



Week of Apr 24th 2023

New Schedule beginning April 3

Sharks Pool Locations

Practice Changes this Week:

Fri Apr 28th—

Stevenson

Disc Pre-Team: 4:45pm-5:30pm

Disc. Adv 1 & 2: 4:45pm-5:45pm

ALL OTHER GROUPS CANCELED DUE TO SWIM MEET

Sat Apr 29th—

ALL GROUPS CANCELED DUE TO HOSTED SWIM MEET

Senior 3 Group Dryland Schedule HERE

**Always be prepared for dryland with running shoes & dryland clothes **

Summer Swim with the Sharks! Tell your friends about our summer programs.

Sharks Summer Squad—seasonal swim team for ages 5+. Swimmers need to be able to swim 25 yards free & back to join. Convenient morning or evening practices

Sharks Swim School—small group, adaptive & private lessons in League City (west), Friendswood, Pomona or mobile Contact Coach Kate with questions about our summer program.

Southern Senior Zones—Tupelo, MS. July 26-July 30th

For qualifying swimmers A survey was sent to the qualifying groups to gauge interest in attending this team trip. Coaches and chaperones would supervise. There is some reimbursement available from Gulf Swimming for qualified swimmers. Please add your swimmer if interested in the survey link HERE

Coaches Corner:

Coach Gordy (Levi's Lessons—Sr Performance) HERE

Coach Kate's Comments (Sr 3 & Exploratory) HERE

Coach Gordy's Wise Words (Senior 2) HERE

Coach Rhys Pieces (Senior 1) HERE

Coach Tim's Tidbits (Challenge & Exploratory Advance) HERE

Coach Chris's Chronicles (Exploratory Advance 2) HERE

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) HERE

Upcoming Events

Links will be bold & underlined in italics click on and take directly to page on website.

It's Great To Be A Shark!

Tentative Long Course Meet Schedule

Apr 28-29-Sharks April LCM Hosted Meet—Home Town Heroes, League City

Final Entries HERE (updated 4/25)

Itinerary HERE

Timeline HERE Job Signup HERE

No changes after Apr 20th @ 2pm

May 12th-13th-Swim-A-Thon

May 19-21st SPA May LCM Invite

Don Cook Natatorium, Opt Out by Apr 23

Preliminary entries HERE

Final Entries May 3rd

No changes after May 4th @ 2pm

May 20th-Short Course Series Meet

#2 Friendswood High School

Opt Out by April 30th

Preliminary Entries May 2nd

Final Entries May 9th

No Changes after May 10th @ 2pm

Service Hours Update—Please see email from board sent on April 14th regarding service hours update. Document [HERE](#)

Swim Fit/Summer Squad: Swim Fit will end this week April 27th—for those swimmers wishing to continue they should register for either AM Summer Squad or PM Summer Squad. (Summer squad officially begins May 15th, those swim fit swimmers registered for summer squad will continue with a modified practice between May 1—May 15

[HERE](#) for details on both options.
Please reach out to Susan @hille6@yahoo.com with any questions.

April 28th-29th Hosted Meet Volunteer Jobs— Jobs opened as follows: There are still over half of the positions available!

Monday April 24th @ 6:30pm—1 per family
Tuesday April 25th @ 6:30pm—unlimited per family
Wednesday April 26th @ 12noon—jobs closed and any open positions assigned. Signup [HERE](#)

We are in need of hospitality helps in order to offset the cost of feeding the coaches and officials. Click [HERE](#) to donate or signup to bring cooler/ice.

Swim-A-Thon—May 12 & 13 - we are now 24.8% of the way to our Goal of \$15k. Our Top 2 produces for the week were **EVERY HENRY** (\$410) and **ISABELLA EVANS** (\$300). As far as group totals go, **SENIOR PERFORMANCE** leads all groups with \$1250, **SENIOR 2** is in 2nd with \$795 and in 3rd is **EXPLORATORY** with \$695. Hopefully everyone has had the opportunity to see the personalized embroidered towels that they receive when they raise \$200 or more. They came out awesome. We are trying to get these to the swimmers as soon as we can...the looks on their faces when they get them is INCREDIBLE. Take advantage of your social media. If you have received donations, go back on and give an update...and always remember to thank them for HELPING you!

For Sale or Trade: Do you have equipment or suits etc that you wish to sell or trade with another family—swimmer outgrew their fins etc? We have a for sale or trade page [HERE](#). This will be included in the weekly newsletter as a link that you can check and have items added.

Previous T-Shirts for Sale—Add your name to the google sheet [HERE](#). Pickups will be on a regular basis and shirts will be invoiced to account.

Lost & Found FHS—Please check the site for updated pics of lost and found items. We do have two girls speedo endurance suits with Sharks emblem on them in lost and found—please be sure to check if your swimmer is missing a suit. They have been in lost & found for some time. Approx size 24 or 26. email lucylgodfrey@gmail.com with questions.

Lost & Found FREE PICKUP: May 6 during practice at FHS, we will have a collection of lost and found items that have not been claimed that can be taken for free—one item per person. Volunteer signup opens today at 6:30pm [HERE](#)

Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)
Sharks Youtube channel [HERE](#)

Parent Rep Contacts by group: [HERE](#)

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Team Records:

[Short Course Yards](#)

[Long Course Meters](#)



Age Group Champs

Lily Ainsworth, Caitlyn Alley,
Tanner Antley, Lily Anzaldua,
Mark Argyelan, Logan Atchison,
Blake Carr, Jayden Dickamore,
Ethan Ellington, Emily Ferraco,
Tyler Ferraco, Leighton Haver,
Caleb Livesay, Cameron Lowman,
Grady Marici, Kivy Moore,
Streeter Moore

Tags

Leighton Haver

Sectionals

Macey DeGroot, Andi Jeanes,
KK LeBlanc, Vanessa Marsh,
Spencer Meyers, Gabi Volpe,
Giancarlo Zamora

Southern Senior Zones

Chayton Budzik, Macey Degroot,
Lauren Ferguson, Natalie Goza,
Dylan Haver, Tristan Haver,
Hayden Holcomb, Edi Jakob,
Andi Jeanes, Katie Koenst,
Alex Linden, KK LeBlanc,
Abigail Lowman, Vanessa Marsh,
Spencer Meyers, Braylynn Moore,
Ben Nendza, Joe Nendza, Eric Song,
Cameron Sustala, Lauren Tillman,
Gabi Volpe, Caroline Westbrook,
Giancarlo Zamora

NCSA's

Macey DeGroot, KK LeBlanc,
Gabi Volpe

Futures

Macey DeGroot, KK LeBlanc

Speedo Winter Junior Nationals
KK LeBlanc