job Signup [HERE](#)

Apr 28-29-Sharks April LCM Host-

ed Meet—Home Town Heroes, League City

Opt out by Apr 9

Preliminary Entries [HERE](#)

Final Entries [HERE](#)

No changes after Apr 20th @ 2pm

May 19-21st SPA May LCM Invite

Don Cook Natatorium, Opt Out by Apr 23

Preliminary entries Apr 25th

Final Entries May 3rd

No changes after May 4th @ 2pm

May 20th-Short Course Series Meet

#2 Friendswood High School

Opt Out by April 30th

Preliminary Entries May 2nd

Final Entries May 9th

No Changes after May 10th @ 2pm

Service Hours Update—Please see email from board sent on April 14th regarding service hours update. Document **HERE**

April 22nd Hosted Meet: Job Signup opening schedule:
Tuesday 4/18 @ 7:30pm—1 per family
Wednesday 4/19 @ 7:30pm—unlimited per family
Thursday 4/20—any open positions assigned to those in meet.
Signup **HERE** (these will count toward long course unless otherwise emailed as per service hours update from board above)

Swim-A-Thon—May 12 & 13 - we are now \$2,225 toward our goal of \$15k. The kids will start to see this week some of the awesome prizes that they will get for raising various dollar amounts. Keep an eye out for the personalized embroidered towels that they will get for raising over \$200. They look AWESOME! Don't forget that one of the best prizes is to smash a pie in the face of your coach! That should get the kids excited.

Remember, the proceeds that we raise go directly back to the swimmers. We will use some of the funds to offset travel expenses for our older kids and we desperately need to replace about 40 headsets that ALL of our younger kids use on a daily basis. **BEST PRACTICE:** Post it on your personal social media asking for “help” raising \$250. Suggest amounts of \$25 or \$50. Every few days give an update of how much you have raised and how much more you need until you hit the target. This works!

For Sale or Trade: Do you have equipment or suits etc that you wish to sell or trade with another family—swimmer outgrew their fins etc? We have a for sale or trade page **HERE**. This will be included in the weekly newsletter as a link that you can check and have items added.

Previous T-Shirts for Sale—Add your name to the google sheet **HERE**. Pickups will be on a regular basis and shirts will be invoiced to account.

Lost & Found—Please check the site for updated pics of lost and found items. We do have two girls speedo endurance suits with Sharks emblem on them in lost and found—please be sure to check if your swimmer is missing a suit. They have been in lost & found for some time. Approx size 24 or 26. email **lucylgodfrey@gmail.com** with questions.

Sharks Social Media – Links to follow:

Sharks Facebook **HERE** Sharks Instagram **HERE**
Sharks Youtube channel **HERE**

Parent Rep Contacts by group: **HERE**

Team Records:

Short Course Yards

Long Course Meters



Age Group Champs

Lily Ainsworth, Caitlyn Alley,
Tanner Antley, Lily Anzaldua,
Mark Argyelan, Logan Atchison,
Blake Carr, Daniel Dickamore,
Jayden Dickamore, Ethan Ellington,
Emily Ferraco, Tyler Ferraco,
Dylan Haver, Leighton Haver,
Caleb Livesay, Cameron Lowman,
Grady Marici, Kivy Moore,
Streeter Moore

Tags

Leighton Haver

Sectionals

Macey DeGroot, Andi Jeanes,
KK LeBlanc, Vanessa Marsh,
Spencer Meyers, Gabi Volpe,
Giancarlo Zamora

Southern Senior Zones

Chayton Budzik, Macey Degroot,
Lauren Ferguson, Natalie Goza,
Dylan Haver, Tristan Haver,
Hayden Holcomb, Edi Jakob,
Andi Jeanes, Katie Koenst,
Alex Linden, KK LeBlanc,
Abigail Lowman, Vanessa Marsh,
Spencer Meyers, Braylynn Moore,
Ben Nendza, Joe Nendza, Eric Song,
Cameron Sustala, Lauren Tillman,
Gabi Volpe, Caroline Westbrook,
Giancarlo Zamora

NCSA's

Macey DeGroot, KK LeBlanc,
Gabi Volpe

Futures

Macey DeGroot, KK LeBlanc

Speedo Winter Junior Nationals

KK LeBlanc