



Week of June 19th 2023

New Schedule beginning April 3

Sharks Pool Locations

Practice Changes this Week: (RETURN TO FHS 6/21)

Wed 6/21—Springs

Sr Perf—Added a PM practice 5:00pm-7:00pm

Thu 6/22—Springs

Sr Perf—PM practice is CANCELED

Sr 2—5:15pm-7:15pm

Fri 6/23—FHS

Sr Perf/Sr 3/Sr 2/Challenge/Expl Adv 1 & 2—Canceled due to FCST Meet

Exploratory: 4:45pm-6:00pm

Sat 6/24—FHS

Sr Perf/Sr 3/Sr 2/Challenge/Expl Adv 1 & 2—Canceled due to FCST Meet

Discovery Advance 1 & 2: 9:00am-10:15am

Exploratory: 9:00am-10:15am

Mon 6/26—ALL GROUPS CANCELED—(Sharks Schlitterbahn Day)

Senior 3 Group Dryland Schedule HERE

Senior 3 Summer Schedule: HERE

Senior 2 Summer Schedule : HERE

Senior Performance Summer Schedule: HERE (updated 6/6)

**Always be prepared for dryland with running shoes & dryland clothes **

Coaches Corner:

Coach Gordy (Levi's Lessons—Sr Performance) HERE

Coach Kate's Comments (Sr 3 & Exploratory) HERE

Coach Gordy's Wise Words (Senior 2) HERE

Coach Rhys Pieces (Senior 1) HERE

Coach Tim's Tidbits (Challenge & Exploratory Advance) HERE

Coach Chris's Chronicles (Exploratory Advance 2) HERE

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) HERE

For Sale or Trade HERE

Lost & Found Pics HERE

Upcoming Events

Links will be bold & underlined in italics click on and take directly to page on web-site.

It's Great To Be A Shark!

Tentative Long Course Meet Schedule Sharks Relay Policy

June 23-25th—FCST LCM Invite

Opt out by June 1st

Preliminary Entries HERE

Final Entries HERE Itinerary HERE

Timing Signup HERE

June 23rd-Summer Squad Meet @ Noch

June 26th—Team Day at Schlitterbahn

Print @ home tickets are being emailed to accounts and families invoiced.

July 7th—Summer Squad Meet @ Peak

Discovery groups can opt IN by

Preliminary Entries

Final Entries No changes after

July 8th-12 & Under Champs (SCY)

Location TBD by Gulf

Final entries HERE

July 14-16th-Age Group Champs (FLEET)

Qualifying Swimmers opt out by

Preliminary Entries 6/20—to be emailed by Coaches

Final Entries 6/27 No changes after 6/28 @ noon

July 14-16th—Senior Champs (TWST)

Qualifying swimmers Opt out by

Preliminary Entries HERE

Senior 3 entries will be emailed 6/21

Final Entries 6/27 No Changes after 6/28 @noon

July 21-23rd-12 & Under Long Course Champs

Preliminary Entries 6/27

Final Entries 7/4 No Changes after 7/5 @ Noon

July 21-23rd— 13 & over Champs

Location TBD by Gulf

Preliminary Entries 6/20—to be emailed

Final Entries 6/27 No Changes after 6/28 @ noon

July 21st-Sharks Summer Squad Champs (FHS)

Jul 24-30th-Southern Senior Zones—

Qualifying swimmers

July 25th—TAGS—Qualifying Swimmers

July 28th—Sharks Family Frenzy-FHS

Signup HERE (for those not attending a champ meet this date)

Sharks Relay Policy [HERE](#)

Long Course Champs Meet Breakdown (who should attend which meet in groups) [HERE](#)

FCST Prelim Final Meet Timing assignment open schedule:

Today, Tuesday June 20th @ 7pm—1 per family

Wednesday, June 21st @ 7pm—unlimited per family

Thursday, June 22nd—any open positions assigned

Signup [HERE](#) for timing assignments Host will call for timers for finals before finals session.

Sharks families, please ensure you are relieving the correct end of the pool as well as the correct lane/team (take note of the person timing alongside and before and after if necessary) it is your responsibility to ensure that you are at the correct timing position. Failure to show for the correct position will result in a fine as per policy. Sharks has been assigned 90 timing positions with 97 swimmers participating, many of which parents are stroke & turn officials already on deck.

Stroke & Turn Officials signup [HERE](#)

Sharks Family Frenzy—Friday July 28th 4:45pm at FHS

Any sharks swimmer/parent not attending a swim meet this date—any adults participating **MUST** complete adult athlete safe sport course.

Signup [HERE](#)

For Sale or Trade: Do you have equipment or suits etc that you wish to sell or trade with another family—swimmer outgrew their fins etc? We have a for sale or trade page [HERE](#). This will be included in the weekly newsletter as a link that you can check and have items added.

Previous T-Shirts for Sale—Add your name to the google sheet [HERE](#). Pickups will be on a regular basis and shirts will be invoiced to account.

Lost & Found FHS—Please check the site for updated pics of lost and found items email lucylgodfrey@gmail.com with questions.

Summer Swim with the Sharks! Tell your friends about our summer programs.

Sharks Summer Squad—seasonal swim team for ages 5+. Swimmers need to be able to swim 25 yards free & back to join. Convenient morning or evening practices

Sharks Swim School—small group, adaptive & private lessons in League City (west), Friendswood, Pomona or mobile Contact Coach Kate with questions about our summer program.

Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)

Sharks Youtube channel [HERE](#)

Parent Rep Contacts by group: [HERE](#)

Team Records:

Short Course Yards

Long Course Meters



Qualifiers

Age Group Champs

ly Ainsworth, Caitlyn Alley, Tanner Antley, Lily Izaldua, Mark Argyelan, Logan Atchison, Blake Carr, Daniel Dickamore, Jayden Dickamore, Ethan Ellington, Emily Ferraco, Tyler Ferraco, Dylan Haver, Leighton Haver, Caleb Livesay, Cameron Lowman, Grady Marici, rielle McGonagle, Kivy Moore, Streeter Moore, Hannah Robbins

Tags

Tyler Ferraco, Leighton Haver, Vanessa Marsh, Kivy Moore

Southern Senior Zones

Chayton Budzik, Macey Degroot, Lauren Ferguson, Natalie Goza, Dylan Haver, Tristan Haver, Hayden Holcomb, Edi Jakob, Andi Jeanes, Katie Koenst, Alex Linden, KK LeBlanc, Abigail Lowman, Vanessa Marsh, Spencer Meyers, Braylynn Moore, Ben Nendza, Eric Song, Cameron Sustala, Lauren Tillman, Gabi Volpe, Caroline Westbrook, Giancarlo Zamora

Sectionals

Macey DeGroot, Edi Jakob, Andi Jeanes, KK LeBlanc, Vanessa Marsh, Spencer Meyers, Gabi Volpe, Caroline Westbrook, Giancarlo Zamora

NCSA's

Macey DeGroot, KK LeBlanc, Gabi Volpe

Futures

Macey DeGroot, KK LeBlanc

Speedo Winter Junior Nationals

KK LeBlanc

Speedo Summer Junior Nationals

KK LeBlanc