



## Week of June 26th 2023

### New Schedule beginning April 3

### Sharks Pool Locations

Fri 6/30—

#### Springs

Challenge-5:15pm-7:15pm

Expl Adv 2— 5:15pm-7:15pm

Senior 2-5:15pm-7:15pm

#### FHS

Discovery Pre-Team canceled due to Summer Squad Meet

Tues 7/4-

#### FHS

Sr Perf & Sr 3— 6:30am-8:30am

Challenge-6:30am-8:00am

Sr 2— 6:30am-8:00am

Sr 1, Expl Adv 1 & 2, Disc Adv 1 & 2: 7:45am-9:00am

ALL PM Practices are CANCELED at both Springs & FHS

Senior 3 Group Dryland Schedule [HERE](#)

Senior 3 Summer Schedule: [HERE](#)

Senior 2 Summer Schedule : [HERE](#)

Senior Performance Summer Schedule: [HERE](#) (updated 6/6)

*\*Always be prepared for dryland with running shoes & dryland clothes \**

#### Coaches Corner:

Coach Gordy (Levi's Lessons—Sr Performance) [HERE](#)

Coach Kate's Comments (Sr 3 & Exploratory) [HERE](#)

Coach Gordy's Wise Words (Senior 2) [HERE](#)

Coach Rhys Pieces (Senior 1) [HERE](#)

Coach Tim's Tidbits (Challenge & Exploratory Advance) [HERE](#)

Coach Chris's Chronicles (Exploratory Advance 2) [HERE](#)

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) [HERE](#)

For Sale or Trade [HERE](#)

Lost & Found Pics [HERE](#)

## Upcoming Events

*Links will be bold & underlined in italics click on and take directly to page on web-site.*

It's Great To Be A Shark!

### Tentative Long Course Meet Schedule Sharks Relay Policy

#### June 30th-Summer Squad # 1 Redo

Discovery kids opt IN by end of today, June 27th

#### July 7th—Summer Squad Meet @ Peak

Discovery groups can opt IN by

Preliminary Entries

Final Entries No changes after

#### July 8th-12 & Under Champs (SCY)

Swim Houston Aquatics Center, 8454 Airport Blvd

Final entries [HERE](#)

#### July 14-16th-Age Group Champs (FLEET)

Final Entries [HERE](#) No changes after 6/28 @

noon

#### July 14-16th—Senior Champs (TWST)

Preliminary Entries [HERE](#)

Final Entries [HERE](#)

No Changes after 6/28 @noon

#### July 21-23rd-12 & Under Long Course Champs

Preliminary Entries [HERE](#)

Final Entries 7/4 No Changes after 7/5 @ Noon

#### July 21-23rd- 13 & over Champs

Location TBD by Gulf

Final Entries [HERE](#) No Changes after 6/28 @

noon

#### July 21st-Sharks Summer Squad Champs (FHS)

#### Jul 24-30th-Southern Senior Zones—

Qualifying swimmers

#### July 25th—TAGS—Qualifying Swimmers

#### July 28th—Sharks Family Frenzy-FHS

Signup [HERE](#) (for those not attending a champ meet this date)

## **Sharks Relay Policy [HERE](#)**

## **Sharks Champs Meet Shirt Order—Deadline Today!**

Order your champs shirt [HERE](#), orders will be picked up from inked once available.



**Long Course Champs Meet Breakdown** (who should attend which meet in groups) [HERE](#)

## **Summer Squad Meet Redo— Friday June 30th—Job Signup**

Opens 1 per family—Tuesday June 27th @ 7pm  
Unlimited per family –Wednesday June 28th @ 7pm  
Open positions assigned Thursday June 29th

## **Sharks Family Frenzy—Friday July 28th 4:45pm at FHS**

Any sharks swimmer/parent not attending a swim meet this date—any adults participating **MUST** complete adult athlete safe sport course. Signup [HERE](#)  
APT Course is in your USA Swimming account and looks like this:



**For Sale or Trade:** Do you have equipment or suits etc that you wish to sell or trade with another family—swimmer outgrew their fins etc? We have a for sale or trade page [HERE](#). This will be included in the weekly newsletter as a link that you can check and have items added.

**Previous T-Shirts for Sale**—Add your name to the google sheet [HERE](#). Pickups will be on a regular basis and shirts will be invoiced to acco **Lost & Found FHS**-Please check the site for updated pics of lost and found items email [lucylgodfrey@gmail.com](mailto:lucylgodfrey@gmail.com) with questions.

**Summer Swim with the Sharks!** Tell your friends about our summer programs.

Sharks Summer Squad—seasonal swim team for ages 5+. Swimmers need to be able to swim 25 yards free & back to join. Convenient morning or evening practices

**Sharks Swim School**—small group, adaptive & private lessons in League City (west), Friendswood, Pomona or mobile Contact Coach Kate with questions about our summer program.

## **Sharks Social Media – Links to follow:**

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)  
Sharks Youtube channel [HERE](#)

Parent Rep Contacts by group: [HERE](#)

## **Team Records:**

**Short Course Yards**

**Long Course Meters**

## **Qualifiers**

### **Age Group Champs**

Lily Ainsworth, Caitlyn Alley, Tanner Antley,  
Lily Anzaldua, Logan Atchison, Blake Carr,  
Daniel Dickamore, Jayden Dickamore,  
Ethan Ellington, Emily Ferraco, Tyler Ferraco,  
Dylan Haver, Leighton Haver, Caleb Livesay,  
Cameron Lowman, Grady Marici,  
Brielle McGonagle, Kivy Moore, Streeter Moore,  
Hannah Robbins

### **Tags**

Caitlyn Alley, Jayden Dickamore, Tyler Ferraco,  
Leighton Haver, Vanessa Marsh, Kivy Moore

### **Southern Senior Zones**

Chayton Budzik, Macey Degroot,  
Lauren Ferguson, Natalie Goza, Dylan Haver,  
Leighton Haver, Tristan Haver,  
Hayden Holcomb, Edi Jakob, Andi Jeanes,  
Katie Koenst, KK LeBlanc, Alex Linden,  
Caleb Livesay, Abigail Lowman, Valeria Madrid,  
Vanessa Marsh, Spencer Meyers,  
Braylynn Moore, Ben Nendza, Eric Song,  
Cameron Sustala, Lauren Tillman, Gabi Volpe,  
Caroline Westbrook, Giancarlo Zamora

### **Sectionals**

Macey DeGroot, Edi Jakob, Andi Jeanes,  
KK LeBlanc, Vanessa Marsh, Spencer Meyers,  
Valeria Stewart, Gabi Volpe,  
Caroline Westbrook, Giancarlo Zamora

### **NCSA's**

Macey DeGroot, KK LeBlanc, Gabi Volpe

### **Futures**

Macey DeGroot, KK LeBlanc

### **Speedo Winter Junior Nationals**

KK LeBlanc

### **Speedo Summer Junior Nationals**

KK LeBlanc