



Week of Mar 20th 2023

2022-2023 Training Schedule

Updated 2/7/23 (Challenge & Pre-Senior changes)

Sharks Pool Locations

Practice Changes this Week:

Fri Mar 24th-

Springs

Sr/Sr Perf: 4:45pm-7:00pm

FHS

Expl Adv 1 & 2: 5:00pm-6:30pm

Pre-Senior: 6:00pm-8:00pm

Challenge: 6:00pm-8:00pm

Sat Mar 25th-

ALL GROUPS CANCELED DUE TO GULF COACHING CLINIC

Coaches Corner:

Coach Gordy (Levi's Lessons—Sr Performance) [HERE](#)

Coach Kate's Comments (Sr & Exploratory) [HERE](#)

Coach Tim's Tidbits (Challenge & Exploratory Advance FHS) [HERE](#)

Coach Gordy's Wise Words (Pre-Senior) [HERE](#)

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) [HERE](#)

Coach Chris's Chronicles (Exploratory Advance Stevenson) [HERE](#)

Coach Stephanie's Swim Fit Statements (Swim Fit) [HERE](#)

For Sale or Trade [HERE](#)

Lost & Found Pics [HERE](#)

Upcoming Events

Links will be bold & underlined in italics click on and take directly to page on web-site.

It's Great To Be A Shark!

Tentative Long Course Meet Schedule

Mar 29th—Discovery & Swim Fit Groups Banquet 5pm-8pm (Main Event) Deadline extended through Thursday March 23rd . Order additional tickets for parents/siblings [HERE](#)

Apr 1st—Big Shark—Little Shark Day

Discovery Pre-Team, Adv, Expl & Swim Fit groups \$15 each swimmer

Apr 2nd—Competitive Groups

Banquet 1pm-4pm Bay Area Community Center. Opt In deadline Mar 22nd \$20-\$25 per person—please indicate how many additional tickets in notes)

Apr 8th—Rush Ride—Senior Groups—Opt in by Apr 6

\$9-\$10 per swimmer.

Apr 15th—Swim-A-Thon—save the date—more details to come next week!

Apr 16th—Open Water Champs

Lake Longhorn, League City

Opt in by Apr 3

Apr 22nd—Short Course Series Meet #1

May 19-21st SPA May LCM Invite

May 20th—Short Course Series Meet #2

Jun 17th—Short Course Series Meet #3

Jul 26-30th—Southern Senior Zones

Tupelo, MS. Qualified swimmers

Competitive Groups Banquet—April 2nd—Exploratory & Up groups. Bay Area Community Center, 5002 E Nasa Parkway, Seabrook. 1pm-4pm. RSVP Deadline to opt your swimmer in is tomorrow, March 22nd. Be sure to indicate in notes section how many additional tickets (limit of two additional). Event has link for slideshow pics to be uploaded and separate link for Graduating seniors to upload their pics to specific folders.

Swim-A-Thon—Saturday April 15th—more details will be coming next week. This is a fabulous opportunity for your swimmers to raise funds for the team and earn prizes while doing so!

For Sale or Trade: Do you have equipment or suits etc that you wish to sell or trade with another family—swimmer outgrew their fins etc? We have a for sale or trade page **HERE**. This will be included in the weekly newsletter as a link that you can check and have items added.

Previous T-Shirts for Sale—Add your name to the google sheet **HERE**. Pickups will be on a regular basis and shirts will be invoiced to account.

Lost & Found—Please check the site for updated pics of lost and found items. We do have two girls speedo endurance suits with Sharks emblem on them in lost and found—please be sure to check if your swimmer is missing a suit. They have been in lost & found for some time. Approx size 24 or 26. email **lucylgodfrey@gmail.com** with questions.

Sharks Social Media – Links to follow:

Sharks Facebook **HERE** Sharks Instagram **HERE**
Sharks Youtube channel **HERE**

Team Records:

Short Course Yards

Long Course Meters



Qualifiers

Age Group Champs

Lily Ainsworth, Caitlyn Alley,
Tanner Antley, Lily Anzaldua,
Mark Argyelan, Logan Atchison,
Blake Carr, Daniel Dickamore,
Jayden Dickamore, Ethan Ellington,
Emily Ferraco, Tyler Ferraco,
Dylan Haver, Leighton Haver,
Caleb Livesay, Cameron Lowman,
Grady Marici, Kivy Moore,
Streeter Moore

Tags

Leighton Haver, Vanessa Marsh

Sectionals

Macey DeGroot, Andi Jeanes,
KK LeBlanc, Vanessa Marsh,
Spencer Meyers, Gabi Volpe,
Giancarlo Zamora

Southern Senior Zones

Chayton Budzik, Macey Degroot,
Lauren Ferguson, Natalie Goza,
Dylan Haver, Tristan Haver,
Hayden Holcomb, Edi Jakob,
Andi Jeanes, Katie Koenst,
Alex Linden, KK LeBlanc,
Abigail Lowman, Vanessa Marsh,
Spencer Meyers, Braylynn Moore,
Ben Nendza, Joe Nendza, Eric Song,
Cameron Sustala, Lauren Tillman,
Gabi Volpe, Caroline Westbrook,
Giancarlo Zamora

NCSA's

Macey DeGroot, KK LeBlanc, Gabi
Volpe

Futures

Macey DeGroot, KK LeBlanc

**Speedo Winter Junior
Nationals**

KK LeBlanc