

# Week of July 24th, 2023

## New Schedule beginning April 3

## **Sharks Pool Locations**

## Practice changes:

## Tues 725—FHS

Disc Adv 1 & 2 4:45pm-5:30pm Expl Adv 1 & 2: 5:15pm-6:15pm Challenge: 6:15pm-8:15pm Sr 1/2/3/Perf: 6:15pm-8:15pm

## Wed 7/26-FHS

Discovery Pre-Team, Disc Adv 1 &2, Exploratory, E Adv 1 & 2

Clinic: 5:00pm-6:15pm Challenge: 7:30pm-8:15pm Sr 1/2/3/Perf: 6:30pm-8:15pm

### Thu 7/27-FHS

Disc Adv 1 & 2: 4:45pm-5:45pm Challenge: 6:30pm-8:15pm Sr 1/2/3/Perf: 6:30pm-8:15pm

#### Fri 7/28-FHS

#### NO REGULAR PRACTICE ANY GROUPS

Family Frenzy—register before end of day today <u>HERE</u>
4:45pm-6:15pm
Pool games, non swimming relays, ice cream
\$10 per swimmer/parent—invoiced to account
Parents need to complete safe sport training to participate—see page 2

No practice any groups Sat 7/29 or Mon 7/31. See you mid-late August for the 2023-2024 season.

## **Coaches Corner:**

Coach Gordy (Levi's Lessons—Sr Performance) <u>HERE</u> Coach Kate's Comments (Sr 3 & Exploratory) <u>HERE</u>

Coach Gordy's Wise Words (Senior 2) HERE

Coach Rhys Pieces (Senior 1) HERE

Coach Tim's Tidbits (Challenge & Exploratory Advance) HERE

Coach Chris's Chronicles (Exploratory Advance 2) HERE

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team)  $\underline{\textit{HERE}}$ 

# **Upcoming Events**

Links will be bold & underlined in italics click on and take directly to page on website.

It's Great To Be A Shark!

### <u>Tentative Long Course Meet Schedule</u> <u>Sharks Relay Policy</u>

Last Day of Practice is Thursday, July 27th —
Family Frenzy Friday July 28th
No Practice Sat July 29th or Mon July 31st

## July 25th—TAGS—Qualifying Swimmers

Northside Aquatic Center, San Antonio Preliminary Entries <u>HERE</u> Final Entries HERE Itinerary HERE

## July 28th—Sharks Family Frenzy-FHS

Signup <u>HERE</u> (for those not attending a champ meet this date) **Opt in deadline Tue** 7/25/23

Parents attending **MUST** complete the Parent Safe Sport Training and email their certificate to Susan (hille6@yahoo.com) Final Billing for 2022-2023: Team unify will not allow us to process billing early as previously informed, billing will occur as normal on August 1st. This will include any meet fees etc and unmet service hours from long course. There are no training fees assessed for the month of August. A billing preview will be sent on or before Saturday July 29th to allow you to review before processing on August 1st. Should you have any questions these must be received by end of day Sunday July 30th. Please note short turnaround.

## **Sharks Relay Policy HERE**

Final regular practice of the season will be Thursday July 27th. Family frenzy event, Friday July 28th. No practice any group Saturday July 29th or Monday July 31st. Be on the lookout for registration for the 2023-2024 season coming soon!

Timing Assignments 12 & Under Long Course Champs—open schedule

1 per family today, Tuesday July 18th @ 6:30pm unlimited per family, Wednesday July 19th @ 6:30pm any open positions assigned Thursday July 20th

## Timing Assignments 13 & Over Champs at FCST

1 per family today, Tuesday July 18th @ 6:30pm unlimited per family, Wednesday July 19th @ 6:30pm any open positions assigned Thursday July 20th

Take note of name of person you are relieving as we are splitting Lane 6 on Sunday—if you do not relieve the correct person you may be fined for a no show.

## <u> Summer Squad Champs—Job Signup open schedule (FHS)</u>

Timing of jobs may adjust slightly prior to meet depending on final entries 1 per family today, Tuesday July 18th @ 6:30pm unlimited per family, Wednesday July 19th @ 6:30pm

any open positions assigned Thursday July 20th

<u>Long Course Champs Meet Breakdown</u> (who should attend which meet in groups) <u>HERE</u>

## Sharks Family Frenzy—Friday July 28th 4:45pm at FHS

Any sharks swimmer/parent not attending a swim meet this date—any adults participating MUST complete adult athlete safe sport course. Signup *HERE* Safe sport for parents Course is in your USA Swimming account and looks like this:

Completed Safe sport certificate for parent must be emailed to Susan at hille6@yahoo.com—must be completed by Wednesday in order to allow 24 hours for update.

<u>For Sale or Trade:</u> Do you have equipment or suits etc that you wish to sell or trade with another family—swimmer outgrew their fins etc? We have a for sale or trade page <u>HERE.</u> This will be included in the weekly newsletter as a link that you can check and have items added.

## Sharks Social Media – Links to follow:

Sharks Facebook <u>HERE</u> Sharks Instagram <u>HERE</u> Sharks Youtube channel <u>HERE</u>

Parent Rep Contacts by group: **HERE** 

Team Records:

Short Course Yards Long Course Meters



## **Qualifiers**

**Age Group Champs** 

Lily Ainsworth, Tanner Antley, Lily Anzaldua, Blake Carr, Ethan Ellington, Tyler Ferraco, Leighton Haver, Caleb Livesay, Brielle McGonagle, Kivy Moore, Streeter Moore, Hannah Robbins

**Tags** 

Lily Ainsworth, Tyler Ferraco, Leighton Haver, Kivy Moore

#### **Southern Senior Zones**

Tanner Antley, Chayton Budzik, Morgan Carr,
Macey Degroot, Olivia Esbeck, Lauren Ferguson,
Natalie Goza, Dylan Haver, Leighton Haver,
Tristan Haver, Hayden Holcomb, Edi Jakob,
Andi Jeanes, Katie Koenst, KK LeBlanc,
Alex Linden, Caleb Livesay, Abigail Lowman,
Valeria Madrid, Vanessa Marsh,
Spencer Meyers, Braylynn Moore, Ben Nendza,
Hayden Nielsen, Eric Song, Cameron Sustala,
Lauren Tillman, Gabi Volpe,
Caroline Westbrook, Giancarlo Zamora

#### **Sectionals**

Macey DeGroot, Edi Jakob, Andi Jeanes, KK LeBlanc, Valeria Madrid, Vanessa Marsh, Spencer Meyers, Valeria Madrid, Gabi Volpe, Caroline Westbrook, Giancarlo Zamora

#### NCSA's

Macey DeGroot, KK LeBlanc, Gabi Volpe

#### **Futures**

Macey DeGroot, KK LeBlanc

**Speedo Winter Junior Nationals** KK LeBlanc

**Speedo Summer Junior Nationals** Macey DeGrott, KK LeBlanc