



Week of Sept 5th, 2022

2022-2023 Training Schedule

Sharks Pool Locations

**Practice Changes This Week:**

**Tuesday Sept 6th-**

Stevenson:

**Expl Adv (Both) - 4:45pm-6:15pm**

**Pre-Senior—7:00pm-8:30pm**

Mag Creek Spring Canyon:

**Discovery Adv 1-4:45pm-5:45pm**

**Discovery Adv 2—5:30pm-6:30pm**

**Challenge-6:00pm-8:00pm**

Clear Springs:

**Sr/Sr Perf—6:00pm-8:00pm**

**Wed Sept 7th-**

Clear Springs:

**Sr/Sr Perf - 6:00pm-8:00pm**

**Thu Sept 8th-**

Stevenson:

**Expl Adv (Both) - 5:45pm-6:15pm**

***\*Always be prepared for dryland with running shoes & dryland clothes \****

**Volunteer Committees Form [HERE](#)**

**Coaches Corner:**

Coach Gordy (Levi's Lessons—Sr Performance) [HERE](#)

Coach Kate's Comments (Sr & Exploratory) [HERE](#)

Coach Tim's Tidbits (Challenge) [HERE](#)

Coach Juan's Wisdom (Pre-Senior & Exploratory Advance FHS) [HERE](#)

Coach Dacia's Directions (Discovery Advance & Discovery Pre-Team) [HERE](#)

Coach Rhys's Pieces (Exploratory Advance-Stevenson) [HERE](#)

Coach Stephanie's Swim Fit Statements (Swim Fit) [HERE](#)

**Parent Meeting—Saturday, August 27th—Meeting Minutes [HERE](#)**

**Revised Covid Policy effective 8/17/22 [HERE](#)**

**Upcoming Events**

*Links will be underlined click on and take directly to page on website.*

**Sept 17th—[Shark Camp](#)**—Team event to kick off short course season. Discovery, Exploratory & Swim Fit groups invited to a day of skills, team work & fun.

**Opt IN** by 9/13/22 \$25 each participant—**invoiced to account.**

**Sept 24th—[Pentathlon—Sharks Hosted Short Course Meet](#)** Friendswood High School. Discovery Adv—Senior Performance groups.

Preliminary Entries [HERE](#)

Final Entries 9/13/22

No Changes after 9/20/22

**Oct 1st-Oct 2nd—[Senior Groups](#)**

[Retreat](#)-Pre-Senior, Sr & Sr Performance overnight retreat at Camp Cho-Yeh. \$100 per swimmer.

Opt IN by 9/17/22

**Oct 14-16th [SSAN Invite](#)**

Opt Out by 9/25/22

Preliminary Entries 09/27/22

Final Entries 10/4/22

No Changes after 10/7/22

**[Nov 5th-6th—SHAC Senior Meet](#)**

Opt OUT by 10/23/22

**Nov 12th-13th—[Sharks Hosted Nov Invite](#)**

Friendswood High School

Opt out by 10/23/22

**Sharks Sponsorship Campaign update** - We are off to a great start! To date, we have raised pledges of \$9,235 which is 37% of our goal of \$25,000. We have **FIVE WEEKS** of sponsorship campaign time for those businesses/families that want their logos printed on our team shirts and banners. Please reach out to Bethanie LeBlanc at [sharks.sponsors@gmail.com](mailto:sharks.sponsors@gmail.com) if you have any questions. Step out and ask a local business to sponsor our fantastic team!



**Cap Orders:** Sharks families, your registration includes a latex cap. Swim Fit families are receiving their cap at their practice. We also have an opportunity to order personalized or non-personalized silicone caps. The orders are open now through Sept 10th Order through the google form [HERE](#) Personalized caps are ordered as a set of two for \$30. Non Personalized Cap are \$12 each Latex Caps are \$6 each You may apply your credit of \$6 from latex cap (if not already received) toward the purchase of personalized or non-personalized silicone.

**USA SWIMMING REGISTRATION:** Please note, you may see a prompt within on deck to go ahead and register for USA Swimming—We are asking that you DO NOT do this right now. An email will be sent to members from Susan when it is time to register. There are glitches right now where some other members within the gulf have had issues with registration not going through but still being charged, and then in some cases duplicate charges.

**Sept**

Age-Date

Rori Thibodeaux	6—6th
Trek Denman	10— 7th
Caitlyn Gandara	16— 9th
Genaro Martinez	10—10th
Tyler Ferraco	12— 12th
Lisa Lam-Nguyen	11— 15th
Parker Robinson	9 —16th
Shaosen Zhu	11— 17th
Vivian Johnston	13 - 17th
Abdullah Borji	15— 18th
Reagan Dischler	10— 19th
Clara McGarvey	10— 19th
Nikolay Samoylov	14— 19th
Ava Van Slooten	9—20th
Maryam Borji	10—20th
Natalie Goza	16— 20th
Paige Corsen	9— 21st
Olivia Gallagher	13- 25th
Deegan Butcher	12—29th

**Sharks Social Media – Links to follow:**

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)  
Sharks Youtube channel [HERE](#)

**Sharks All Time Top Performances (updated 12/21/21)**

**Team Records:**

[Short Course Yards](#) (updated 8/16/22)  
[Long Course Meters](#)

Time Standards are linked [HERE](#) on our website.