



Week of Oct 3rd, 2022

2022-2023 Training Schedule
(Updated 10/4/22-Slight Challenge Sat Change)

Sharks Pool Locations

Practice Changes This Week:

Tuesday Oct 4th— Friendswood Closed—Please see email from Coach Gordy for specific practice schedule for each group.

Friday Oct 7th—

FHS

Exploratory: 4:45pm-6:15pm

Stevenson

Challenge: 5:00pm-7:15pm

Pre-Senior: 5:00pm-7:15pm

Sat Oct 8th— FHS

Challenge: New regular practice time of 7:30am-9:45am

Senior Group Dryland Schedule [HERE](#)

Parents Note: For the weeks of Oct 10-15 and Oct 17-22:

- These are the weeks for the Water Polo District playoff games
- The way these are set up is that the winners decide where the next games will be held at! So, it will impact both the Springs and FHS pools. We won't know where the next game is played until the coaches have agreed to a site...that could be as little as 24 hours notice, so please be watching for last minute schedule changes—ensure your email is verified.

****Always be prepared for dryland with running shoes & dryland clothes ****

Volunteer Committees Form [HERE](#)

Respect our facility: Parents, please take care to ensure your area that is clear after you leave the bleachers each night, food is being left on the bleachers and is causing an ant problem. Ensure that your children are not leaving any crackers etc.

Coaches Corner:

Coach Gordy (Levi's Lessons—Sr Performance) [HERE](#)

Coach Kate's Comments (Sr & Exploratory) [HERE](#)

Coach Tim's Tidbits (Challenge) [HERE](#)

Coach Juan's Wisdom (Pre-Senior & Exploratory Advance FHS) [HERE](#)

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) [HERE](#)

Coach Rhys's Pieces (Exploratory Advance-Stevenson) [HERE](#)

Coach Stephanie's Swim Fit Statements (Swim Fit) [HERE](#)

Upcoming Events

Links will be underlined click on and take directly to page on website.

Oct 8th—Koffee with Kate—FHS
9:30am with Gordy/Kate for Sr/Sr Perf
10am with Tim for Challenge & Pre-Sr
10:30 with Kate/Dacia for Disc.Disc Pre-Team, Expl & Expl Adv

Oct 14-16th [SSAN Invite](#)

LOCATION CHANGE: Klein Cain High School—10201 Spring Cypress Road.

Opt Out by 9/25/22

Preliminary Entries [HERE](#)

Final Entries [HERE](#)

No Changes after 10/5/22 @Noon

Oct 22nd—[Sharks Developmental Meet](#)

Swim Fit & Discovery (Invited)

Opt IN by 10/17/22

Nov 5th-6th—SHAC Senior Meet

Opt OUT by 10/16/22

Nov 11th-13th—[Sharks Hosted Nov](#)

[Invite](#)

Friendswood High School

Opt out by 10/23/22

Dec 2-4th—Gulf Age Group

Champs—Texas A&M—qualifying swimmers

Dec 2-4th—Gulf Senior Champs—

Location TBD—Qualifying 13 & Over swimmers

Dec 9-11th—Gulf Fall Champs—

Location TBD. All 12 & Under swimmers not qualified for Age group champs

Sharks Sponsorship Campaign update—Last few days and we are SO CLOSE! To date, **we have raised pledges of \$24,147, which is 97% of our goal of \$25,000.** If we reach our goal, we will have a celebratory lunch to thank all swimmers who worked to raise donations for the campaign as another swimmer incentive. The sponsorship campaign closes **THIS FRIDAY, OCTOBER 7th**, for those businesses/families that want their logos printed on our team shirts and banners. Please reach out to Bethanie LeBlanc at sharks.Sponsors@gmail.com if you have any questions. Step out and ask a local business to sponsor our fantastic team!



T-Shirt Pickup –We have shirt pickup available for those that have still not picked up their shirts. Please do so this week. We now have the shirts split across both locations, so need volunteers for each. Signup opens Today @ 7pm. (be sure to sign up for the correct location) [HERE](#)

FHS Groups pick up at FHS Wed/Thursday 4:45pm-7pm
Expl Adv 2 & Swim Fit pick up at Stevenson Wed/Thu 5:45pm-7pm.

Inked Design Merch Store: Store will remain open through Sunday, October 9th at Midnight. This is your opportunity to get additional sibling or parent shirts. Items will be shipped and can be picked up from the store. Order your shirts etc [HERE](#)

USA SWIMMING REGISTRATION: Susan will be emailing the link and instructions for USA Registration renewal this week. Please watch for email and proceed with registration.

- Swimmers in Discovery Pre-Team should be registered as FLEX.
- Swimmers in Discovery Advance, Exploratory, Exploratory Adv 1 2, Challenge, Pre-Senior, Sr & Sr Performance should be registered as Premium.
- Swimmers in Swim Fit will be told which registration via separate email.

Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)
Sharks Youtube channel [HERE](#)

Sharks All Time Top Performances (updated 12/21/21)

Team Records:

[Short Course Yards](#) (updated 9/27/22)
[Long Course Meters](#)

October

	<u>Age-Date</u>
Edwin Clark	9 - 1st
Andi Jeanes	16 - 3rd
Blake Carr	12 - 4th
Tristan Haver	17 - 7th
Allison Nguyen	8 - 12th
Benjamin Cyr	13 - 14th
Irene Malak	13 - 15th
Pallas Pinkoski	15 - 15th
Peyton Robbins	15 - 16th
Andrea Woodling	8 - 17th
Lex Scott	10 - 18th
Landry Ferguson	11 - 21st
Jose Gonzalez	16 - 22nd
Ava Zayor	10 - 25th
Ellie Corsen	8 - 29th
Helen Do	9 - 30th
Sebastian Castillo	10 - 30th
Lauren Ferguson	16 - 31st